



KIDS! READY!

Kids! Ready! Card

Step 1.

Parents use these cards to record vital information regarding your child.

Punch these out and carry with you



kids! ready!

My name _____

My parent(s) or caregiver phone number (s):

Home _____

Work _____

Cell _____

Medical History _____

Current medications _____

Medication allergies _____

My weight _____

Drs. Name _____

Drs. Phone number: _____

Punch these out and carry with you



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Home _____

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Cell _____

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Drs. Name _____

Drs. Phone Number: _____

Step 2.

Fill them out and use them

Frederick County Health Department
Office of Public Health Preparedness and Response

KIDS! READY!



Plan To Be Ready And Safe!

Emergency Mass Immunizations Or Medications For Your Community

Your local health department may set up dispensing sites to give vaccines, antibiotics, or antidotes. Listen to news reports and follow the instructions from officials about who should go to the sites, when, and where sites are located.

If directed to a dispensing site, you will need to bring important information with you to ensure you receive appropriate treatment. This information should be collected and stored, in advance, in one convenient place for all family members to take at a moment's notice.

Bring the following for EACH family member:

- Picture ID such as a driver's license, military or student ID, or company badge.
- Medical records including immunizations history, current medications, and allergies.
- Age and weight of children

If all items are not available, bring as much information as you can. You should be prepared to answer questions about your medical history.

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