

Frederick County Suicide Prevention Coalition Meeting Friday,
December 15, 2023 – 11:00am to 12:30pm via Microsoft Teams

Minutes

The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.

[Suicide Prevention Coalition website](#)

Attendance

Andrea Baiocchi Walker, MPH, MA, CPRP, Director, Behavioral Health Services, Frederick County Health Department (FCHD) and Local Behavioral Health Authority (LBHA)

Jay Hessler, LCPC, Assistant Director, Behavioral Health Services, FCHD

Lindsay Barnhart, States Attorney Office

Jason Barth, Executive Director, The Ranch

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Ramiyah Barbour, Office of Suicide Prevention, MDH, Behavioral Health Administration

Suzi Borg, Director of Crisis Services, Mental Health Association

Monica Kirkpatrick, Patient Finance Services Manager for Outpatient Services, Mountain Manor

Richard Sedlak, MD MPH, COL (ret.) US Army

Rachel Mandel, MD, Trauma Responsive Frederick, Veteran

Erika Bishop, Employee Assistance Program / Suicide Prevention Coordinator, Fort Detrick

Shannon Parkin, Peer Recovery Specialist, On Our Own Frederick, Suicide Attempt Survivor

Stephanie Shapiro, OFRT Coordinator, Behavioral Health Services, FCHD

Kelly Huggins, Covid Health and Wellness Liaison, FCHD

Jennifer Kelley, Community Engagement & Partnership Coordinator, Martinsburg VA Med. Center

Heidi Penix, Senior Research Program Manager, Johns Hopkins Center for Injury Research and Policy

Christine Anyanwu, Johns Hopkins Center for Injury Research and Policy

Marigny Rusk, Frederick County Department of Social Services

Lieutenant Timothy Grove, Frederick County Sheriff's Office

Shannon Jones, Crisis Services Director, Heartly House Inc.

Agenda

1. Introductions (Name, Agency, How your role intersects death by suicide)
2. Review/Approval of Minutes
3. Announcements
4. ERPO – Introduction and discussion of Bloomberg School of Public Health Project (Heidi Penix and Christine Anyanwu)
5. Breakouts by Subcommittee
 - a. Responsible Gun Ownership
 - b. Education/Outreach
 - c. Postvention/Support Services
6. Subcommittee Report Out
7. Announcements from BHA Office of Suicide Prevention
8. Adjourn

1. Introductions

Jay Hessler convened the meeting and introductions of meeting attendees occurred.

2. Review/Approval of Minutes

Minutes were reviewed and no corrections were noted.

3. Announcements

- a. Jay Hessler announced that the Suicide Prevention PSA created in conjunction with Channel Communications will be airing on TV starting in the month of January.
- b. Jay Hessler provided a summary of the recent Crisis Intercept Mapping project completed in conjunction with SAMSHA, members of the Veterans Suicide Prevention Coalition subcommittee, and other community collaborators. Potential areas for improvement and actions were discussed.

4. ERPO – Introduction and discussion of Bloomberg School of Public Health Project (Heidi Penix and Christine Anyanwu)

- a. Heidi Penix presented information about the ERPO project they are currently engaged in and requested that volunteers willing to be interviewed to further the work reach out to her or Christine Anyanwu by email: heidi.penix@jhu.edu, Christine Anyanwu: canyanw6@jh.edu.

5. Breakouts by Subcommittee

- a. *Responsible Gun Ownership*
- b. *Education/Outreach*
- c. *Postvention/Support Services following death by suicide*

6. Subcommittee Report Out

- a. *Responsible Gun Ownership*: Dr. Rachel Mandel provided the report out. The group is seeking props to support the re-shoot of several scenes from the PSA. The subcommittee has plans to include ERPO information in the longer version of the PSA. The subcommittee is reaching out to Bill Kelly to coordinate distribution of a brochure Mr. Kelly has access to.
- b. *Education/Outreach*: Stephanie Shapiro provided the report out. Ms. Shapiro reported that members of the subcommittee are meeting with Living Works next week to learn more about their program and how people access it. Idea discussed for a coupon to allow community access. Ms. Shapiro also reported outreach was occurring to the FNP and Frederick Scanner regarding guidance to include 988 info in their posts and communication about suicide, and information about stigmatizing language.
- c. *Postvention/Support Services following completed/attempted suicide*: Marigny Rusk and Shannon Parkin provided the report out. The subcommittee intends to arrange for a group email blast soon. Discussion about the absence of the co-leads of the subcommittee and when Amanda Adams would return.

7. Announcements from BHA Office of Suicide Prevention

- a. Ramiah Barbour made announcements on behalf of the Office of Suicide Prevention.
- b. Coalition members were encouraged to visit <https://linktr.ee/mdhsuicideprevention> for information about trainings, press releases, Mental Health First Aid information, and “The Scoop.”

Coalition members interested in attending the next CARE Trevor Project CARE Training were encouraged to register at: <https://www.eventbrite.com/e/the-trevor-project-care-training-tickets-689624554607?aff=oddtcreator>

Next meeting – 1/19/24, 11am-12:30pm

8. Adjourn