

- **FCHD ACCU @ 301-600-3124** for Education on Medicaid Benefits and Services
 - **FCHD MCHP @ 301-600-3124** for Medicaid Eligibility and Enrollment

Managed Care Organizations (MCO)

ABH-Aetna Better Health | AMGRP-Amerigroup | MPC-Maryland Physicians Care | PP-Priority Partners | CareFirst-Formerly UMHP | UHC-United Health Care Community Plan | R&W-Straight Medicaid ["X" in MCO column opposite a provider indicates participation]

Primary Care Provider/Proveedor de Atención Primaria

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
Adult Primary Care Services (Cooper, Michelle) 176 Thomas Johnson Dr., #103, Frederick, MD 21702 Phone: 301-644-3305	X	X	X		X	X	X
Catoctin Medical Group 180 TJ Drive, #101, Frederick, MD 21702 Phone: 301-696-8802							Medicaid Secondary to Medicare
Catoctin Medical Group 100 South Center St., Thurmont, MD 21788 Phone: 301-271-4333							Medicaid Secondary to Medicare
Emmitsburg Osteopathic Primary Care Center (Krempel-Portier, Bonita) 121 West Main St., Emmitsburg, MD 21727 Phone: 301-447-3310		X	X	X	X		X
Family Medical Center 1502 South Main St., #104, Mt. Airy, MD 21771 Phone: 301-829-1887	X	X	X		X	X	X
Frederick Community Action Agency 100 South Market St., Frederick, MD 21701 Phone: 301-600-1393		X	X	X	X		X
Frederick Health Medical Group: Primary Care 194 Thomas Johnson Dr., Suite A, Frederick, MD 21702 Phone: 240-215-6310			X	X			X
Frederick Health Medical Group: Primary Care 3000-D Ventrice Court, Myersville, MD 21773 Phone: 240-215-6310			X	X			X
Frederick Health Medical Group: Primary Care 15 East Frederick Street, Walkersville, MD 21793 Phone: 240-215-6310			X	X			X
Frederick Health Medical Group: Primary Care (Internal Medicine/Primary Care) 7211 Bank, Suite 230, Frederick, MD 21703 Phone: 240-215-6310			X	X			X
Frederick Health Medical Group: Primary Care (Internal Medicine/Primary Care) 1562 Opossumtown Pike, 3rd Floor Frederick, MD 21702 Phone: 301-662-8119			X	X			X
Frederick Primary Care Associates 19 W. Frederick St., Walkersville, MD 21793 Phone: 301-845-6336				Accepting New Patients Under 18 in Walkersville Zip Code			Accepting New Patients Under 18 in Walkersville Zip code
Frederick Primary Care Associates 10200 Coppermine Rd., Woodsboro, MD 21798 Phone: 301-845-6322				New Patients in Woodsboro/Walkersville Zip Code			New Patients in Woodsboro/Walkersville Zip Code

Internal Medicine Doctors/Medicina Interna

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
Aziz, Sajjad 801 Toll House Ave, #C3, Frederick, MD 21701 Phone: 301-663-1566	X	X	X	X	X		X
Choe, Julian 2090 Old Farm Dr., #2D, Frederick, MD 21702 Phone: 301-228-2295			X		X		X
Frederick Internal Medicine & Endocrinology Services 65C Thomas Johnson Drive, Frederick, MD 21702 Phone: 301-663-3836							Medicaid Secondary to Medicare
Frederick Health Medical Group: Primary Care Tollhouse 501 West 7th Street, Frederick, MD 21701 Phone: 240-215-6310			X	X			X
Haque, Syed 700 Montclair Ave., Frederick, MD 21701 Phone: 301-663-5252	X		X	X	X	X	X
Kazmi, Sibte 814 Toll House Ave., Frederick, MD 21701 Phone: 301-662-8310	X	X	X	X	X	X	X
Miller, Ronald 4 Culwell Dr., Mt Airy, MD 21771 Phone: 301-829-0222				X	X		
Primary Medical Services (Dr. Zaidi) 801 Toll House Ave, #E, Frederick, MD 21701 Phone: 301-662-3229		X			X	X	
Syed, Gaffar 801 Toll House Ave., #H4, Frederick, MD 21701 Phone: 301-698-9444	X	X	X	X	X	X	X

Provider data may change, please contact the provider's office before enrolling into an MCO

Vision Providers/Oculistas

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
MyEyeDr. FSK Mall Frederick, MD 21704 Phone: 301-663-4745	X	X	X	X	X	X	Exam Only
Urbana Eye Care 8925 Fingerboard Rd., Frederick, MD 21704 Phone: 301-810-5104	X	X	X	X	X	X	Exam Only
V.Eye.P. Eye Care 3540 Sugarloaf Parkway, Frederick, MD 21704 Phone: 301-874-5777	X	X	X	X	X		Exam Only
Visionworks 5509 Urbana Pike, Frederick, MD 21704 301-662-0660	X	X	X	X	X		
Visual Eyes 176 Thomas Johnson Dr., Frederick, MD 21701 Phone: 301-694-7557	X	X	X	X	X	X	Exam Only
Walkersville Eye Care 8415 Woodsboro Pike, Walkersville, MD 21793 Phone: 301-898-3000			X			Exam Only	Exam Only
Walmart 7400 Guilford Dr., Frederick, MD 21704 Phone: 301-631-2274			X	X			
Walmart 2421 Monocacy Blvd., Frederick, MD 21701 Phone: 301-644-2456	X	X	X	X	X	X	

OB&GYN Providers/Gynecólogos

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
Capital Women's Care Frederick OBGYN <ul style="list-style-type: none"> • 61 Thomas Johnson Drive, Frederick • 3430 Worthington Blvd., Ste. 202, Urbana • 504 E Ridgeville Blvd., Ste. 108, Mt. Airy, MD Phone: 301- 663-6171	X	Existing Patients Only	Existing Patients Only	X	X	X	Existing Patients Only
Capital Women's Care OB & GYN Center 97 Thomas Johnson Dr., #101, Frederick, MD 21702 Phone: 301- 663-4545		Existing Patients Only	Existing Patients Only	X	X		X
Frederick Health Prenatal Center 194 Thomas Johnson Drive, Frederick, MD 21702 Phone: 240-566-4444	X	X	X	X	X	X	X
Simmonds, Martin & Helmbrecht 77 Thomas Johnson Dr., #H, Frederick, MD 21702 Phone: 301- 620-7144	X	X	X	X	X	X	X

Frederick County Health Department WIC Office: 301-600-2507

Pediatric Providers/Pediatras

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
Alcuri, Steven J. 198 Thomas Johnson Dr., #14, Frederick, MD 21702 Phone: 301-846-0811	X	X	X	X	X	X	X
Brighter Futures Pediatrics and Lactation Services 10200 Coppermine Rd., Woodsboro, MD 21798 Phone: 301-304-9390	X	X	X	X	X	X	X
Frederick County Pediatrics 11717 Old National Pike, #8, New Market, MD 21774 Phone: 301-882-7489		X	X	X		X	Accepting REM Clients Only
Frederick Pediatric Associates <ul style="list-style-type: none"> • 87 TJ Drive, Suite 101, Frederick Phone: 301-694-0606 <ul style="list-style-type: none"> • 6550 Mercantile Dr., Ste. 106, Frederick Phone: 301-668-6347 <ul style="list-style-type: none"> • 3500 Campus Drive, Suite D, Urbana Phone: 301-874-6107	X	X	X	X		X	X
Kids Care Pediatrics (Dr. Baig) 801 Toll House Ave, #H6, Frederick, MD 21701 Phone: 301-696-8813	X	X	X	X	X	X	X
Potomac Physicians 110 Baughmans Lane, #270, Frederick, MD 21702 Phone: 301-846-0300	X	X	X	X	X	X	X
Primary Care Associates of Maryland (Dr. Bolarum) 196 TJ Drive, Suite 135, Frederick, MD 21702 Phone: 301-242-3008	X	X	X	X	X	X	X
Primary Care Associates of Maryland (Dr. Bolarum) 3390 Urbana Pike, Urbana, MD 21704 Phone: 301-453-5472	X	X	X	X	X	X	X
The Pediatric Center of Frederick <ul style="list-style-type: none"> • 1475 Taney Avenue, Frederick • 610 Solarex Ct., Ste. 200, Frederick • 9093 Ridgefield Drive, Suite 106, Frederick • 3020 B Ventrie Court, Myersville • 3430 Worthington Boulevard, Suite 102, Urbana Phone: 301-662-0133			X	X		X	X
Urbana Pediatrics 3534A Urbana Pike, Frederick, MD 21704 Phone: 240-341-1090		X	X	X		X	X

Dental Providers/Dentistas

- **Healthy Smiles is for Pregnant Women of any age and Children under 21 years old.**
Healthy Smiles Pilot Program for adults between the ages of 21 and 64, who receive full Medicaid and Medicare Benefits.
- **Healthy Smiles es para Mujeres Embarazadas y Niños menores de 21 años.**
Healthy Smiles Pilot Programa para Adultos entre los 21 y 64 que recivan Medicaid y Medicare juntos.

Healthy Smiles Customer Service-855-934-9812

|C=Children (Niños) |PW=Pregnant Women (Mujeres Embarazadas) | PP-Pilot Program (Pilot Programa)

Practice/Doctor	Healthy Smiles	ABH	AMGRP	MPC	PP	CareFirst	UHC
Acosta, Rafael 3 Hillcrest Dr., Frederick, MD 21703 Phone: 301-305-2102	C + PW under 21						
Amini & Associates 9099 Ridgefield Dr., #202, Frederick, MD 21701 Phone: 301-663-7733	C + PW all ages						
Bright Now Dental 5726-B Buckeystown Pike, Frederick, MD 21704 301-695-1414	C + PW all ages						
Dental Services of Frederick 198 Thomas Johnson Dr., #203 Frederick, MD 21702 Phone: 301-620-1117	C + PW all ages + PP			X			
Family Dentistry of Buckeystown Pike 5732 Buckeystown Pike, #26 Frederick, MD 21704 Phone: 301-695-0909	C + PW all ages + PP						
Frederick Community Dental 1100 W. Patrick St, #N, Frederick, MD 21702 Phone: 240-457-4246	Children under 21						
Frederick Cosmetic & Family Dental Center 96 Thomas Johnson Dr., Suite 100 Frederick, MD 21702 301-631-5748	Children under 21						
Frederick County Health Department 350 Montevue Lane, Frederick, MD 21702 Phone: 301-600-1041	Children under 19						
Frederick Dental Center 101 Baughmans Lane, #201, Frederick, MD 21702 Phone: 301-662-0554	C + PW all ages + PP						
Frederick Family Dental 45 Waverley Dr., #O, Frederick, MD 21702 Phone: 301-624-5999	C + PW all ages	X	X	X	X	X	X
Frederick Family Dentistry 100 Tuscanney Dr., #C, Frederick, MD 21702 Phone: 301-695-1234	Children under 21 Emergency visits Only						
Frederick Heath Dental Clinic (Uninsured/Underinsured) 516 Trail Ave., #B, Frederick, MD 21701 Phone: 240-566-7005	C & PW over 17 + PP		X	X	X	X	X
Frederick Kidds Pediatric Dentistry 211 Shorebird St., #B Frederick, MD 21701 Phone: 301-202-5041	Children under 14						
Frederick Pediatric Dental Associates 52 Thomas Johnson Dr., Frederick, MD 21702 Phone: 301-631-0501	Children & PW under 21						

CONTINUE-Dental Providers/Dentistas

Healthy Smiles Customer Service-855-934-9812

|C=Children (Niños) |PW=Pregnant Women (Mujeres Embarazadas) | PP-Pilot Program (Pilot Programa)

Practice/Doctor	Healthy Smiles	ABH	AMGRP	MPC	PP	CareFirst	UHC
Frederick Pediatric Dentistry 77 Thomas Johnson Dr., Frederick, MD 21702 Phone: 301-682-3887	Children under 21						
Gilbart Dental Care 174 Thomas Johnson Dr., #101, Frederick, MD 21702 Phone: 301-668-6000	C + PW under 21						
Kidz Dental Land 6550 Mercantile Dr. E, Ste 205, Frederick, MD 21703 Phone: 301-540-9366	Children under 21						
Levy, Harvey 198 Thomas Johnson Dr., #108, Frederick, MD 21702 Phone: 301-663-8300	(Special Needs) C + PW all ages + PP	Special Needs Only	Special Needs Only	Special Needs Only	Special Needs Only	Special Needs Only	Special Needs Only
Opal Ridge Dental 1700 Kingfisher Dr., #11, Frederick, MD 21701 Phone: 301-501-5600	C + PW under 21						
Pediatric Dental Care of Frederick 1011 E. Patrick St., Frederick, MD 21701 Phone: 301-360-9692	Children under 21						
Pediatric Dental Center of Frederick 7360 Guilford Dr., #102, Frederick, MD 21703 Phone: 301-668-2662	Children under 21						
Purohit, Atul 801 Toll House Ave., Frederick, MD 21701 Phone: 301-662-0131	C + PW all ages + PP						X
Robinwood Dental Center 4310 Old National Pike, Middletown, MD 21769 240-313-9660	Panel Closed for C + PW						
Rosemont Dental Center 2090 Old Farm Dr., Frederick, MD 21702 Phone: 310-663-1144	C + PW all ages						
Smile N Style Dental 4 South McCain Dr., #3, Frederick, MD 21703 Phone: 301-696-1016	C + PW all ages			X	X	X	X

Urgent Care Facilities/Atención de Urgencias

Practice/Doctor	ABH	AMGRP	MPC	PP	CareFirst	UHC	R&W
CVS Minute Clinic (Various Locations) www.cvs.com Phone: 866-389-2727	X	X	X	X	X	X	X
Frederick Health Urgent Care 501 W. 7th St., Frederick, MD 21701 Phone: 301-698-8374			X	X		X	X
Frederick Health Urgent Care 3430 Worthington Blvd, #102, Urbana, MD 21704 Phone: 301-698-8374			X	X		X	X
Frederick UNI Urgent Care 1305 W. 7th St., #28, Frederick, MD 21702 Phone: 301-228-3600	X	X	X	X	X	X	X
MedExpress 99 Baughmans Lane, Frederick, MD 21702 Phone: 301-662-1392	X	X	X	X		X	X
Righttime Urgent Care 201 Shorebird St., Frederick, MD 21701 Phone: 888-808-6483	X	X	X	X	X	X	X
Saving Lives Center Family and Urgent Care 3 Hillcrest Drive, Suite A101, Frederick, MD 21703 Phone: 240-575-9940	X	X	X	X		X	X
Westview Urgent Care 5100 Buckeystown Pike, Frederick, MD 21704 Phone: 301-682-8888	X	X	X	X	X	X	X
Winding Cross Urgent Care 5930 Frederick Crossing Lane, Frederick, MD 21704 Phone: 240-379-7776	X		X		X	X	X

When to Visit Urgent Care:

Accidents / falls
 Skin rashes / infections
 Minor broken bones / fractures
 Lacerations that require stitches but are not bleeding severely
 X-rays, lab tests, and other diagnostic studies
 Fever
 Sprains / strains
 Mild to moderate back pain
 Mild to moderate asthma or other breathing problems
 Urinary tract infections (UTIs)
 Flu
 Pink eye
 Vomiting or diarrhea
 Sore throat / persistent cough

When to Visit the ER:

Chest pressure / pain
 Upper abdominal pressure / pain
 Suicidal thoughts
 Trouble breathing
 Coughing up blood / vomiting blood
 Trouble speaking
 Severe vomiting / diarrhea
 Severe burns, shocks, or falls
 Sudden and serious pain
 Sudden vision changes
 Bleeding that won't stop
 Sudden mental changes / confusion
 Sudden fainting or weakness, or dizziness
 Shortness of breath / trouble breathing

Cuando Visitar la Atención de Urgencias:

Accidentes/caídas
 Erupciones en la piel/infecciones
 Huesos rotos
 Cortes leves que necesiten de puntadas
 Radiografías, exámenes de laboratorio
 Fiebre
 Esguince/tensión
 Dolor moderado de espalda
 Problemas moderados de respiración
 Infección urinaria
 Gripe
 Infección del ojo
 Vomitando ó diarrea

Cuando Visitar la Sala de Emergencias:

Presión en el pecho/dolor
 Presión abdominal/dolor
 Pensamientos de suicidio
 Problemas de respiración
 Tosiendo sangre ó vomitando sangre
 Dificultad para hablar
 Vomitar/ diarrea severa
 Quemaduras severas ó caídas
 Dolor repentino y fuerte
 Cambios repentinos de la vista
 Sangrado que no para
 Cambios mentales repentinos /confusión
 Desmayo/ mareos

Garganta dolorosa /tos persistente

Dificultad para respirar

Mental Health or Substance Abuse/Salud Mental y Abuso de Substancias: Optum Maryland 800-888-1965

To Find Help for Mental Health or Substance Use Concerns

Call Now

2-1-1 Maryland: 211 or 1-866-411-6803

National Suicide Prevention Hotline: 1-800-273-8255

Maryland Crisis Hotline: 1-800-422-0009

Maryland Community Services locator: <https://www.mdcsf.org/search.html>

Mental Health Association of Frederick County Guide to Mental Health and

Community Support Services: www.fcma.org/mhguide

State of Maryland Certified Alcohol and Drug Treatment Programs

THIS LIST IS PROVIDED FOR INFORMATIONAL PURPOSES ONLY. IT IS NOT AN ENDORSEMENT OF ANY OF THE RESOURCES HEREIN. IT IS NOT PROPOSED TO BE A FULL AND COMPLETE LIST OF RESOURCES. PLEASE CONSULT YOUR HEALTH INSURANCE FOR COVERAGE INFORMATION.

<u>Frederick County Outpatient Facilities</u>	<u>Frederick County Inpatient/Residential Treatment Facilities</u>	<u>Frederick County Buprenorphine Physicians</u>
Austin Addiction & Mental Health Center 27 West 7th Street, Frederick, MD 21701 Phone: 240-457-4151	Mountain Manor (28 days) 9701 Keysville Rd Emmitsburg, MD 21727 Phone: 301-447-2361 or 800-537-3422	Dr. Allan Levy- Psychiatry Center of Frederick 172 Thomas Johnson Dr., #204 Frederick, MD 21702 Phone: 301-663-8343
Brook Lane 5301 Buckeystown Pike, Suite 170 Frederick, MD 21703 Phone: 301-733-0330 or 800-342-2992	The Orenda Center of Wellness 17545 Harbaugh Valley Road Sabillasville, MD 21780 Phone: 301-241-3629	Dr. Sudhir Rao and Dr. Suhas Badarinath 2702 Back Acre Cir., #290B Mt. Airy, MD 21771 Phone: 301-703-8767
Concerted Care Group 300-B Scholl's Lane, Frederick, MD 21701 Phone: 240-815-7300	The Ranch (90 Day Residential Program) 7902 Fingerboard Road Frederick, MD 21704 Phone: 301-874-4701	Green Ridge Behavioral Health 5216 Chairmans Ct., Ste. 102 Frederick, MD 21703 Phone: 240-683-6202
Continuum Recovery Center 10 West College Terrace, Suite 200 Frederick, MD 21701 Phone: 301-637-0222	Wells House @ GALE Recovery (2-4 month residential treatment) 425 East Patrick Street Frederick, MD 21701 Phone: 301-662-7003	Saving Lives Center Family and Urgent Care 3 Hillcrest Drive, Suite A101 Frederick, MD 21703 Phone: 240-575-9940
Crossroads Centers 511 West South St., Frederick, MD 21701 Phone: 301-696-1950		
Frederick Institute 5716 C Industry Ln., Frederick, MD 21704 Phone: 301-663-4130		
Genesis Treatment Center 1160 West Patrick Street Frederick, MD 21703 Phone: 240-831-4237		

Mountain Manor Outpatient

174 Thomas Johnson Dr., #102

Frederick, MD 21702

Phone: 301-662-1407

Psychiatry Center of Frederick

172 Thomas Johnson Dr., #204

Frederick, MD 21702

Phone: 301-663-8343

Serenity Treatment Center

420 East Patrick St., #100

Frederick, MD 21701

Phone: 301-898-2627

The Orenda Center of Wellness

100 Tuscany Drive, Suite B1

Frederick, MD 21702

Phone: 240-831-4873