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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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BUSINESSES HONORED FOR WORKSITE WELLNESS ACHIEVEMENTS

On Friday, June 10, 2016, Van T. Mitchell, Secretary of the Maryland Department of Health and Mental Hygiene, presented “Wellness at Work” Awards to 20 businesses from Frederick, Montgomery, and Prince George’s counties in recognition of their exemplary accomplishments in worksite health promotion.

- **Aircraft Owners and Pilots Association (AOPA)**- awarded ‘Gold’
- **AstraZeneca Biologics Manufacturing Center- Frederick**- awarded ‘Gold’
- **Battelle National Biodefense Institute**- awarded ‘Silver’
- **Canam Steel Corporation**- awarded ‘On the Path’
- **Country Meadows Retirement Communities**- awarded ‘Silver’
- **Doctors Community Hospital**- awarded ‘Silver’
- **First United Bank & Trust**- awarded ‘Gold’
- **Frederick County Department of Social Services**- awarded ‘Silver’
- **Frederick County Health Department**- awarded ‘Gold’
- **Frederick Memorial Hospital**- awarded ‘Gold’
- **iHire, LLC**- awarded ‘Bronze’
- **Kaiser Permanente of the Mid-Atlantic States**- awarded ‘Bronze’
- **Legal & General America**- awarded ‘Gold’
- **Mental Health Association of Frederick County**- awarded ‘On the Path’

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- **Montgomery County Public Schools**- awarded 'Silver'
- **Nymeo Federal Credit Union**- awarded 'Silver'
- **Plamondon Companies**- awarded 'Bronze'
- **St. John Regional Catholic School**- awarded 'Bronze'
- **United Way of Frederick County**- awarded 'Bronze'
- **U.S. Silica Company**- awarded 'Bronze'

The Wellness at Work Awards took place as part of the 7th annual Maryland Workplace Health & Wellness Symposium at the BWI Marriott in Linthicum Heights. Across the State, 42 businesses received an award. The Wellness at Work Awards are sponsored by Healthiest Maryland Businesses, the state's initiative to support healthy workplaces.

To be eligible for an award, businesses were required to establish leadership support for wellness, create wellness committees, survey the needs and interests of their employees, set health improvement goals, and develop monitoring tools to track their outcomes over time. Launched in 2010 and based at the Maryland Department of Health and Mental Hygiene, Healthiest Maryland Businesses helps businesses create customized wellness plans, set wellness goals and monitor progress. Six regional coordinators around the state provide personalized guidance to workplaces of all types and sizes. To date, over 460 businesses have signed on to take advantage of this program.

For more information about Healthiest Maryland Businesses, contact Angela Blair, Coordinator for worksites located in Frederick, Montgomery and Prince George's counties at ablair@FrederickCountyMD.gov or at 301-600-1861 or visit www.healthiestmdbusinesses.org.

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