

Frederick County Suicide Prevention Coalition Meeting
Friday, March 17, 2023 – 1:00pm to 2:30pm via Microsoft Teams

DRAFT Minutes

The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.

Attendance

Jay Hessler, LCPC, Assistant Director, Behavioral Health Services, FCHD

Amanda Adams, Child & Adolescent Coordinator, Behavioral Health Services, FCHD

Lindsay Barnhart, States Attorney Office

Rachel Mandel, MD, Trauma Responsive Frederick, Veteran

Kaili Van Waveren, Bereavement Supervisor, Frederick Health Hospice

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Betsy Doud, Office of Suicide Prevention, MDH, Behavioral Health Administration

Suzy Boisclair, Supervisor of Victim Services, Frederick Police Department

Reverend Sakima Romero-Chandler, Wayman AME Church

Tarita Richardson, Survivor of Suicide, Suicide Loss Survivor

Suzi Borg, Director of Crisis Services, Mental Health Association

Monica Kirkpatrick, Patient Finance Services Manager for Outpatient Services, Mountain Manor

Natalie Bowers, DFRS, Behavioral Health Services, FCHD

Jennifer Kelley, Community Engagement and Partnership Coordinator, Martinsburg VA Medical Center

Mary Lynn Hinde, Trauma Responsive Frederick

Chad Atkins, Frederick County Sheriff's Office

Jamel Freeman, Suicide Loss Survivor

Matthew Lynch, Brunswick Police Department

Marigny Rusk, Frederick County Department of Social Services

Michael Moore, State's Attorney Office

Carly Gibson, State's Attorney Office

Lynn Davis, Frederick County Public Schools

Ben Kelkye, Firearm Safety Instructor, NRA Training Council

Richard Sedlak, MD MPH, COL (ret.) US Army

Agenda

1. Introductions
2. Review/Approval of Minutes
3. Announcements
4. Presentation by Janelle Cubbage and Lisa Gellar, Johns Hopkins Center for Gun Violence Solutions
5. Announcements from BHA Office of Suicide Prevention
6. Adjourn

1. Introductions

Amanda Adams convened the meeting and introductions of meeting attendees occurred.

2. Review/Approval of Minutes

Minutes were reviewed and no corrections were noted.

3. Announcements

- a. Jay Hessler announced that the website for the Frederick County Suicide Prevention Coalition is nearing completion. Mr. Hessler announced that emails would be sent in the next few days seeking website information from each Frederick County Suicide Prevention Coalition (FCSPC) collaborator.

4. Presentation by Janelle Cubbage and Lisa Gellar, Johns Hopkins Center for Gun Violence Solutions

- a. Ms. Cabbage and Ms. Gellar presented information about Extreme Risk Protection Orders (ERPO); what they are, how they aid in preventing death by suicide, and the status of ERPO laws in Maryland and the United States.
- b. Ms. Cabbage and Ms. Gellar provided a PDF copy of the slides from their presentation to post to the FCSPC website.

5. Announcements from BHA Office of Suicide Prevention

- a. Betsy Doud made the following announcements:
- b. There are two more Youth Town Hall / Suicide Prevention sessions:
 - Harford and Cecil - 22 Mar (see attached flier)
 - Date/location change: Baltimore City and Baltimore Co. Wed 19 Apr Loch Haven Public Library 5 PM
 - Rescheduled: Washington, Garrett and Allegany Thurs 20 Apr Hagerstown Library 6 PM
- c. Stress Surfing Trainings (Information and flier will follow):

BHA-Office of Suicide Prevention and University of Maryland Extension-Family and Consumer Sciences Program is hosting a series on stress called "Stress Surfing"

- 4 Apr Session 1 "Balancing Brain and Body"
- 6 Apr Session 2 "Self Care Conditioning"
- 11 Apr Session 3 "Breath Surfing with the Power of Mindfulness"

6. Adjourn

- a. *Next meeting – 4/21/2023, 1-2:30pm*