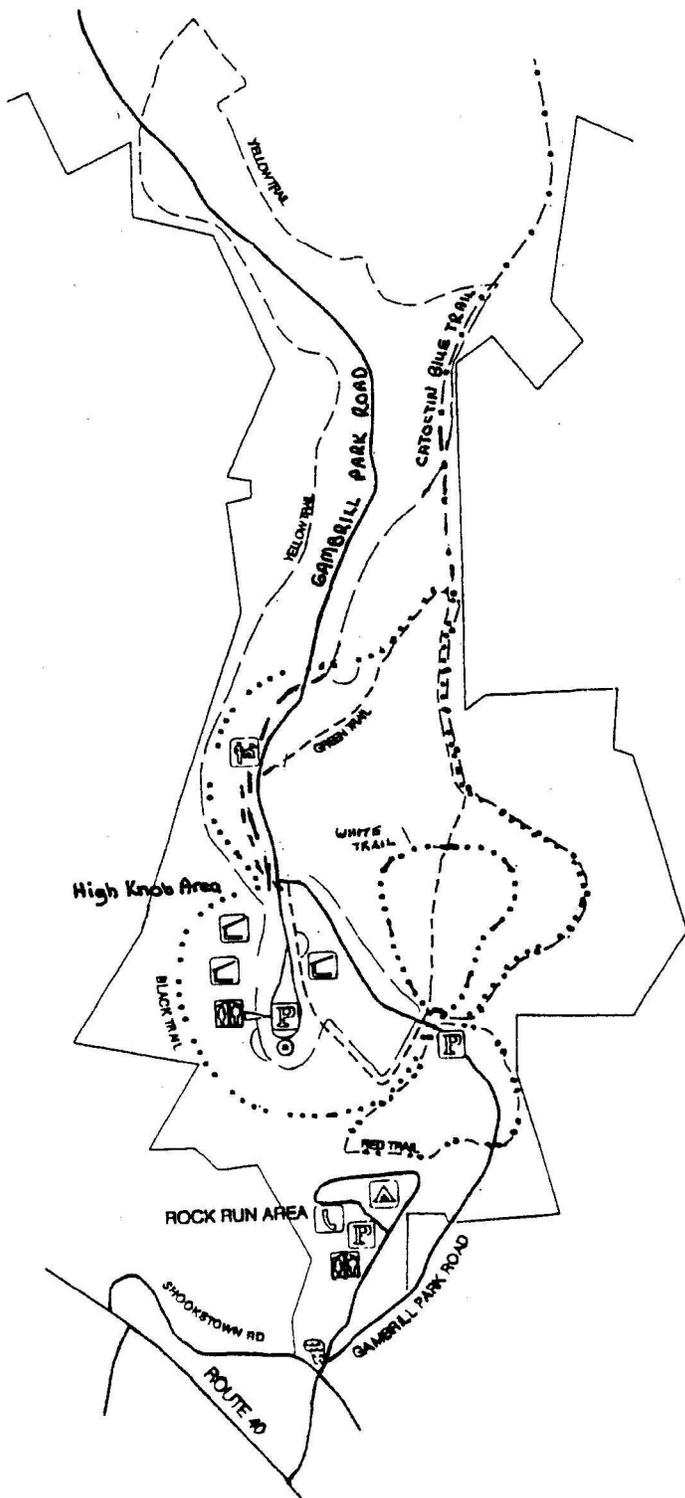


Local Walking Trail

By Marylou Stone

GAMBRILL STATE PARK - WHITE OAK TRAIL



This trail is an easy and a delightful trail for the whole family. It descends through a second growth forest and in the summer provides a cool shady walk.

The trail begins at the Trailhead Parking Lot on the east side of Gambrill Park Road. There are many other trails leaving from this parking lot so make sure that you follow the trail marked with white blazes. The trail is 1 mile long and makes a loop and will return to this parking lot. This trail is also somewhat rocky, so do not wear sandals.

I hiked this trail one hot summer morning and was surprised to discover two deer and a fawn. They appeared very tame and let me get very close to them. During the entire hike I was serenaded by several Wood Thrushes although I could never spot them. Their song sounds like someone playing a flute. I also spotted Cardinals, Chickadees, Tufted Titmouse, Downy Woodpecker, and Pileated Woodpecker.