

# OUTPATIENT TREATMENT

## ALLIED COUNSELING GROUP

306 W. Patrick St., Suite 13, Frederick, MD 21701 **301-698-7077**  
Alcohol Education and Level I Treatment. Individual, couple & family counseling, DWI; Certified Domestic Violence Batterer's Group; Anger Management groups; Marital and Family Therapy, EAP Services, Partial residential program, Support Groups Offered; Spanish-speaking treatment groups. *Sliding Scale.*  
Mon – Fri. 9:00 AM – 9:00 PM. [www.alliedcounselinggroup.com](http://www.alliedcounselinggroup.com)

## CATOCTIN COUNSELING CENTER

112 East Main St., Thurmont, MD 21788 **301-271-4870**  
309 W. Patrick St., Frederick, MD 21701 **301-631-1304**  
Court approved assessments, evaluations, full range of treatment, speciality in Adult Children of Addiction issues. DOT urinalysis and Employee Assistance available. Mental health assessment and treatment. *Insurances accepted. Sliding scale available.*  
Mon-Thurs. 9:00 AM - 9:00 PM, Fri 9:00 AM - 5:00 PM. [www.catoctincounseling.com](http://www.catoctincounseling.com)

## CROSSROADS CENTERS

511 West South St, Frederick, MD 21701 **301-696-1950**  
Substance Abuse/Mental Health Services including: assessments, education, evening & day treatment, relapse preventions, intensive outpatient & family therapy. DWI services - MVA approved. JCAHO certified. [www.recoveryatcrossroads.com](http://www.recoveryatcrossroads.com)

## FREDERICK COUNTY HEALTH DEPT. BEHAVIORAL HEALTH PROGRAMS

Treatment Services –Addictions and Mental Health  
300-B Scholl's Ln, Frederick, MD 21701 **301-600-1775**  
350 Montevue Ln, Frederick, MD 21702 **Or 301-600-1755**  
**ADULT AND ADOLESCENT.** Regular and intensive programs with individual, group & family counseling; medication-assisted treatment; and referrals. *Sliding scale fees and some insurance accepted* Mon - Fri 8:00 AM - 9:00 PM.  
[www.FrederickCountyMD.gov/BehavioralHealth](http://www.FrederickCountyMD.gov/BehavioralHealth)

Frederick County Adult Detention Center  
7300 Marcie's Choice Lane, Frederick, MD 21703 **301 600-3145**  
Three to nine month intensive treatment programs for incarcerated men and women.

## FREDERICK INSTITUTE

5716-C Industry Lane, Frederick, MD 21704 **301-663-4130**  
Treatment & rehabilitation of opiate addicted adults. Provides medically supervised methadone maintenance & detoxification, individual & group counseling, intensive outpatient services for court referred clients, relapse prevention. Counseling by appointment. Mon. - Fri. 6:00 AM - 2:00 PM, Sat. 7:00 AM - 10:00 AM.  
[www.addictiontreatmentsystems.com/FIindex.html](http://www.addictiontreatmentsystems.com/FIindex.html)

## MRB COUNSELING SERVICES, INC

5 Hillcrest Drive, Office B-200, Frederick, MD 21703 **240-566-5656**  
MRB Counseling Services, Inc. is a bilingual treatment program. Services include

alcohol and drug evaluations, education, and treatment, anger management, individual and family counseling, and MVA-approved classes. Mon. - Fri. 9:00 AM - 6:00 PM, Sat. 9:00 AM - 4:00 PM. [www.mrbcounseling.com](http://www.mrbcounseling.com)

## MARYLAND COUNSELING CENTER

1517 W. Patrick St., B-6, Frederick, MD 21702 **301-662-0855 or 800-622-0668**  
MVA-approved DWI education. Six-month education & group therapy program, Six-month advanced psychotherapy group. Family counseling and relapse psychotherapy group. Comprehensive program 3-4 times a week. Individual treatment. Young adult & women's groups. In-house AA meeting Tues. night 8:30 PM. Spanish language services. Mon - Fri 8:00 AM - 5:00 PM. [www.mcc-center.com](http://www.mcc-center.com)

## MONOCACY COUNSELING CENTER

1207 North East Street, Frederick, MD 21701 **301-846-0967**  
Level I outpatient substance abuse treatment, specializing in co-occurring disorders and anger management as part of treatment. Assessments, court appearances and referrals. Individual sessions upon request. MVA approved DWI education. Most insurances accepted and payment plans available for uninsured clients. Office hours are Mon. through Thurs. from 11:00 AM– 4:00 PM. Treatment groups are offered Mon., Tues. and Thurs. from 6:00 to 7:00 PM; Wed. from 7:00 to 8:00 PM.

## MOUNTAIN MANOR TREATMENT CENTER

603A W. Patrick St., Frederick, MD 21701 **301-662-1407**  
Alcoholism and drug abuse outpatient treatment services. Assessments. DWI certified. [www.mountainmanor.org](http://www.mountainmanor.org)

## SERENITY TREATMENT CENTER, INC.

420 East Patrick Street, Suite 100, Frederick, MD 21701 **301-898-2627**  
**ADULT AND ADOLESCENT.** Alcohol and drug evaluations, individual and group counseling, outpatient services, and MVA-approved classes. Urinalysis drug/alcohol screening, family counseling, aftercare planning, and placement. Mon. & Sat. 8:30 AM - 5:00 PM, Tues. - Thurs. 8:30 - 8:00 PM., Fri. 8:30 AM - 3:00 PM.  
[www.serenitytreatmentcenter.com](http://www.serenitytreatmentcenter.com)

# HALFWAY HOUSES

## GALE RECOVERY, INC.

Olson Recovery Home for Men 608 E. Patrick St., Frederick, MD 21701 **301-662-7003**  
Gale House for Women 336 N. Market Street, Frederick, MD 21701 **301-662-2303**  
Continuing care facility providing structured treatment and rehabilitation in a residential setting. Provides individual and group therapy. Utilization of appropriate community resources to enhance a successful recovery. *Sliding Scale.* [www.galerecovery.org](http://www.galerecovery.org)

# IN-PATIENT TREATMENT

## MOUNTAIN MANOR TREATMENT CENTER

9701 Keysville Rd., Emmitsburg, Md 21727 **301-447-2360 or 800-537-3422**  
Adult inpatient detoxification, intermediate, and co-occurring, long-term care provided. [www.mountainmanor.org](http://www.mountainmanor.org)

## JOSEPH S. MASSIE UNIT - Thomas B. Finan Center

P. O. Box 1722, Country Club Rd., Cumberland, MD 21501 **301-777-2285**  
Inpatient treatment with individual, group & family counseling, activity therapy, vocational and educational services, and self-help groups. 24 HOURS, *referral required*  
[www.alleganyhealthdept.com/addictions/massieupdate.html](http://www.alleganyhealthdept.com/addictions/massieupdate.html)

## SHOEMAKER CENTER - Springfield Hospital Center

Medical Surgical Building, Sykesville, MD 21784 **410-876-1990**  
Inpatient treatment with individual, group & family counseling.  
[www.carrollhealthdepartment.dhmd.gov/addiction/inpatient.html](http://www.carrollhealthdepartment.dhmd.gov/addiction/inpatient.html)

## VA MEDICAL CENTER

510 Butler, Ave., Martinsburg, WV 25405 **304-263-0811 Ext. 3685**  
Alcohol and/or drug programs. Inpatient treatment by referral following detoxification. 24 HOURS. *VA Billing by category.* [www.martinsburg.va.gov](http://www.martinsburg.va.gov)

## CATOCTIN SUMMIT ADOLESCENT PROGRAM

5980 Cullen Dr., Sabillasville, MD 21780 **240-420-5400**  
Long-term (4-6 months) residential treatment for adolescents who have completed a short term inpatient program. Services include: individual, group & family counseling; mental health services; GED educational/vocational studies; AA/NA meetings; chemical education; activities of daily living skills; and recreational activities.

## LOIS JACKSON UNIT - ADOLESCENT

PO Box 1722, Country Club Rd., Cumberland, MD 21501 **301-777-2290**  
Inpatient treatment for male & females ages 13 to 18. Certified school program. Individual, family and group counseling. *Sliding Scale*  
[www.alleganyhealthdept.com/addictions/jacksonupdate.html](http://www.alleganyhealthdept.com/addictions/jacksonupdate.html)

## MOUNTAIN MANOR ADOLESCENT CENTER

3800 Frederick Ave., Baltimore, MD 21229 **410-233-1400**  
Inpatient & outpatient adolescent treatment. Assessments and detoxification.  
[www.mountainmanor.otg](http://www.mountainmanor.otg)

## PATHWAYS - ADOLESCENT

2620 Riva Road Annapolis, MD 21401 **800-322-5858**  
Two to three week inpatient adolescent program. Accepts most insurances.  
[www.pathwaysprogram.org](http://www.pathwaysprogram.org)

## WHITE DEER RUN - ADOLESCENT

360 White Deer Run Road, Allenwood, PA 17810 **800-255-2335**  
Variable length of stay; adolescent inpatient program. [www.whitedeerrun.com](http://www.whitedeerrun.com)

**For additional copies of this pamphlet, call the Frederick County Health Department Behavioral Health Division at 301-600-1755 or 301-600-1775.**

## HOTLINES – EMERGENCIES

**AMBULANCE - FREDERICK COUNTY CENTRAL ALARM  
DIAL 911 - 24 HOURS A DAY**

### **FREDERICK COUNTY SHERIFF'S OFFICE**

110 Airport Drive East, Frederick, MD 21701

Drug & Enforcement Tip Hotline

**301-600-4131**

Drug Education Speakers

**301-600-3694**

### **FREDERICK MEMORIAL HOSPITAL EMERGENCY DEPARTMENT**

400 West 7th St. Frederick, MD 21701

**240-566-3300**

Medical Treatment & admission to hospital by staff physician. Referral services for drug/alcohol abuse. *Third Party Payments, Medical Assistance, Fees Vary.* 24 HOURS

### **FREDERICK COUNTY UNDERAGE PARTY TIP HOTLINE**

**301-600-1318**

Confidential & anonymous phone service. Callers can call and provide information about parties involving underage drinking or illegal drugs. 24 HOURS – FREE

### **FREDERICK COUNTY HOTLINE: 2-1-1**

**211 or 301-662-2255 or 866-411-6803 (outside Frederick County)**

24 HOURS – FREE Confidential & anonymous phone counseling service. Information & referrals, support & crisis intervention.

### **MARYLAND POISON CENTER**

220 Arch Street, Baltimore, MD 21201

**800-222-1222**

Information to emergency personnel & public concerning poisons, drugs, & safety procedures with chemicals 24 HOURS.

[www.mdpoison.com](http://www.mdpoison.com)

### **NATIONAL RUNAWAY SAFELINE**

**800-RUN-AWAY**

Family contact service for adolescent runaways. Takes request for free Greyhound bus ticket back home for runaways. Referrals for counseling, medical aid, shelter and legal aid. Calls will not be traced. *Free.*

[www.1800runaway.org](http://www.1800runaway.org)

## COMMUNITY AGENCY SCHOOL SERVICES - CASS

School/Community based program provides accessibility to affordable professional services including but not limited to substance abuse. [www.fcps.org/CASS](http://www.fcps.org/CASS)

Brunswick, Crestwood, and Middletown Middle Schools **240-566-9126**

Thurmont, Ballenger Creek, and Monocacy Middle Schools **240-236-8889**

West Frederick, New Market, and Oakdale Middle Schools **240-236-8929**

Gov. Thomas Johnson, Walkersville, Windsor Knolls, and

Urbana Middle Schools

**240-236-8870**

## PREVENTION & RECOVERY

### **FREDERICK COUNTY HEALTH DEPT PREVENTION PROGRAM**

350 Montevue Ln, Frederick, MD 21702

**301-600-1755**

Primary prevention, community education; in-service training, tobacco education, smoking cessation, support groups for children affected by families of substance abuse.

*Free*

[www.FrederickCountyMD.gov/BehavioralHealth](http://www.FrederickCountyMD.gov/BehavioralHealth)

### **CORE – Community Organized Recovery Efforts**

#### **Recovery Centers**

**301-600-3289**

All Saints Episcopal Church, 106 W. Church St, Frederick, MD 21701

Hillcrest Community Center, 1150 Orchard Terrace, Frederick, MD 21703

[www.FrederickCountyMD.gov/BehavioralHealth](http://www.FrederickCountyMD.gov/BehavioralHealth)

### **“ON THE MARK” ADOLESCENT CLUBHOUSE**

**301-600-1132**

## SELF-HELP GROUPS

### **ALCOHOLICS ANONYMOUS**

West Central Intergroup of Maryland

P. O. Box 1771, Frederick, MD 21702

**301-662-0544**

Self help groups for alcoholics: morning, afternoon and evening meetings.

*Free.*

[www.westcentralaa.org](http://www.westcentralaa.org)

### **AL-ANON & ALATEEN FREDERICK COUNTY**

**301-293-3802 or 800-425-2666**

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Information & help for family & friends of alcoholics. *-Free*

### **FREDERICK AREA NARCOTICS ANONYMOUS**

P. O. Box 4233, Frederick, MD 21705

**800-543-4670**

Self help groups for drug abuse. Meetings every night, some afternoon meetings – *Free.*

[www.cprna.org/our-areas/info/frederick-area/](http://www.cprna.org/our-areas/info/frederick-area/)

## ALCOHOL AND DRUG INFORMATION

# State of Maryland Certified Alcohol and Drug Treatment Programs & Related resources for Frederick County residents

**FREDERICK COUNTY SUBSTANCE ABUSE COUNCIL  
WINCHESTER HALL  
FREDERICK, MD 21701**

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