

## HOUSING

Department of Social Services	301-600-4555
Frederick City Housing Authority	301-662-8173
Frederick County Housing & Community Development	301-600-1061
Interfaith Housing Alliance, Inc.	301-662-4225
Advocates for Homeless Families	301-662-2003
Community Action Agency (Shelter)	301-600-1506
Frederick Rescue Mission (Shelter)	301-695-6633
The Religious Coalition (Shelter/Energy)	301-631-2670
Habitat for Humanity	301-698-2449
Habitat Humanity Restore (Building Supply)	301-662-2988
Weatherization Assistance	301-600-1506
Energy Assistance	301-600-2410
Free Smoke Alarms	301-600-7275

## EDUCATION PROGRAMS

Frederick County Public Schools	301-644-5000
Frederick County Virtual School	240-236-8450
GED	240-629-7962
Frederick Community College (FCC)	301-846-2400
Project Forward Step (FCC)	301-846-2483
Family Partnership	301-600-2206
Literacy Council	301-600-2066

## PARENTING CLASSES

Family Partnership	301-600-2206
Healthy Families	301-663-6183
Care Net	301-662-5300

## CHILDREN'S PROGRAMS

Head Start	301-378-9140
Infant & Toddlers ( <i>Referrals</i> )	301-600-1612
Child Find	301-644-5292
FCHD Lead & Asthma Home Visiting Nurse Team	301-600-3326

## FAMILY PROGRAMS

DSS Family Services/Adoption	301-600-2466
Family Partnership	301-600-2206
Healthy Families	301-663-6183
Child Care Choices	301-662-4549

## MEDICAL PROVIDERS

*(Sliding scale or free clinic for uninsured or underinsured)*

### Frederick Community Action Agency

*(Medical)*  
301-600-1393  
100 South Market St.  
Frederick, MD 21701

### Mission of Mercy

*(Medical, Dental)*  
Main Number-301-682-5683  
Frederick-301-676-3188  
Brunswick -240-529-8772  
[www.amissionofmercy.org](http://www.amissionofmercy.org)

*Call or visit Mission of Mercy's website for information regarding locations and clinic hours.*

### FMH Prenatal Center

*(Pregnancy)*  
240-566-4444  
400 West 7<sup>th</sup> St.  
Frederick, MD 21701

## OTHER HELPFUL NUMBERS

Legal Aid	301-694-7414
Family Law Hotline	800-845-8550
Centro Hispano de Frederick	301-668-6270
Frederick Human Relations Department	301-600-1063
U.S. Citizenship & Immigration Services	800-375-5283
Hospice	240-566-3030
Frederick County Social Security Office	866-331-7089
Social Security Administration	800-772-1213
Frederick Memorial Hospital	240-566-3300
Department of Aging	301-600-1605 or 1604
Commission on Disabilities	301-600-1663
FMH Wellness Center	240-379-6000
Asian American Center	301-694-3355
Spanish Speaking Community of MD Inc.	240-877-7466

### Administrative Care Coordination Unit

301-600-8888

<http://frederickmedicaid.org>

(Revised 4/2018)



## PHONE LIST



## Resources for You and Your Family

**Frederick County Health Department**  
350 Montevue Lane  
Frederick, MD 21702  
301-600-1029

[www.frederickcountymd.gov/healthdept](http://www.frederickcountymd.gov/healthdept)



**FREDERICK COUNTY HEALTH DEPARTMENT (FCHD)**

**Administration.....301-600-1029**  
*(General Information and Directory, Birth /Death Certificates)*

**Behavioral Health.....301-600-1755**  
*(Local Addiction Authority (Screening & Referral),  
Recovery Support, Youth Support, Harm Reduction)  
Adult Evaluation & Review Services (AERS).....301-600-1736*

**Community Health Services.....301-600-1733**  
*Communicable Disease and Preparedness.....301-600-3342  
(HIV/AIDS Testing & Treatment, Immunizations, Tuberculosis  
Treatment)  
Maternal Child Health.....301-600-3326  
(Special Delivery-Pregnancy & Infant Home Visiting Nurse  
Team, Lead & Asthma Home Visiting Nurse Team)  
WIC (Women, Infants, and Children).....301-600-2507  
Preventative Health.....301-600-3362  
(Breast & Cervical Cancer Screening, Colorectal Cancer  
Screening)*

**Developmental Center.....301-600-1611**  
*(Hearing Testing, Respite Care, School Based OT/PT Services)  
Infants & Toddlers (General Info).....301-600-1611  
(Referrals).....301-600-1612  
Dental Clinic.....301-600-1041*

**Environmental Health.....301-600-1719**  
*(Burn Permits, Rabies Clinics, Water Testing, Public Pools,  
Nuisance Complaints, Food Control, Food Permits, Well &  
Septic)*

**Health Care Connection  
& Preparedness.....301-600-8888**  
*ACCU (Medicaid Care Coordination)  
Medical Assistance (Enrollment).....301-600-3124  
Medicaid Transportation.....301-600-3124  
Public Health Preparedness.....301-600-6052*

**FCPS School Health.....301-600-3312**

**BIRTH CONTROL/PREGNANCY TESTING**

Care Net 301-662-5300  
Birthright 301-663-0111  
Catocin Pregnancy Center 301-447-3391  
Planned Parenthood 301-662-7171  
*(Pregnancy Testing & Emergency Contraception)*

**CHILDBIRTH EDUCATION**

Free Childbirth Classes (*Teen-25 y/o*) 301-600-3472  
Frederick Memorial Hospital (*Cost*) 240-566-4367

**BREASTFEEDING**

WIC 301-600-2507  
Baby Best at FMH 240-566-3880  
La Leche League 301-639-1006 or 301-693-9248

**BABY SUPPLIES & CLOTHES**

Birthright 301-663-0111  
Care Net 301-662-5300  
Goodwill 301-662-0622  
Rescue Mission 301-695-6633  
El Shaddai 301-695-4496  
Catocin Pregnancy Center 301-447-3391  
Lucy's Consignment Shop Mt. Airy 301-831-5718  
Mt. Pleasant 301-898-0037  
Kids in Safety Seats 301-600-3326  
Child Safety Seat Program 301-600-7328  
Salvation Army 301-662-2311

**BEHAVIORAL HEALTH**

Frederick Local Addiction Authority 301-600-1755  
Beacon Health Options 800-888-1965  
FCHD Smoking Cessation 301-600-3437  
FMH Smoking Cessation 240-566-3622  
Maryland Tobacco Quitline 800-784-8669  
Alcoholics Anonymous 301-662-0544  
Al-Anon/Alateen 888-425-2666  
Narcotics Anonymous 800-543-4670  
Pro Bono Counseling Project 877-323-5800  
Mountain Manor (Adolescents) 800-446-8833  
Mountain Manor (Adults) 800-537-3422  
Way Station 301-662-0099  
Mental Health Association 301-663-0011  
Brook Lane Health Services 301-733-0330  
Villa Maria Counseling 301-694-6654  
On Our Own Frederick 301-620-0555  
Potomac Care Management 301-791-3087

**CRISIS HOTLINE**

Heartly House (*Domestic Abuse*) 301-662-8800  
Child Protective Services 301-600-2464  
Adult Protective Services 301-600-2635  
National Teen Dating Abuse Hotline 866-331-9474  
Way Station Crisis Program 240-344-4269  
Frederick County Crisis Hotline 301-662-2255  
MD Crisis Hotline 800-422-0009  
National Suicide Prevention Hotline 800-273-8255  
MD 2-1-1 211  
Center for Disease Control Info Line 800-232-4636  
Poison Control Hotline 800-222-1222

**MEDICAL ASSISTANCE**

FCHD Medical Assistance Enrollment 301-600-3124  
MD Health Connection 855-642-8572  
MD HealthChoice Help Line 800-284-4510  
Family Planning 855-692-4993

**DENTAL SERVICES**

FCHD Dental Clinic (*Children*) 301-600-1041  
Monocacy Health Partners Dental Clinic 240-566-7005  
University of Maryland Dental School 410-706-7101  
Mission of Mercy 301-682-5683  
Seton Center 301-447-6102  
Affordable Dentures & Implants (*Hagerstown*) 240-313-9467

**EMERGENCY FINANCIAL ASSISTANCE**

Department of Social Services 301-600-4555  
The Religious Coalition 301-631-2670  
*(Shelter, Energy, Medical, Dental, Rx)*  
Salvation Army (*Food, Rx, Utilities*) 301-662-2311  
Partnership for Rx Assistance 888-477-2669  
St. Vincent De Paul (*Rx, Shelter, Utilities*) 301-662-4676  
Seton Center (*Dental, Utilities*) 301-447-6102

**TRANSPORTATION**

Medicaid Transportation 301-600-3124  
Transit Plus 301-600-1725

**FOOD/NUTRITION**

WIC (*Women, Infants, and Children*) 301-600-2507  
Food Stamps 301-600-4575  
Frederick Food Bank 301-600-1506  
University of MD Extension Services 301-600-3573

**EMPLOYMENT ASSISTANCE**

Frederick County Workforce Services 301-600-2255  
Goodwill 301-662-0622