

**Frederick County Maryland Local Health Improvement Plan
2019 Behavioral Health Working Group**

Vision – Frederick County residents across the lifespan and regardless of socio-economic status will demonstrate improved behavioral health by reporting better mental health and a reduction in substance abuse resulting from reduced stigma that is a barrier to care.

<p><u>Access to Care: Goal:</u> <i>To ensure a continuum of services exists to meet the behavioral health needs of Frederick County Residents</i></p>	<p><u>Behavioral Health Education: Goal :</u> <i>To expand community awareness about existing mental health and substance misuse disorders treatment resources in Frederick County while in parallel reducing stigma associated with having mental health and substance misuse disorder issues.</i></p>	<p><u>24 Hour Detox Facility-Goal:</u> <i>To establish a facility for residents of Frederick County who are in crisis, and unable take the next necessary steps in the process of recovery from substance use disorder.</i></p>
Objectives:		
<p>1. By March 2018: Identify and track wait lists for 5 Behavioral Health providers</p>	<p>1. a. By June 2017: Include a link to a PDF for the MHA resource booklet on at least 25% of governmental, school, law enforcement, non-profit, and allied web pages. 1. b. By June, 2017: Adjacent to the link to the PDF, provide references to 211, the Maryland Crisis Hotline, and the National Suicide Prevention Lifeline that residents can use if a mental health or substance misuse disorder event occurs.</p>	<p>1. By May 2017: Research and Identify Regulatory Requirements and Maryland Legislative requirements for Inpatient Detox Facilities in Maryland.</p>
<p>2. By 2018: Increase by 10% the # of lay health educators at FMH who are trained on crisis services available in Frederick County.</p>	<p>2. By December 2017: Using the MHA Resource Guide as content, create a searchable online database of mental health resources that is subsequently linked to by at least 25% of governmental, school, law enforcement, non-profit, and allied web pages.</p>	<p>2. By September 2017: Research and Identify current Inpatient Detox facility models in State of MD and surrounding states.</p>
<p>3. By 2019: Enhance the continuum of existing crisis services in Frederick County by increasing available hours for mobile and walk-in services by at least 10% and increase crisis beds by 50%</p>	<p>3. By June 2018: In parallel with the creation of these above resources, begin a public education campaign to upgrade community language about perceptions of and responses to people who are experiencing mental health and substance misuse disorder issues, so that by this date 25% of designated Frederick County and City elected officials, health care professionals and County employees have been through a formal training; the information has been presented to at least 10 private companies' Human Resources departments; a radio PSA on this has been aired on local radio stations at least 50 times; an article has appeared on this topic in the FNP; and a piece on this has been broadcast on television station WHAG.</p>	<p>3. By May 2017: Research and Identify Access of Care and Step Down Programs available in Frederick County.</p>
		<p>4. By Dec 2019: Design a program model and identify and create a facility.</p>

<p>Actions</p>	<ul style="list-style-type: none"> - Gather data on current services and regulations - Access and evaluate surveys and questionnaires already performed - Determine if existing programs can be combined to increase efficiency and attain goal - Access pertinent information from LHIP other groups - Define mismatch between available services and need \ - Develop approach to gathering and analyzing defined metrics - Perform relevant site visits
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