

Frederick County  
Local Health Improvement Plan  
(LHIP) Update

***Senior Support Workgroup***  
**June 20, 2018**

**Vision Statement:** Frederick County has access to services for Senior Citizens to meet their evolving needs for lifelong health and wellbeing.

<b>Goal One</b>	<b>Goal Two</b>	<b>Goal Three</b>
Senior Citizens of Frederick County have <u>access to affordable transportation</u> for necessities (health provider visits, grocery shopping, personal care, etc.) and socialization (visiting family, church, bingo, theater, museum, college classes, etc.).	All seniors of Frederick County having the option to <u>age in place</u> will be able to do so.	An <u>effective communications system</u> is in place to provide Frederick County Seniors with relevant, inclusive and current information to meet their evolving needs for lifelong health and well-being.

**Goal One**

Senior Citizens of Frederick County have access to affordable transportation for necessities (health provider visits, grocery shopping, personal care, etc.) and socialization (visiting family, church, bingo, theater, museum, college classes, etc.).

<b>OBJECTIVE</b>	<b>STATUS</b>	<b>DATE OF SUCCESSFUL COMPLETION</b>
1. Identify Senior demographic data by county geographic area.	Successfully completed	October 2017
2. Identify current public, private and nonprofit transportation available to Seniors by geographic area.	Successfully completed. A list of available transportation providers has been created.	June 2018
3. Examine alternative public transportation service models for seniors (including public/private partnerships).	In Progress. A committee of nonprofit organizations - Transportation and Mobile Care Task Force (TMCTF) is currently engaged in identifying transportation services which will supplement and streamline existing transportation options for Seniors and other groups facing transportation challenges.	June 2018

## **Goal Two**

All seniors of Frederick County having the option to age in place will be able to do so.

<b>OBJECTIVE</b>	<b>STATUS</b>	<b>DATE OF SUCCESSFUL COMPLETION</b>
1. Define services needed to age in place.	Successfully completed. Seven areas of services were identified by the Commission on Aging (COA).	October 2017
2. Ongoing collaboration with other senior work groups to ensure effective points of entry for Seniors to connect to services and resources.	In Progress Dept. of Aging (DOA) with Maryland Access Point (MAP); Mental Health Association with 211 and Health Dept. with Adult Evaluation and Review Services (AERS).	June 2018
3. Collaborate with existing organizations and interested parties to educate "rising Seniors" on options for aging in place and track efforts.	In Progress. Education ongoing through various organizations and interested parties.	June 2018
4. Have available for all Frederick County Seniors a variety of information on services and sources to help age in place.	In Progress. DOA's with Blue Book of Resources, MAP, and COA; Advocates for Aging in Frederick County; and The Mental Health Association.	June 2018

## **Goal Three**

An effective communications system is in place to provide Frederick County Seniors with relevant, inclusive and current information to meet their evolving needs for lifelong health and well-being.

<b>OBJECTIVE</b>	<b>STATUS</b>	<b>DATE OF SUCCESSFUL COMPLETION</b>
1. Identify target audiences – independent seniors, those needing moderate support, those who are vulnerable or in urgent need.	Successful Completion	January 2018
2. Determine best communication channels for each audience. Are existing channels being used effectively? Are seniors finding what they need? Identify shortcomings and solutions	In Progress Dept. of Aging, Social Services, Mental Health Association – 211, Health Dept. – AERS – raised awareness and ideas for coordination.	June 2018