

Frederick County Suicide Prevention Coalition Meeting Friday,

July 21, 2023 – 1:00pm to 2:30pm via Microsoft Teams

Minutes

The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.

[Suicide Prevention Coalition website](#)

Attendance

Andrea Baiocchi Walker, MPH, MA, CPRP, Director, Behavioral Health Services, Frederick County Health Department and Local Behavioral Health Authority

Jay Hessler, LCPC, Assistant Director, Behavioral Health Services, FCHD

Lindsay Barnhart, States Attorney Office

Jason Barth, Executive Director, The Ranch

Kaili Van Waveren, Bereavement Supervisor, Frederick Health Hospice

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Patty Walcott, Office of Suicide Prevention, MDH, Behavioral Health Administration

Suzy Boisclair, Supervisor of Victim Services, Frederick Police Department

Suzi Borg, Director of Crisis Services, Mental Health Association

Monica Kirkpatrick, Patient Finance Services Manager for Outpatient Services, Mountain Manor

Richard Sedlak, MD MPH, COL (ret.) US Army

Lynn Davis, Coordinator of Mental Health Services, Frederick County Public Schools

Mary Lynn Hinde, Trauma Responsive Frederick

Reverend Sakima Romero-Chandler, Wayman AME Church

Jamel Freeman, Suicide Loss Survivor

Michael Moore, State's Attorney Office

Rachel Mandel, MD, Trauma Responsive Frederick, Veteran

Reed Preece, Frederick Police Department

Sandra Wastler, Senior Services Advisory Board

Captain Jeff Eyler, Patrol Operations Commander, Frederick County Sheriff's Office

Niki Falzone, Executive Director, Platoon 22

Fred Wood, USN (ret.)

Shannon Jones, Crisis Services Director, Heartly House Inc.

Agenda

1. Introductions
2. Review/Approval of Minutes
3. Announcements
4. Veterans Subcommittee Report Out
5. Breakouts by Subcommittee
 - a. Responsible Gun Ownership
 - b. Education/Outreach
 - c. Postvention/Support Services
6. Subcommittee Report Out
7. Announcements from BHA Office of Suicide Prevention
8. Adjourn

1. Introductions

Jay Hessler convened the meeting and introductions of meeting attendees occurred.

2. Review/Approval of Minutes

Minutes were reviewed and no corrections were noted.

3. Announcements

- a. Andrea Walker led a discussion of changing the standing meeting time of the coalition to earlier on the same day of the month. Consensus was to try 11am as the start time of the meeting for the month of August.
- b. Discussion of potential Suicide Prevention Awareness month activities and how partnering agencies can share via social media platforms.

4. Veterans Subcommittee Report Out

- a. Jay Hessler provided the report out. The Veterans subcommittee met on 7/10/2023. The main focus of the Veteran's Subcommittee is working on the "Ask the Question" initiative.

5. Breakouts by Subcommittee

- a. *Responsible Gun Ownership*
- b. *Education/Outreach*
- c. *Postvention/Support Services following death by suicide*

6. Subcommittee Report Out

- a. *Responsible Gun Ownership*: Dr. Rachel Mandel provided the report out. A series of short videos regarding safe storage and gun safety will be recorded local law enforcement officers to be shared by social media.
- b. *Education/Outreach*: Jessica Ellis provided the report out. Stephanie Shapiro (Overdose Fatality Review Coordinator, Frederick County Health Department) will be joining this committee and will serve as co-lead. Discussion of the need for a Google drive for committee members to access working documents. The group plans to review documents that Reed Preece has curated, and work towards having literature about the coalition and suicide prevention printed.
- c. *Postvention/Support Services following completed/attempted suicide*: Kaili Van Waveren provided the report out. Kaili reported that so far the landscape analysis of postvention services is indicating an overall lack of understanding of what postvention services are. Kaili stated that while the landscape analysis isn't complete, there are strong indications that community education is needed in this area; including treatment providers.

7. Announcements from BHA Office of Suicide Prevention

September Suicide Prevention Month! We will have a campaign launch to share in the coming weeks and we can't wait for you to join us! **Send us any events/walks** that you want added to the Statewide Community calendar - don't delay as our calendar is sent for review shortly.

Stress Surfing Series! The popular free series is back from the University of Maryland-Extension - flier attached.

Announcements/Promos

- "Caring Out Loud" Campaign to support LGBTQ+ Launch! with press release The Trevor Project [Press Release](#)
- Press Release from [The Trevor Project](#)
- Caring Out Loud" on [Twitter](#)

Tag/like us on Socials

- Instagram: @mdhsuicideprevention <https://www.instagram.com/mdhsuicideprevention/?hl=en>
- [PrevSuicideMD on FaceBook](#)
- Facebook: @PrevSuicideMD <https://www.facebook.com/PrevSuicideMD>
- July Scoop [link](#)

Trainings

- Upcoming training: Allyship/CARE with The Trevor Project!
- QPR - we had close to 200 people sign up in 48 hours for the July training!
 - Be on the lookout for more QPR - coming from our office soon!
- MHFA-Adult and Youth: Mental Health First Aid for Adults and Youth coming soon!

Updates

- L.O.S.S Team/Postvention Summit Update: successful, 6+ jurisdictions, Slide presentation if interested (let us know). Links to more info: Ask for more information, links below:
 - [LOSS Team](#)
 - [Postvention resource](#)

Resources

- Statewide Resource Repository - [Asset Map Google Form](#)
 - Jurisdictions and community groups can add or update their resources using the link.
- Fliers - Youth resources [link](#)
- **University of MD- Farm Stress Extension**
 - Mental Health First Aid (MHFA) - for your agency! [Interest form](#)

Lethal Means Safety/Safe Storage Mapping Initiative: Johns Hopkins University Center for Gun Violence Solutions- Safe Storage Mapping: <https://mdpgv.org/safestoragemap/>

Next meeting – 8/18/2023, 11am-12:30pm

8. Adjourn