

***Before Your Medicaid  
Pregnancy Coverage Ends***

You need to update your information with Maryland Health Connection before your Medicaid coverage ends.

Your Medicaid pregnancy coverage may end two months after you give birth.

Go to [www.MarylandHealthConnection.gov](http://www.MarylandHealthConnection.gov) or call 1-855-642-8572 to update your information.

Maryland Health Connection will be able to determine if you are eligible for either:

- Continued Medicaid coverage  
or
- Financial assistance for a  
Qualified Health Plan

***Call 1-800-456-8900 for more  
information after your pregnancy ends***

***Report A Change***

Always remember to **report name, address, or telephone number changes** to Maryland Health Connection at [www.MarylandHealthConnection.gov](http://www.MarylandHealthConnection.gov) or by calling 1-855-642-8572.

**For Assistance  
Call  
HealthChoice Help Line  
for Pregnant Women  
1-800-456-8900**

Help is available to you in your language free of charge.

Español/Spanish

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al.

中文/Chinese

如果您使用繁體中文，您可以免費獲得語言援助服務。請致電

The services and facilities of the Maryland Department of Health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex, or national origin and applies to the provisions of employment and granting of advantages, privileges and accommodations. The Department, in compliance with the Americans With Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in the benefit from DHMH services, programs, benefits, and employment opportunities.



Larry Hogan, Governor  
Boyd K. Rutherford, Lt. Governor  
Dennis R. Schrader, Secretary

**Maryland Medicaid  
HealthChoice Program**

**Help Line for  
Pregnant Women  
Call  
1-800-456-8900**



*We want you and your baby to be as healthy as can be.*

**Call The HealthChoice Help Line for  
Pregnant Women  
at 1-800-456-8900  
and you can:**

- Ask about your HealthChoice Benefits and how to access health services
- Find out about prenatal programs to promote healthy outcomes for you and your baby

**\* Most pregnant recipients must enroll in HealthChoice**

**Already Enrolled in a MCO?**

- It is important to get prenatal care early.
- Call your MCO, they will help you find a doctor.
- If you are having trouble getting an appointment or health care from your MCO, call the HealthChoice Help Line for Pregnant Women at 1-800-456-8900.

**Need to Enroll in a MCO?**

- To select a Managed Care Organization (MCO) call the Enrollment Broker at 1-800-977-7388 or go to <https://mdhealthchoice.org/>.
- If you already have a prenatal provider, join an MCO that your provider belongs to.

**Be sure to call your MCO. They offer prenatal case management services to help you have a healthy baby.**

**Prenatal Services Include:**

- Prenatal doctor or clinic visits
- Lab tests and sonograms
- Prescription medicines and prenatal vitamins
- Doctor's delivery fee
- Hospital services, including your labor and delivery

**Dental Services**

While you are pregnant get **free dental care**, including exams, cleanings, and fillings. These services are covered through a separate program known as Healthy Smiles. To access dental services call Healthy Smiles at 1-855-934-9812

**Behavioral Health Services**

Specialty **mental health** and **substance use disorder services** are available through the Behavioral Health System. To access these services call the Public Behavioral System at 1-800-888-1965.

**Make Sure You:**

- Keep all your doctor visits. If you have to cancel, call right away to make a new appointment.
- Take good care of yourself by eating healthy and getting exercise. For tips, text BABY (or BEBE for Spanish) to 511411 or go to <https://text4baby.org/>.
- If you smoke, contact the Maryland Tobacco Quitline at 1-800-QUITNOW (784-8669) for assistance

- Apply for the **WIC Program**. WIC will give you healthy foods and help you make good food choices during your pregnancy. Call WIC at 1-800-242-4942.



- Discuss **Family Planning options** with your provider. Ask about Long Acting Reversible Contraceptives (IUDs & Contraceptive Implants). These are safe and highly effective even when placed immediately after delivery.

**Coverage For Your Baby  
Before your baby is born:**

- Decide on a **name for your baby** so you are ready to complete the birth certificate and apply for the baby's social security number.
  - ◆ The hospital will fill out a form to enroll your baby in Medicaid.
  - ◆ If you are in an MCO your baby will be enrolled in your MCO.
- Decide on a **doctor for your baby**
  - ◆ Make sure your baby's doctor participates with your MCO.
  - ◆ If you aren't in an MCO, you will get information in the mail on how to pick your baby's MCO.
- Call the **Help Line for Pregnant Women** at 1-800-456-8900 if you need help getting services for your baby.