I love to hike or bike the C & O Canal. It is one of my favorite places in any kind of weather. In the winter it is a great place to look at animal tracks after a new fallen snow. I have seen deer, rabbit, and what I think are raccoon tracks. It is also a great place to go cross country skiing. Even in the winter I have spotted many birds such as Wrens, Blue Jays, Cardinals, Tufted Titmouse, Downy Woodpeckers, Hairy Woodpeckers, Pileated Woodpeckers, and Chickadees.

This section of the Canal is 2.4 miles one way or 4.8 miles round trip. Park at either the Monocacy River Aqueduct or Nolands Ferry parking area. The Canal is an easy, level walk and is mainly hard packed dirt or loose gravel.

In this section take time to look at the aqueduct that was built to carry the canal over the Monocacy River. It was built between 1829 and 1833 of white granite taken from quarries on Sugarloaf Mountain. The steel rods on top of the aqueduct help to stabilize the structure. Nolands Ferry is a low water crossing of the Potomac River that has been used by settlers since 1750. In 1862 the Confederates used this ford to join Lee in Antietam.