

## Frederick County Suicide Prevention Coalition Meeting

Friday, April 21, 2022 – 1:00pm to 2:30pm via Microsoft Teams

### **DRAFT** Minutes

*The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.*

[Suicide Prevention Coalition website](#)

### **Attendance**

Andrea Baiocchi Walker, MPH, MA, CPRP, Director, Behavioral Health Services, Frederick County Health Department and Local Behavioral Health Authority

Jay Hessler, LCPC, Assistant Director, Behavioral Health Services, FCHD

Amanda Adams, Child & Adolescent Coordinator, Behavioral Health Services, FCHD

Lindsay Barnhart, States Attorney Office

Jason Barth, Executive Director, The Ranch

Kaili Van Waveren, Bereavement Supervisor, Frederick Health Hospice

Willa Naegele, Sheppard Pratt Mobile Crisis

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Patty Walcott, Office of Suicide Prevention, MDH, Behavioral Health Administration

Suzy Boisclair, Supervisor of Victim Services, Frederick Police Department

Suzi Borg, Director of Crisis Services, Mental Health Association

Monica Kirkpatrick, Patient Finance Services Manager for Outpatient Services, Mountain Manor

Jennifer Kelley, Community Engagement and Partnership Coordinator, Martinsburg VA Medical Center

Richard Sedlak, MD MPH, COL (ret.) US Army

Lynn Davis, Coordinator of Mental Health Services, Frederick County Public Schools

Mary Lynn Hinde, Trauma Responsive Frederick

Starling Hathcock, Child Advocacy Center

Marigny Rusk, Frederick County Department of Social Services

Tammi Ginseng, President of local AFSP chapter, LCPC

Bill Kelley, The Gun Center

Sandra Wastler, Senior Services Advisory Board

Ben Kelkye, Firearm Safety Instructor, NRA Training Council

### **Agenda**

1. Introductions
2. Review/Approval of Minutes
3. Announcements
4. Veterans Subcommittee Report Out
5. Breakouts by Subcommittee
  - a. Responsible Gun Ownership
  - b. Education/Outreach
  - c. Postvention/Support Services
6. Subcommittee Report Out
7. Announcements from BHA Office of Suicide Prevention
8. Adjourn

### **1. Introductions**

Jay Hessler convened the meeting and introductions of meeting attendees occurred.

### **2. Review/Approval of Minutes**

Minutes were reviewed and no corrections were noted.

### **3. Announcements**

- a. Mr. Hessler announced the [Suicide Prevention Coalition](#) website launched on 4/6/2023. The Suicide Prevention PSA will be place on the webpage once it is able to be created with Channel Communications. Mr. Hessler encouraged the Education and Outreach subcommittee members to begin identifying if they would like to take part in the PSA creation process.
- b. Andrea Walker announced the [Circumstances of Suicide Deaths in Maryland: Data from the 2003-2020 Maryland Violent Death Reporting System](#) was added

to the Suicide Prevention Coalition website under the Data tab. This report will be reviewed further.

- c. Trauma Responsive Frederick Panel Discussion: Mary Lynn Hinde invited the Suicide Prevention Coalition to have a table at the upcoming event. The Education and Outreach subcommittee will discuss possible participation during the subcommittee break out time.

#### **4. Veterans Subcommittee Report Out**

- a. Jennifer Kelley provided the report out. The Veterans subcommittee met on 4/10/2023. There was a change in leadership. Amanda Adams will be co-chairing the subcommittee with Destiny Nettles of Serving Together. The subcommittee is looking into resources to go on the Suicide Prevention Coalition website.

#### **5. Breakouts by Subcommittee**

- a. *Responsible Gun Ownership*
- b. *Education/Outreach*
- c. *Postvention/Support Services following completed/attempted suicide*

#### **6. Subcommittee Report Out**

- a. *Responsible Gun Ownership*: Andrea Walker provided the report out. The subcommittee began working on the action plan. The subcommittee engaged in conversation about firearm training, gun storage and safe storage magnets/stickers.
- b. *Education/Outreach*: Mary Lynn Hinde provided the report out. The subcommittee reviewed the action plan. The subcommittee worked to identify and create the subcommittee goal. The subcommittee will continue to work on creating outcomes matching goal of subcommittee. The subcommittee engaged in discussion about participation in the upcoming TRF Panel Discussion and decided to not participate at this time.
- c. *Postvention/Support Services following completed/attempted suicide*: Kaili Van Waveren provided the report out. The subcommittee began looking at action plan. The subcommittee made a plan to work on the landscape analysis of Postvention services and Postvention plans. The subcommittee will work to create shared document for monitoring progress of the landscape analysis.

#### **7. Announcements from BHA Office of Suicide Prevention**

- a. Patty Walcott provided the following updates:
- b. Maryland Statewide Toolkit K-12 for both Public and Private Schools is a comprehensive guide that covers prevention, intervention and postvention. The comprehensive guide includes sections for parents, teachers, administration and peers.
- c. The Office of Suicide Prevention support the funding of 14 grants to include 10 new grants and 4 renewals. The initiatives funded include: Lethal Means Restriction, Safe Storage Mapping, Gun Locks, Anti-Stigma Promotion, Media Campaigns, Population-specific initiatives, follow-ups on ERPOS and training for providers and the public.
- d. MD Mind Health Texting: partnership with 211. MD Mind Health and MD Young Minds allows subscribers to get practical tips that can make a difference in someone's life. Subscribers can be connected to additional supports and resources any time needed.

- e. Taking Care of Us Campaign: partnership with the Office of Minority Health, Health Disparities and Black Mental Health Alliance ([Taking Care of US PSA](#)). The year-long campaign will address the data that shows an increase in suicides in the African American community. Promoting Positive Mental Health Outcomes for Black Youth presented by Dr. Mirian Ofonedu with Kennedy Krieger. The training is set for May 18<sup>th</sup> and May 30<sup>th</sup> and is eligible for 3 CEU's. Details are being worked on for the Black Mental Health Alliance June Summit.
- f. Native American Lifelines: Mental Health First Aid scheduled for June 15<sup>th</sup>, flyers to come. Gathering of Native Americans (GONA) event scheduled for July – more details to come.
- g. Trainings:
  - i. UMD College of Agriculture of Natural Resources-Extension: Farm Stress Management
  - ii. Stress Management Series called “Stress Surfing”
  - iii. Narrative for Managing Grief – May 11<sup>th</sup>, eligible for 1 CEU
  - iv. Mental Health First Aid: Youth and Adult; Train the Trainer
  - v. Question, Persuade, Refer (QPR) and QPR Specialized – Specialized will be Youth Focused
  - vi. Recognizing and Responding to Suicide Risks: Clinicians
    - 1. June 6<sup>th</sup>, 8<sup>th</sup>, 20<sup>th</sup> and 22<sup>nd</sup>
    - 2. Must take all four classes for 12 CEU's
  - vii. Suicide Fatality Review Team: Psychological Autopsy Training May 25<sup>th</sup>
  - viii. ERPO Webinar with Paul Nestadt: June 27<sup>th</sup> – open to clinicians. Flyers to come. Working on an in-person event in Harford County.
- h. Safe Storage Mapping Initiative: The Office of Suicide Prevention is partnering with the JHU Center for Gun Violence Solutions to update statewide Safe Firearm Storage Mapping and bridging the gap between jurisdictions and JHU.
  - i. This partnership will support statewide effort for uniform language and understanding.
  - ii. JHU Center for Gun Violence Solutions- Safe Storage Mapping: <https://mdpgv.org/safestoragemap/>
- i. Resource Directory: is underway! Our goal is to paint a full picture of Maryland's local and statewide Suicide Prevention work and capacity.
  - i. Initial surveying counted: 84 initiatives, predominantly prevention and postvention. We used this information to guide community engagement efforts, directly connecting with over 90% of jurisdictions.
  - ii. We want to co-create a directory of programs and best practices to encourage accessibility and innovation.

## 8. Adjourn

- a. *Next meeting – 5/19/2023, 1-2:30pm*