



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

AUGUST 10, 2016

RALLY FOR RECOVERY! SCHEDULED FOR AUGUST 20, 2016

FREDERICK, MD -- To recognize National Recovery Month, Frederick County will align with the Faces and Voices of Recovery and the Substance Abuse and Mental Health Administration (SAMHSA) for our **Fifth Annual Rally for Recovery**. This year's theme is "Join the Voices for Recovery: Our Families, Our Stories, Our Recovery." It highlights the value of peer support by educating, mentoring and helping others. It invites individuals in recovery and their support system to be change agents in communities, and in civic and advocacy engagements. **Frederick's Fifth Annual Rally for Recovery** will take place on **August 20, 2016 between 1:00 pm and 5:00 pm and festivities will convene at the Baker Park Band Shell**. The Frederick County Health Department is partnering with organizations, family members, and friends in our region who are committed to helping

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individuals recover from substance use disorders and mental illness.

Festivities will include a reading of the National Recovery Month Proclamation, speakers sharing personal stories of addiction and mental illness and how they have overcome these struggles, informational tables about recovery resources for individuals and families, live music, line dancing, children's activities and food vendors. There will be ongoing Naloxone trainings throughout the event, equipping individuals with this life saving medication onsite. A special presentation at 2:15 pm will recognize the participants of Frederick County's www.TakeBackMyLife.org campaign. At 3:00 pm, there will be a fun kickball game between health department staff, volunteers and participants and the Frederick Police Department.

This is an opportunity for Frederick County to join 100,000 people across the nation in coming together as one voice. Everyone is encouraged to participate in this exciting event! For more information about National Recovery Month visit www.facesandvoicesofrecovery.org or www.recoverymonth.gov/. For more information about **Frederick's Fifth Annual Rally for Recovery** celebration or to learn more about local recovery services, please call Santita Prather at 301-600-3289 or send an e-mail to CORE@FrederickCountyMD.gov. Visit the Frederick County Health Department's Behavioral Health Services Division website at www.FrederickCountyMD.gov/BHS.

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