

## TRANSPORTACIÓN

Transit Plus 301-600-1725  
Medicaid Transportation 301-600-3124

## ASISTENCIA DE EMPLEO

Goodwill 301-662-0622  
Employment Resource Center 301-600-2652  
Frederick County Workforce Services 301-600-2255

## ASISTENCIA PARA VIVIENDA

Department of Social Services 301-600-4555  
Frederick City Housing Authority 301-662-8173  
Frederick County Housing & Community Development 301-600-1061  
Advocates for Homeless Families 301-662-2003  
Community Action Agency (*Albergue*) 301-600-1506  
Frederick Rescue Mission (*Albergue*) 301-695-6633, press 0  
The Religious Coalition (*Albergue*) 301-631-2670  
Habitat Humanity Restore (*Materiales de construcción*) 301-662-2988  
Habitat for Humanity 301-698-2449  
Weatherization Assistance 301-600-1506  
Energy Assistance 301-600-2410 or 800-332-6347  
301-600-2410  
Hagerstown Housing Authority 301-733-6911  
Washington Co Housing Authority 301-791-3168  
Free Smoke Alarms 301-600-7275

## OTROS NÚMEROS DE AYUDA

Poison Control Hotline 800-222-1222  
Legal Aid 301-694-7414  
Family Law Hotline 800-845-8550  
Washington County Social Services 240-420-2100  
Center Hispanico 301-668-6270  
Human Relations Department 301-600-1063  
Immigration Services 800-375-5283  
Hospice 240-566-3030  
Social Security 800-772-1213  
Frederick County Social Security Office 866-331-7089  
Frederick Memorial Hospital 240-566-3300  
Department of Aging 301-600-1605 or 1604  
Commission on Disabilities 301-600-1663  
Community Health /Info Line 211 or 866-411-6803  
FMH Wellness Center 240-379-6000

## PROVEEDORES DE SALUD

(Pagos reducidos para aquellos sin seguro medico)

### Frederick Community Action Agency

(*Médico*)  
301-600-1506  
100 South Market St.  
Frederick, MD 21701

### Mission of Mercy

Frederick  
(*Prenatal, Dental, Médico*)  
301-676-3188

Brunswick  
(*Medical/Dental*)  
240-529-8772

\*\*\*\*\*llame para información de las horas y lugar de las clinica

### FMH Prenatal Center

240-566-4444  
400 West 7<sup>th</sup> St.  
Frederick, MD 21701

## PROVEEDORES FUERA DEL CONDADO DE FREDERICK

Family Healthcare of Hagerstown  
(*Médico/Dental/Salud del comportamiento*) 301-745-3777  
Hagerstown Community Free Clinic 301-733-9234  
Community Clinic, Inc., Gaithersburg  
(*Médico/Dental*) 301-216-0880  
Family First Dental, Gettysburg, PA 717-337-9400  
Affordable Dentures, Winchester VA 540-868-9845

## CLASES DE CPR

American Red Cross [www.redcross.org](http://www.redcross.org) 301-739-0717  
Frederick Community College (FCC) 301-624-2888  
Health First Enterprises 301-473-5670



Rev. 4-17-17 Frederick County Health Department ACCU

# Lista De Teléfonos De La Comunidad



# Recursos Para Usted y Su Familia

Health Department Website:  
[www.frederickcountymd.gov/healthdept](http://www.frederickcountymd.gov/healthdept)

## **FREDERICK COUNTY HEALTH DEPARTMENT (FCHD)**

- **Información General** 301-600-1029  
(Certificado de Nacimiento,Transportación)
- **Salud del Comportamiento** 301-600-1755  
(Servicios de Salud Mental, AERS, Substancias  
Tratamiento de Abuso de Sustancia, Proyecto 103)
- **WIC** 301-600-2507
- **Servicios de Salud Comunitaria** 301-600-1733  
(Enfermedades comunitaria, Salud Maternal/Infantil)
- **Centro de Desarrollo** 301-600-1611  
(Examen de Audición, Clínica Dental, infante y  
niños, Ayuda de Cuido, con asunto de Escuela Ser  
vicios de OT/PT)
- **Pecho & Cáncer Colorectal** 301-600-3362
- **Health Care Connection** 301-600-8888  
(MCHP, Asistencia Médica, ACCU)
- **Salud Escolar** 301-600-3312
- **Preparación de Salud Pública** 301-600-6052
- **Salud Ambiental** 301-600-1719  
(Servicios de Desarrollo a la Comunidad Revisos,  
Control de Alimentos, Pozos Individual y Séptico)

### **ANTICONVEPTIVOS**

Planned Parenthood 301-662-7171

### **PRUEBAS DE EMBARAZO**

Planned Parenthood 301-662-7171  
CareNet 301-662-5300  
Birthright 301-663-0111 or 800-550-4900  
Catocin Pregnancy CTR 301- 447-3391

### **CONTRACEPTIVOS DE EMERGENCIA**

Planned Parenthood 301-662-7171  
Contact your local Pharmacy

### **SERVICIOS DENTALES**

FCHD Dental Clinic (*Niños*) 301-600-1041  
University of Maryland Dental School 410-706-7101  
Monocacy Health Partners Dental Clinic 240-566-7005  
Mission of Mercy 301-676-3188  
Seton Center 301-447-6102  
Monocacy Health Partners Dental Clinic 240-566-7005  
The Religious Coalition 301-631-2670

## **EDUCACIÓN PARA PARTO**

Teens (*21 y Bajo*) 301-600-3472  
Frederick Memorial Hospital (*Costo*) 240-566-4367  
Care Net 301-662-5300

## **LACTANCIA**

Baby Best at FMH 240-566-3880  
WIC 301-600-2507  
La Leche League 877-452-5324

## **ALIMENTOS/NUTRICIÓN**

WIC 301-600-2507  
Food Stamps 301-600-4575  
Extension Services (*Nutricionista*) 301-600-1594  
Frederick Food Bank 301-600-1506 or 301-600-6265

## **PROVISIÓN DE ARTICULOS PARA BEBES**

Birthright 301-663-0111  
Care Net 301-662-5300  
Goodwill 301-662-0622  
Rescue Mission 301-695-6633, press 0  
El Shaddai 301-695-4496  
Catocin Pregnancy Center 301-447-3391  
Lucy's Consignment Shop Mt Airy 301-831-5718  
Mt. Pleasant 301-898-0037  
Child Safety Seat Hotline 301-600-7328  
Salvation Army 301-662-2311

## **SALUD DEL COMPORTAMIENTO**

FCHD Mental Health Services 301-600-1755  
FCHD Substance Abuse Treatment  
Adults 301-600-1775  
Adolescents 301-600-1755  
FCHD Smoking Cessation 301-600-3437  
FMH Smoking Cessation 240-566-3622  
Maryland Quit Smoking 800-784-8669  
Alcoholics Anonymous 301-662-0544 or 410-520-2013  
Al-Anon/Al-A-teen 888-425-2666  
Narcotics Anonymous 800-543-4670  
Pro Bono Counseling Project 877-323-5800  
Mountain Manor -Adolescent s 800-446-8833  
Adults 800-537-3422  
Way Station 301-662-0099  
Beacon Health Options 800-888-1965  
Mental Health Association 301-663-0011  
Brook Lane Health Services 301-733-0330  
AERS 301-600-1736  
Villa Maria Counseling 301-694-6654

## **ASISTENCIA MÉDICA**

Family Planning Card 855-692-4993  
MD HealthChoice Help Line 800-284-4510  
FCHD MCHP Enrollment 301-600-3124  
MD Health Connection 855-642-8572  
MD HealthChoice Enrollment 800-977-7388

## **LINEA DIRECTA DE CRISIS**

Heartly House (*Abuso Doméstico*) 301-662-8800  
Child Protective Services 301-600-2464  
National Teen Dating Abuse Hotline 866-331-9474  
Way Station Crisis Program 240-344-4269  
Frederick Crisis Hotline 211 or 301-662-2255  
Suicide Prevention Hotline 800-273-8255  
MD AIDS Hotline 800-232-4636

## **ASISTENCIA DE EMERGENCIA/FINANCIERA**

Department of Social Services 301-600-4555  
The Religious Coalition 301-631-2670  
(*Albergue, Utilidades, Rx, Dental*)  
Salvation Army (*Comida, Rx, Utilidades*)  
301-662-2311  
Partnership for Rx Assistance 888-477-2669  
St Vincent De Paul (*Rx*) 301-662-4676  
Seton Center (Emmitsburg) 301-447-6102

## **EDUCACION PARA ADULTOS**

Public Schools 301-644-5000  
Frederick County Virtual School 240-236-8450  
GED 240-629-7962  
Frederick Community College (FCC) 301-846-2400  
Project Forward Step (FCC) 301-846-2483  
Family Partnership 301-600-2206  
Literacy Program 301-600-2066  
CASS 301-644-5238

## **PROGRAMA PARA NIÑOS**

Head Start 301-378-9140  
Infant & Toddlers 301-600-1611  
Child Find 301-644-5292

## **CLASES DE PATERNIDAD**

Family Partnership 301-600-2206  
Healthy Families Frederick 301-663-6183

## **PROGRAMAS PARA FAMILIAS**

DSS Family Services/Adoption 301-600-2466  
Family Partnership 301-600-2206  
Families PLUS 301-694-9002  
Healthy Families Frederick 301-663-6183  
Child Care Choices 301-662-4549