



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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Frederick Employers Recognized at Wellness at Work Awards Event

FREDERICK, MD -- Seventeen Frederick employers were recognized at this year's Wellness at Work Awards event held on Thursday, July 14, 2016 at Dutch's Daughter. Wellness at Work is a new awards program of the State of Maryland for employers committed to improving employee health and well-being.

In addition to recognizing award recipients, the event featured an overview of "The 5 Pillars of Total Well-Being" led by: Shannon Aleshire of the Mental Health Association of Frederick County, Judy Buchanan of the J-Aponi Reiki Center, John Kelly of Morgan Stanley, Thomas Pipkin of Business Health Services, and Susan Powell of Community Health Charities.

All applicants for the Wellness at Work Awards completed the CDC Worksite Health Scorecard. The Scorecard helps employers assess whether they have implemented evidence-based strategies in their workplace to help prevent heart disease, stroke and related conditions such as hypertension, diabetes, and obesity. There are four award levels: On the Path, Bronze, Silver, and Gold. Higher award levels required employers to meet additional criteria, such as having a worksite wellness team, completion of additional assessments, completion of a minimum number of worksite health improvement goals, and demonstration that plan outcomes are tracked and evaluated.

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Award recipients received a plaque from the State and an admission ticket to the “5 Pillars of Total Well-Being Lunch Series,” which is taking place through the Frederick County Chamber of Commerce.

The Wellness at Work Awards recognition event for Frederick employers is a partnership of the [Frederick Regional Health System](#), the [Frederick County Chamber of Commerce](#) Worksite Wellness Committee, and [Healthiest Maryland Businesses](#).

For more information about the Wellness at Work Awards program or Healthiest Maryland Businesses, please contact [Angela Blair](#), HMB Regional Coordinator, Frederick County Health Department, or [Jenny Morgan](#), Business Health Manager, Frederick County Chamber of Commerce.

Award Recipients by Worksite Size

Large (over 750 employees)

Frederick Memorial Hospital—GOLD
Plamondon Companies—BRONZE
U.S. Silica Company—BRONZE

Medium (250-749 employees)

AstraZeneca—GOLD
Canam Steel Corporation—ON THE PATH
First United Bank & Trust—GOLD
Frederick County Health Department—GOLD
Legal & General America—GOLD

Small (100-249 employees)

Aircraft Owners & Pilots Association (AOPA)—GOLD
Battelle National Biodefense Institute—SILVER
Country Meadows Retirement Communities—SILVER
Frederick County Department of Social Services—SILVER

Very Small (less than 100 employees)

iHire, LLC—BRONZE
Mental Health Association of Frederick Co.—ON THE PATH
Nymeo Federal Credit Union—SILVER
St. John Regional Catholic School—BRONZE
United Way of Frederick County—BRONZE

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