

# FC MCH Collaborative Meeting



Meeting Dates: \*4<sup>th</sup> Friday monthly 0830-1000

7/23/21  8/27/21  9/24/21  10/22/21  11/26/21  \*12/17/21

1/28/22  2/25/22  3/25/22  4/22/22  \*5/20/22  6/24/22

*\*Indicates a variance due to a holiday*

MINUTES

*Location Teams*

Facilitator                      Miriam Dobson  
Note takers                      Casey Axline

## Attendees:

Rachel Tucker, FCHD MCH Supervisor  
Miriam Dobson, FCHD Director of CHS  
Dr. Brookmyer, Director of FCHD  
Pilar Olivo, Child Advocacy Center & ACEs Liaison  
Nancy Boyd, Community Member  
Jessica Lertora, Zero to Three  
Darla DePalo, FCHD WIC Clinic Supervisor  
Akiyyah Billups, Community Leader, March for Justice  
Jim Miller, DSS  
Colleen Wilburn, Title 5 MCH Bureau State of Maryland  
Yewande Oladeinde, President of Nigerians in Frederick Association, Focus Group Member  
Lisa Jarboe, FCDC Program Manager Infant & Toddler Program  
Cindy Powell, Guest  
Leatta Walton, Guest  
Trish Reggio, FHH Women's Health Services  
Leslie Barnes- Keating, Deputy Director Frederick County Citizen Services  
Dr. Jackie Douge, MD Frederick Pediatric Center  
Shelly Choo, Director Bureau of Maternal Child Health  
Holly Sontz, Community Member  
Pratima Ghullu, FCHD MCH Special Delivery/ Lead Nurse  
Nia Singleton, FCHD MCH Student Intern  
Nasu Conteh, FCHD MCH Asthma & Lead  
Casey Axline, FCHD MCH Service Office Clerk  
Regrets: Shelly Toms

## Minutes

- ✓ Welcome and Introductions. Welcome Rachel Tucker, new MCH Program Supervisor – Miriam, Health Department
  - Welcome also to Dr. Shelly Choo and Colleen Wilburn- MDH MCH Bureau Title V program
  - Invited guests: Dr. Donald Strong and Dr. Amita Vyas of George Washington University Milken Institute
- ✓ [RISE](#) Project Overview – Jessica Lertora, Zero to Three | Safe Babies Court
  - Jessica shared the scope and merits of RISE legislation.
  - Pilar also shared on the potential impact of this legislation
- ✓ Formal introductions were provided by the group members
- ✓ ACES Work Group Initiatives – Pilar Olivo, Office of Children and Families
  - Pilar provided an overview of the [Family Connects program](#) and received insightful questions from the meeting participants
  - Colleen Wilburn cited experience with bringing Family Connects to implementation and provided constructive feedback. She also shared that there is a second Family Connects site in Prince George’s County under the auspices of the Family Tree.
  - It was suggested that Jeff Quinn of Family Connects be invited to discuss planning and implementation of this program at a subsequent meeting
  - Jim stated the need for common messaging among all MCH serving organizations in Frederick and that each organization should be aware of the services that the others provide
  - It was suggested that the provider community receive training on implicit and unconscious bias with an ultimate goal of forming client/ provider trust
  - Holly recommended the following reading material: Michael Baran and Tiffany Jana have written a very informative book titled Subtle Acts of Exclusion. It is how to understand ID and stop micro aggressions.
  - Obtaining public feedback and understanding model flexibility to the specific needs of Frederick were suggested
  - Data highlighting child abuse/ neglect reduction and/ or reduction of infant mortality were requested
  - Utilization of medical practice resource providers was suggested
- ✓ Frederick County [Community Health Needs Assessment](#) – Miriam Dobson
  - Miriam shared an update from Rissah Watkins and reminded the group that the active link to the survey is in the agenda.
  - Dr. Brookmyer provided a thorough overview of the CHNA process
  - Pilar provided contact information for Collaborative members who may want to participate on the CHNA steering committee or who have questions about the survey:
    - Colleen Swank – [Cswank@FrederickCountyMD.gov](mailto:Cswank@FrederickCountyMD.gov) (Steering Committee)
    - Malcom Furgol – [Mfurgol@Frederick.Health](mailto:Mfurgol@Frederick.Health) (Survey questions)

- ✓ Care First Grant Completion – Miriam
  - Miriam informed the group that the compendium of activity information on the Care First grant compiled by Holly Sontz was submitted to Care first.
- ✓ Brown Mamas Building Bridges update – Miriam
  - Both Akiyya and Yewande reviewed their previous meeting discussions for Brown Mamas Building Bridges. The group hopes to meet again soon.
- ✓ Safe Kids Update – Miriam Dobson
  - July 25, 2021 – World Drowning Prevention Day [CSN Resources](#)
  - Drowning Disparities [Infographic](#) (More incidences in males, among Black and Indigenous, in the Southern USA)
  - Child Summer Safety [Video](#)
  - Frederick County [Swim Lessons](#)
  - Tips for Preventing burns and fire injuries [in the summer](#)
  - August 31, 2021 – International [Overdose Awareness Day](#)
- ✓ MCH Collaborative Logo vote results: 14 persons voted with the draft image the circle/ hand holding people received the most votes
  - Some questioned the relevance of some of the logos citing MCH relevance or diverse representation
  - It was asked/ suggested to form a group to discuss further and have community input
  - This is only a process beginning and not the final destination regarding the logo
- ✓ Collaborative Roundtable and Adjourn
  - Jim (DSS) shared that the Department is in stage V re-entry and the lobby is open to clients with appointments
  - Jessica shared that the National Infants and Toddlers Court program will host a free, [virtual Cross Sites](#) training. You must create an account to participate.

#### Upcoming Educational Opportunities:

- Register today for [Equality of Opportunity In Action: Addressing Maternal Healthcare Disparities](#) on **Wednesday, July 28 from 12:00 p.m. to 1:00 p.m. ET**
- Join us next **Thursday, July 29 at 10am PT / 1pm ET** for a HealthBegins webinar introducing a new guidebook, **Bringing Light & Heat: A Health Equity Guide for Healthcare Transformation and Accountability**. Created in partnership with HealthBegins, Health Leads, JSI, SIREN at UCSF, and Human Impact Partners, the guide offers a framework for healthcare organizations to translate health equity from core mission to effective and sustainable action
- Birth and Babies Fair: [https://drive.google.com/file/d/1-0lj88kD\\_IzfjrsuQAV7C7fLroVb0x7x/view](https://drive.google.com/file/d/1-0lj88kD_IzfjrsuQAV7C7fLroVb0x7x/view)

Next Meeting – **August 27, 2021** 0830-10 am. *Please expect a new link for each meeting.*

Respectfully Submitted

Miriam Dobson

## **RISE (Resilience Investment, Support & Expansion) from Trauma Act (S.2086)**

Sens. Dick Durbin (D-IL), Shelley Moore Capito (R-WV),  
Tammy Duckworth (D-IL), Lisa Murkowski (R-AK)

**Background:** When children experience traumatic events—such as being victims or witnesses of violence, exposed to drug addiction, or living in fear of abuse—they can suffer. Trauma over-stresses the developing brain, which can impact emotional regulation and force children into constant “survival mode”. Decades of research, including the Adverse Childhood Experiences (ACEs) study, have established the link between a child’s exposure to trauma, its effect on neurological and behavioral development, and long-term consequences. Left unaddressed, childhood exposure to trauma can impact mental and physical wellbeing, healthy relationships, and academic achievement—and fuel the cycle of violence, addiction, and poverty.

**The Need in Our Communities:** Nationally, nearly 35 million children have had at least one traumatic experience, and nearly two-thirds of children have been exposed to violence. Studies show that individuals who have experienced 6 or more ACEs have a 20 year shorter average life expectancy, and those who have experienced 4 or more ACEs are 10 times more likely to use illicit narcotics and 12 times more likely to attempt suicide.

Too few children who experience trauma are identified and supported with the right care, often due to lack of trained providers, clinical resources, or because it can be misunderstood. Those who never receive help can carry the weight of these emotional scars for life.

**The Solution:** The good news is that the impact of trauma on children can be prevented and mitigated by training parents, teachers, and others to provide safe, stable, nurturing environments for children and evidence-based interventions to foster coping and resilience skills. Schools, health care, social services, child welfare, first responders, and the justice system must all have the tools to recognize and coordinate services to prevent and treat the effects of trauma.

Building upon federal trauma-informed legislation passed in 2018, the RISE from Trauma Act would expand the trauma-informed workforce and increase resources for communities:

### Community Response & Capacity.

- Creates a new, \$600M annual grant program to support community coalitions of stakeholders to plan and target efforts to address local trauma interventions.
- Creates a new grant program for hospital-based trauma interventions for patients with violent injury, overdose, or suicide attempts to support recovery and prevent readmission;
- Expands the number of federal grant programs that can deliver trauma services;
- Establish training and certification guidelines to enable insurance reimbursement for community figures—such as mentors, peers, and faith leaders—to address trauma.

### Workforce Development.

- Increases funding for National Health Service Corps clinicians serving in school settings;
- Increases recruitment into health professions from individuals and communities that have experienced trauma; and
- Enhances training programs and tools for aspiring and current early childhood clinicians, teachers, peer support specialists, faith leaders, first responders, and others.

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**Endorsements:** The RISE from Trauma Act is endorsed by the following organizations: American Academy of Pediatrics, American Psychological Association, National Education Association, Children's Defense Fund, YMCA of the USA, Zero to Three, Futures without Violence, National Head Start Association, Center for Law and Social Policy, Campaign for Trauma-Informed Policy and Practice, American Psychiatric Association, Trust for America's Health, First Focus Campaign for Children, Family Focused Treatment Association, Alliance for Strong Families and Communities, Afterschool Alliance, Committee for Children, Prevent Child Abuse America, Girls Inc., Starr Commonwealth, MENTOR, National Crittenton, National Association of Counsel for Children, National Family Support Network, and Family Centered Treatment Foundation.