

Frederick County Health Department (FCHD)

Community Cancer Coalition Minutes

Wednesday, April 26, 2017

8:00 – 9:30 a.m.

Frederick County Health Department/Auditorium

Welcome and Introductions:

Beth Mowrey, Program Administrator, Preventive Health, FCHD

Attendees:

Frank Blanchard, Gail Bowerman, Max Cole, Cathie Duncan, Michael Flessner, Laurie Frey, Janet Jones, Beth Mowrey, Michelle Petersen, Roseann Russo, Geoffrey Seidel, Avani Shah, Maggie Siebeneichen, Kelly Smith, Angela Spencer.

Guest Speaker: Angela Spencer

- The guest speaker was coalition member Angela Spencer. Angela is the Director of The Faith Striders and she provided updates on how her organization is working towards helping and supporting people in the community.
- Faith Strider members have been participating in various walks from 1996-2016 to raise money for cancer research and treatment. To this date, they have raised a total \$125,000 which has been donated to American Cancer Society, Susan G Komen and other organizations.
- The Faith Striders try to target minority communities to address the issue of health disparities and the importance of cancer prevention and screening.
- Last month the Faith Striders and Asian American Center of Frederick (AACF) hosted a Minority Health Fair to serve and educate the local minority community. This was a successful event with 30 different vendors participating.
- In June, the Faith Striders will be hosting a workshop: “Real Men, Real Talk” at Dutch’s Daughter which will focus on young men with topics to include: making healthy choices, men’s health issues, tobacco cessation, and suicide prevention. More details will be sent out by Angela in few weeks.
- In July, the Faith Striders will be conducting a faith based community workshop event where all churches and faith organizations will come together to fight against illnesses through HIM.

Group Presentation: Roseann Russo, Nurse Supervisor: FIT Testing

- Roseann provided an overview on Fecal Immunochemical Test (FIT) testing, an alternative screening method for Colorectal Cancer which DHMH would like to offer to eligible clients.
- Colorectal Cancer is the second leading cause of cancer deaths in Maryland. In 2017, 860 people are estimated to die of Colorectal Cancer, which could have been prevented.
- The FIT testing kit can be provided to clients who refuse colonoscopy for a variety of reasons i.e., fear of anesthesia or the bowel preparation process. This kit has step-by-step instructions on how to perform the test.
- The benefits of FIT testing are that it can be done at home, it is not invasive, and it is inexpensive.

- For those with positive FIT testing results, a referral to a gastroenterologist for a colonoscopy would be needed.
- Dr. Flessner and Laurie Frey raised a question about how beneficial this FIT testing will be? Will clients actually go and do the colonoscopy? Geoff Seidel, RN questioned whether the use of Cologuard, an alternate at-home screening tool, would be more efficacious. Additional research is needed to be done before our local program proceeds further with the FIT testing option.

Cancer Prevention Program/Performance Measure Updates:

Clinical Updates:

Roseann Russo, Nurse Supervisor - Colorectal, Breast, and Cervical Cancer Screening Programs, FCHD

- Roseann presented the data from fiscal year July, 2017 to April, 2017. The data represents the number of clients screened through the Breast and Cervical Cancer Screening Program and Colorectal Cancer Screening Program.
- 342 clients had breast screenings and 138 exams were required. There have been no women diagnosed with breast cancer and one diagnosed with Ductal Carcinoma in Situ.
- There have been 144 clients screened for cervical cancer with only one high risk result.
- Through the CRC program 64 patients had colonoscopies with 38% of these patients having adenomas (pre-cancerous polyps) detected and removed.

Outreach and Education:

Beth Mowrey/Avani Shah, Coordinator of Education and Outreach, Colorectal, Breast and Cervical Cancer Screening Programs, FCHD

- Avani Shah reported that there have been 30 outreach activities in the last 3 months.
- 698 people have been educated through education and outreach and 47 people were able to enroll in our cancer screening programs.
- New outreach activities that have been completed or are on the upcoming outreach schedule include: Colorectal Awareness month in March, The Relay for Life Radiothon, The Minority Health Fair, Boomer's Talk, and the Asian Heritage Month Festival.

The NOCC Walk will be held Saturday, June 17 at Baker Park.

- Cathie provided information and flyers about NOCC walk and encouraged everyone to attend and support this annual event.
- On May 8th, the local NOCC chapter will host a fundraiser for the walk at Oppa's restaurant in Frederick.

MOTA Grant Update: Elizabeth Chung was not present to give a report.

Member/Community Updates:

Beth

- Beth gave an overview of the CPEST/BCCP integration pilot project that we have been working on with DHMH.

- The local program has combined BCCP and CRC services so patients can dually enroll in both the programs at the same time. The integration project has also helped to eliminate duplicate paperwork and increase enrollment for both programs.
- Beth also mentioned that the program and partners had a very successful proclamation with County Executive Jan Gardner in the month of March for Colorectal Awareness Month.

Geoff Seidel

- Geoff announced that the Health Fair “Planting Hope” is not occurring this year due to lack of funding but it will be back next year.
- This year they will be conducting “Hope for Tomorrow”- a dental health outreach at Waverly Elementary School.
- This year’s Frederick Community Health Fair will be held on October 20th, 2017 and is sponsored by the AACF and FMH.

Maggie

- Maggie announced that the FMH James M. Stockman Cancer Institute grand opening is set for July 31st. More information will be mailed out to all the members.
- Maggie will be attending the Bridges Program to review with the Bridge participants the role of the nurse navigator in helping patients understand their cancer treatment plans.
- Maggie also stated that FMH’s affiliation with the MD Anderson Cancer Network has been really helpful in terms of consulting with them on current cancer cases and best practices.

Janet-

- Janet mentioned that the collaboration between the Health Department and FCAA through the Health System grant has been going well and that they are appreciative to have health department staff time to assist them in making quality improvements to their Electronic Health Record and other system level changes.
- She also stated educating patients at their literacy level has made a positive difference in treating chronic illnesses.

Kelly

- She stated that she is now certified life coach.
- She is accepting clients who have health related problems and are not interested in therapeutic services.
- She mainly deals with the clients who are diagnosed with colon cancer.

Next meeting: Wednesday, July 26, 2017 / 8:00-9:30am /FCHD/Auditorium

