

**Frederick County Mental Health Advisory Committee &  
Local Substance Abuse Council**  
*“Advocate for a comprehensive mental health system for persons of all ages”*

**Date:** Monday, November 19, 2018

**Location:** Winchester Meeting Room, 3<sup>rd</sup> Floor, Winchester Hall,  
4:00 – 5:00 pm

**Meeting called by:** Dr. Pamela Blake, MHAC Chair  
Santita Prather, SA Council Chair

**Present:** Dr. Pamela Blake, Santita Prather, Cynthia Terl, Pippa McCullough, Eric Wakefield, Amanda Leatherman, Kimberly Vocke, Hilari Young, Jason Deater, Therea Hiegel, Nancy Bellon, Renee Burgan, Michelle Marshall, Sarah Drennan, Lori Frazee and Monica Kirkpatrick

**I. Welcome and Introductions**

- Meeting opened at 4:05 pm

**II. Meeting Minutes**

- Did not have a quorum to vote

**III. Committee/Group Reports**

- Finan Center
  - i. See attach reports
  - ii. Joint Commission approved their accreditation
- Local Addiction Authority
  - i. Sarah Drennan explained the role as the LAA
  - ii. MABHA (Maryland Association of Behavioral Health Authority)
    - Final transition provider meeting in early December for halfway houses
    - Changes in billing (Can't bill with IOP services on the same day)
    - OP services can be billed with Level 3.1
    - Systems integration assessment tools
    - MABHA provides most of the information shared with providers
- Mental Health Management Agency
  - i. Pippa McCullough explained the role as the Core Management
- OMPP
  - i. Still in the process of hiring a new coordinator
  - ii. 975 lbs of medication was collected at the October 27<sup>th</sup> Drug Take Back Day event. There were 4 locations in Frederick County collecting medication
  - iii. Took 6700 syringes and autoinjectors

- Alcohol Prevention Initiative
  - i. Alcohol Merchant compliance checks are gearing up. So far 5 merchants out of 6 have passed
  - ii. Prevention services continues to work with our media firm to create and promote media messages through social media
  - iii. Two focus groups were conducted last week to receive input from teens and parents about effective methods and messaging tactics to promote positive health behaviors
  
- Tobacco Free Frederick
  - i. Over 185 individuals have received cessation services between July 1 and November 15, 2018
  - ii. During the first quarter of FY2019, the FCHD tested 16 tobacco merchants for sales compliance and all were in compliance
  
- FCPS Updates
  - i. Nothing to report at this time
  
- States Attorney Office
  - i. Sponsoring the Annual Overdose and Prevention Vigil December 12, 2018 at Urbana Fire Hall 6 pm – 8 pm
  - ii. Checking to see about having a table for Narcan training
  
- Public Defender Office
  - iii. Working on a Grant with Carefirst to get people into treatment quicker and starting January 2019
  
- Frederick County Adult Detention Center
  - iv. Peer specialist working in the detention center
  - v. Vivitrol Grant ends January 2019 however there are doses still available to continue the program for a while
  
- Victim Services
  - vi. October was Domestic Violence Month
  - vii. Busy month with education
  
- LHIP – Behavioral Health workgroups: Cynthia
  - i. Provide education to the senior population
    - Drug take back
    - Not keeping prescriptions to use later
  - ii. RFP for a Detox facility in Frederick County ends in November
  - iii. Provider should be announce 1<sup>st</sup> part of the year
  
- Recovery Support Services
  - i. Main Street Housing has 3 units in Frederick County for persons with mental health diagnosis

- **Harm Reduction Presentation**
  - i. SSP (Syringe Service Program) provides services 9 a.m. – 12 p.m. at health department and exploring to expand to secondary locations across the county
  - ii. Recently met with police chiefs in Brunswick and Thurmont to provide update and information related to law
  - iii. Continuing to provide harm reduction presentations across the county- Anyone interested please contact Jessica Ellis
  - iv. Launching rapid HCV testing beginning 11.20.2018
  - v. Working on messaging for spice-education for community and harm reduction tips for users of spice
  - vi. Hosting 6<sup>th</sup> community clean-up day 11.29.2018 in Frederick City

**IV. Legislative Issues**

- i. Combination of the MH and SUD Advisory Councils is currently in the hands of county attorney

**V. New Business**

- Gensis is opening a Medication Assisted Therapy site on the Golden Mile
- Frederick Institute is not taking new clients
- Social Services is receiving funding for a family mentor position

**VI. Old Business**

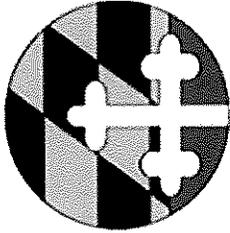
- Nothing to report currently.

**VII. Announcements**

**VIII. Adjournment**

- **Meeting was adjourned at 5:05 pm.**

*Notes respectfully submitted by Monica Kirkpatrick*



# MARYLAND Department of Health

Larry Hogan, Governor · Boyd Rutherford, Lt. Governor · Dennis Schrader, Secretary

**THOMAS B. FINAN CENTER**  
**10102 Country Club Road**  
**P.O. Box 1722**  
**Cumberland, Maryland 21502**  
**Phone 301-777-2405 · Toll Free 1-888-854-0035**

JOHN G. CULLEN  
*CEO*

CRAIG W. ALEXANDER  
*COO*

LINDA DEHOYOS  
*CLINICAL DIRECTOR*

*Thomas B. Finan Center*  
*Memorandum*

To: Mental Health Advisory Committees & Local Substance Abuse Councils

From: John Cullen, CEO & Mary Lou Perkins, LCSW-C, Director of Social Work

Date: November 15, 2018

Subject: Thomas B. Finan Center Report

We were notified by the Joint Commission on November 8, 2018 that we have been approved for accreditation as of June 2018 after several survey visits. Work continues on several ligature remediation projects within the hospital and we continue to report to the Joint Commission on these efforts monthly. This work includes new furniture and bathroom fixtures, dry-walling ceilings on the nursing units.

Lisa Crowder, LMSW, has been hired for the social work department and will be starting work on November 21, 2018. Our psychiatry and psychology staff is currently full.

We continue to recruit for nursing staff, especially RNs and LPNs. Angella Logsdon, RN, has been named as the nurse manager for the assisted care program. We are also recruiting for an occupational therapist.

We are presently functioning within our budget. The TBFC is funded to operate a total of 88 beds which includes **66 psychiatric hospital beds** and **22 assisted living program (Willowbrook Square) beds**:

Cottage 1 (admission unit) = 23 census\*

Cottage 2 (admission unit) = 21 census\*

Cottage C (continuing care) = 22 census\*

Willowbrook Square (ALP) = 19 census

**Total = 85**

Total # of patients/residents per western counties as of this report: Allegany = 16  
Frederick = 16  
Garrett = 4  
Washington = 19  
Other Counties = 30



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Memorandum

JOHN G. CULLEN  
CEO

CRAIG W. ALEXANDE  
COO

LINDA DEHOYOS  
CLINICAL DIRECTOR

To: Pippa McCullough, Director of Frederick County Mental Health Management Agency  
& Frederick Co. Mental Health Advisory Committee

From: John Cullen, CEO; & Mary Lou Perkins, Director of Social Work Services

Date: November 19, 2018

Subject: Frederick County Bed Days at Thomas B. Finan Center

### 2016:

January: (H) 481, (A) 166  
February: (H) 466, (A) 122  
March: (H) 449 (A) 160  
April: (H) 445, (A) 178  
May: (H) 446, (A) 203  
June: (H) 414, (A) 99  
July: (H) 382, (A) 210  
August: (H) 382, (A) 202  
September: (H) 350, (A) 188  
October: (H) 333, (A) 192  
November: (H) 321, (A) 147  
December: (H) 383, (A) 147

### 2017:

January: (H) 393, (A) 108  
February: (H) 356, (A) 81  
March: (H) 470, (A) 89  
April: (H) 426, (A) 111  
May: (H) 442, (A) 128  
June: (H) 392, (A) 146  
July: (H) 403, (A) 153  
August: (H) 410, (A) 208  
September: (H) 408; (A) 158  
October: (H) 400, (A) 112  
November: (H) 366, (A) 97  
December: (H) 354, (A) 85

### 2018:

January: (H) 338, (A) 88  
February: (H) 316, (A) 84  
March: (H) 335, (A) 93  
April: (H) 337, (A) 90  
May: (H) 337, (A) 138  
June: (H) 330, (A) 150  
July: (H) 314, (A) 169  
August: (H) 279; (A) 127  
September: (H) 269; (A) 116  
October: (H) 321; (A) 112

Other Western Maryland Counties and Montgomery County Totals for October 2018:

Allegany County = October 2018 (H) 379, (A) 117  
Garrett County = October 2018 (H) 124, (A) 0  
Montgomery County = October 2018 (H) 258 (A) 52  
Washington County = October 2018 (H) 467, (A) 90

\* (H) = Hospital Bed Days, (A) = Assisted Living Program Bed Days

11/19/18 MH + SUD Council Meeting

name	Program	email
monica Kirkpatrick	Mountain Manor	mkirkpatrick@mmte-treatment.com
Amanda Leatherman	State's Attorney's office	aleatherman@statesattorney.us
Kimberly Vocke	Office of the Public Defender	kvocke@opd.state.md.us
Hilari Young	DPP	hilari.young@maryland.gov
Jason Deater	FCSO NIS	jdeater@frederickcountymd.gov
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