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Frederick County Health Department

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# News Release

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**FOR IMMEDIATE RELEASE:**

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## **HEALTHIEST MARYLAND BUSINESSES HONORED FOR WORKSITE WELLNESS ACHIEVEMENTS**

**FREDERICK, MD --** On Friday, June 1, 2018, fifty-eight Maryland employers were recognized as Healthiest Maryland Businesses Wellness at Work Awardees for their exemplary accomplishments in worksite health promotion. Twenty-two of these award recipients were from the Capital Region, which includes employers located in Frederick, Montgomery, and Prince George's counties:

- **A2LA-** awarded 'On the Path'
- **Adventist HealthCare-** awarded 'Gold'
- **Aircraft Owners and Pilots Association (AOPA)-** awarded 'Gold'
- **AstraZeneca-** awarded 'Gold'
- **Battelle National Biodefense Institute-** awarded 'Gold'
- **City of College Park-** awarded 'Silver'
- **Corporate Occupational Health Solutions, LLC (CorpOHS) -** awarded 'On the Path'
- **Doctors Community Hospital-** awarded 'Gold'
- **First United Bank & Trust-** awarded 'Gold'
- **Frederick County Department of Social Services-** awarded 'On the Path'
- **Frederick County Health Department-** awarded 'Silver'
- **Frederick County Public Schools-** awarded 'Gold'
- **Frederick Memorial Hospital-** awarded 'Gold'
- **iHire, LLC-** awarded 'Gold'

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- **Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.**- awarded 'Gold'
- **Legal & General America**- awarded 'Silver'
- **McLaughlin Family Chiropractic**- awarded 'On the Path'
- **Mental Health Association of Frederick County**- awarded 'Silver'
- **Montgomery County Government**- awarded 'Silver'
- **Montgomery County Public Schools**- awarded 'Silver'
- **Prince George's County Government**- awarded 'Silver'
- **Washington Suburban Sanitary Commission**- awarded 'Bronze'

Howard Haft, MD, Deputy Secretary of the Maryland Department of Health, congratulated awards recipients at the 9<sup>th</sup> Annual Maryland Workplace Health & Wellness Symposium in Baltimore, Maryland, noting, "In public health, we strive to improve health through community-based efforts. Worksites are one place that many Marylanders spend a majority of their day and are a crucial setting in which to make the healthy choice the easy choice. Congratulations to all of the 2018 Wellness at Work Awards recipients."

The Wellness at Work Awards are sponsored by Healthiest Maryland Businesses, the State's initiative to support healthy workplaces. Any Maryland employer who is a member of Healthiest Maryland Businesses is eligible to apply, and there is no cost to be a member. Recognition criteria are based on the CDC's Workplace Health Model. Applicants are asked to describe activities and share examples of policies and tools developed and utilized in the four areas of assessment: planning, management, implementation, and evaluation. Employers may earn a Gold, Silver, Bronze, or On the Path award based on their activities to establish leadership support for wellness, create wellness committees, survey the needs and interests of their employees, set health improvement goals, and develop monitoring tools to track their outcomes over time. A complete list of recognized businesses can be found at [www.healthiestMDbusinesses.org/awardsprogram](http://www.healthiestMDbusinesses.org/awardsprogram).

Launched in 2010 and based at the Maryland Department of Health, Healthiest Maryland Businesses helps businesses create customized wellness plans, set wellness goals, and monitor progress. Six regional coordinators around the state provide personalized guidance to businesses of all sizes. To date, more than 270 businesses have signed on to take advantage of this program. For more information about Healthiest Maryland Businesses, contact Angela Blair, Coordinator for worksites located in Frederick, Montgomery and Prince George's counties at [ablair@FrederickCountyMD.gov](mailto:ablair@FrederickCountyMD.gov) or at 301-600-1861 or visit [www.healthiestmdbusinesses.org](http://www.healthiestmdbusinesses.org).

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