



Frederick County Board of Health

May 16, 2024

- I. **Call to Order** – Dr. Barbara Brookmyer, Health Officer for Frederick County
- II. **Public Comment**
- III. **Approval of Minutes: 10/12/2023**
- IV. **Presentation of Local Behavioral Health Authority**
- V. **Update on Health Department Strategic Plan**
- VI. **Update on New Community Health Needs Assessment Cycle**
- VII. **Brief report on the Maryland Commission on Public Health**
- VIII. **Old Business**: Update on Liaisons cycling off and applications for new
- IX. **New Business**
- X. **Upcoming Meetings**: October 2024
- XI. **Adjourn**



Frederick County, Maryland

Public Comment



Public Comment

The Frederick County Board of Health welcomes and encourages public comment.

Public comment is not intended to be a question-and-answer platform with the Board members. Generally, Board members will not respond to comments made.

Public comment is open to members of the public who are present in the room. Individual providing public comment have up to 3 minutes and will be asked to complete comments when the buzzer sounds. A total of 15 minutes is allocated for public comment on today's agenda.

Members of the public wishing to share additional comments with the committee may do so by emailing boardofhealth@frederickcountymd.gov.



Approval of Minutes



Presentation of Local Behavioral Health Authority

Frederick County Local Behavioral Health Authority

ANDREA WALKER, MPH, MA, CPRP

Director & Chief Public Health Strategist

Behavioral Health Services Division

Local Behavioral Health Authority, Frederick Co/State of MD
Inaugural Fellow, Johns Hopkins Bloomberg School of Public Health
Commissioner, Governor's Commission on Suicide Prevention
Team Leader, Overdose Prevention Team, Frederick Co.
Chair, LBHA Coordinated Crisis Response Workgroup
Chair, Child & Adolescent Crisis Workgroup
Incident Commander, BHS, COVID-19 Response



Public Health

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Frederick County Health Department

LOCAL BEHAVIORAL HEALTH AUTHORITY

- LBHA Codified in Health General (HG) §10-1202 et. Seq
 - System Creation & Planning Service Delivery Models
 - Leadership, coordination, collaboration among stakeholders
 - System Monitoring & Complaints
 - Landscape Analysis/Filling System Gaps



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CHANGING
Maryland
FOR THE BETTER

FREDERICK COUNTY COORDINATED CRISIS RESPONSE WORKGROUP



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Maryland
FOR THE BETTER



**STATE'S
ATTORNEY'S OFFICE**
FREDERICK COUNTY, MD



**Frederick
Health**

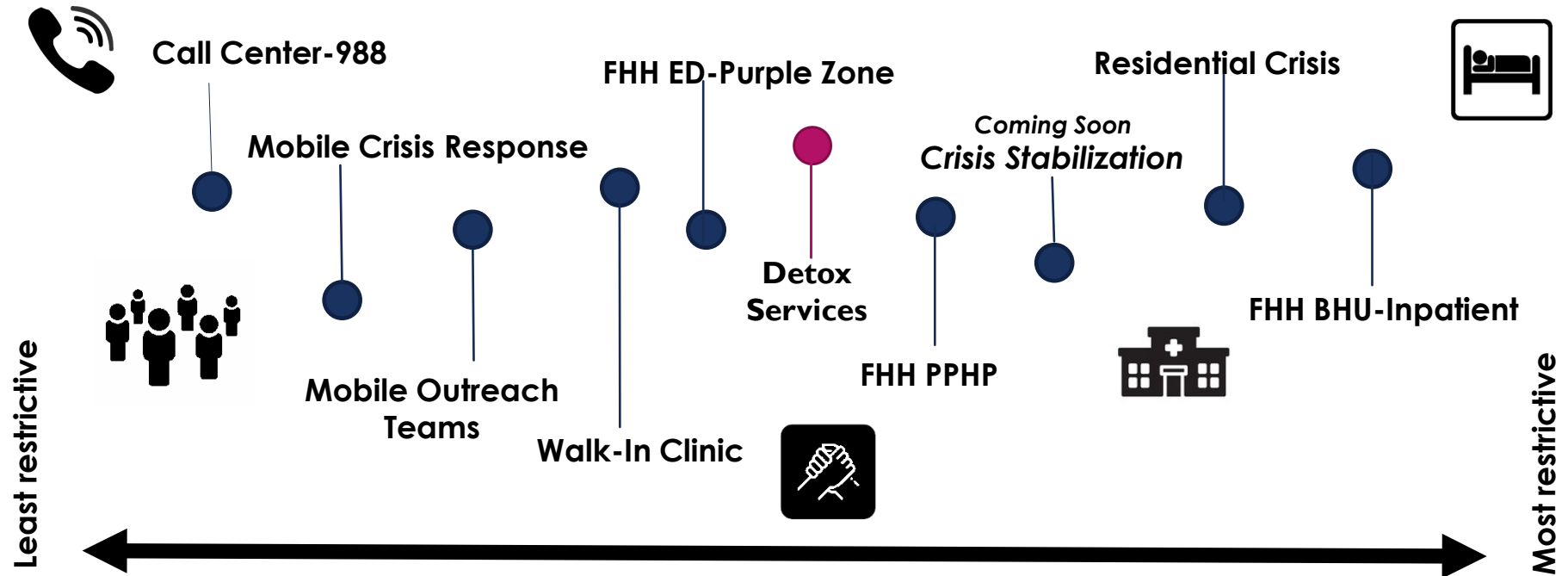


Sheppard Pratt



Mental Health
ASSOCIATION

THE BEHAVIORAL HEALTH CRISIS CONTINUUM



FREDERICK COUNTY COORDINATED CRISIS RESPONSE WORKGROUP

- Achievements:
 - Crisis Stabilization Center
 - Mobile Crisis Expansion
 - COAST
 - LEAD
 - First Responder Wellness

COAST (COMMUNITY OUTREACH AND SUPPORT TEAM)

- Launched October 2020
- Response Team- SUD related calls for service
- Partnership between FCHD & DFRS
- Staffed by Community Paramedic & Peer Recovery Specialist
- Expanded July 2023 to include Buprenorphine Induction
- Referral Sources
 - Substance Use Disorder (SUD) related calls for service
 - Mental Health Association (MHA)
 - Law Enforcement



LAW ENFORCEMENT ASSISTED DIVERSION (LEAD)

- Launched January 2022
- LEAD is a **pre-booking** diversion program that diverts people **out of** the criminal justice system, and **into** long-term, harm reduction, street-based case management.
- Criteria: Mental Health, Substance Use, Homelessness
- Referral Types: Arrest, Civil Citation & Social Contact
- Structure
 - Policy Coordinating Group (Collective governance & joint decision making)
 - Operational Work Group (Manages day to day coordination)



FREDERICK COUNTY BEHAVIORAL HEALTH COORDINATOR, FIRST RESPONDER WELLNESS PROGRAM

- Program promotes health, wellness, and resilience in career and volunteer personnel and their families.
- Behavioral Health Coordinator provides support, education, resources, and referrals to promote health, wellness, and resilience in **career and volunteer** personnel and their families.
- Direct services include comprehensive assessment of behavioral health issues.
- Culturally competent and trauma-focused psychotherapy for individuals, groups, couples, and families, resource connection, and follow-up.
- Coordinator provides clinical consultation, support & training to DFRS Peer Support Team.
- All services are **no cost to DFRS staff, Emergency Management and 911 Operators, volunteers, and their immediate family members.**
- **Services are strictly confidential.**
- Routine requests for assistance are responded to within **24-48 hours**, appointments are often available within the same time frame.

KIDS LIKE US



MISSION: To break the cycle of addiction by identifying youth impacted by familial substance use disorder and engaging them in research-based programming in both school and community settings.



- Multiyear program
- Multi-strategy
- Offered by the Health Department in partnership with FCPS
- Starts in 4th grade
- Continues through 8th or 12th grade
- Free
- 10-year longitudinal study
- National Recognition

AWARDS & RECOGNITIONS

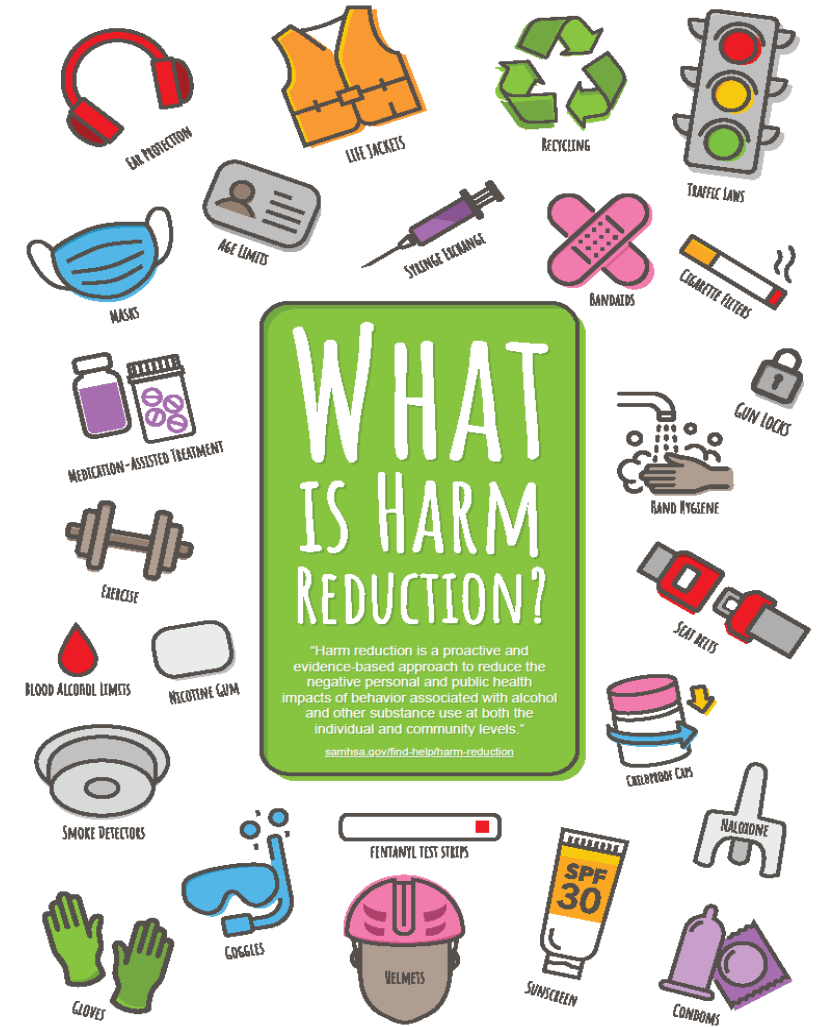
Substance Abuse and Mental Health Services Administration (SAMHSA)'s Post



- ❑ 2017 – National Exemplary Award for Innovation Substance Abuse Prevention Programs, Practices, and Policies on behalf of the National Association of State Alcohol and Drug Abuse Directors Inc.
- ❑ 2019 - Substance Abuse and Mental Health Services Administration's Center for the Application of Prevention Technologies
- ❑ 2019 – Addiction Policy Forum Maryland Innovations Now Award

Harm Reduction

- A set of practical strategies that reduce the negative consequences associated with high-risk behaviors.
 - Smoke detectors, Masks, Life Vests, Seat Belts, , Gloves, Sunscreen
 - Naloxone, Syringe Services Programs, Drug Checking, Overdose Prevention, Condoms
- Strategies that “meet people where they are”
- Harm reduction saves lives.



Original concept from Devin Sweet, 2022

STREET SAFE PROGRAM (SSP)

- Launched August 2018
- Comprehensive harm reduction program
- Approved program with the Maryland Department of Health
- Staffed by Peer Recovery Specialists, a nurse and other harm reduction trained staff.
- Mobile, fixed site and delivery services available.
- Rapid Analysis of Drugs Program (RAD)
- Telemedicine partnership with Johns Hopkins
 - Buprenorphine & Hep C treatment



FREDERICK COUNTY'S STREET SAFE PROGRAM (SSP)

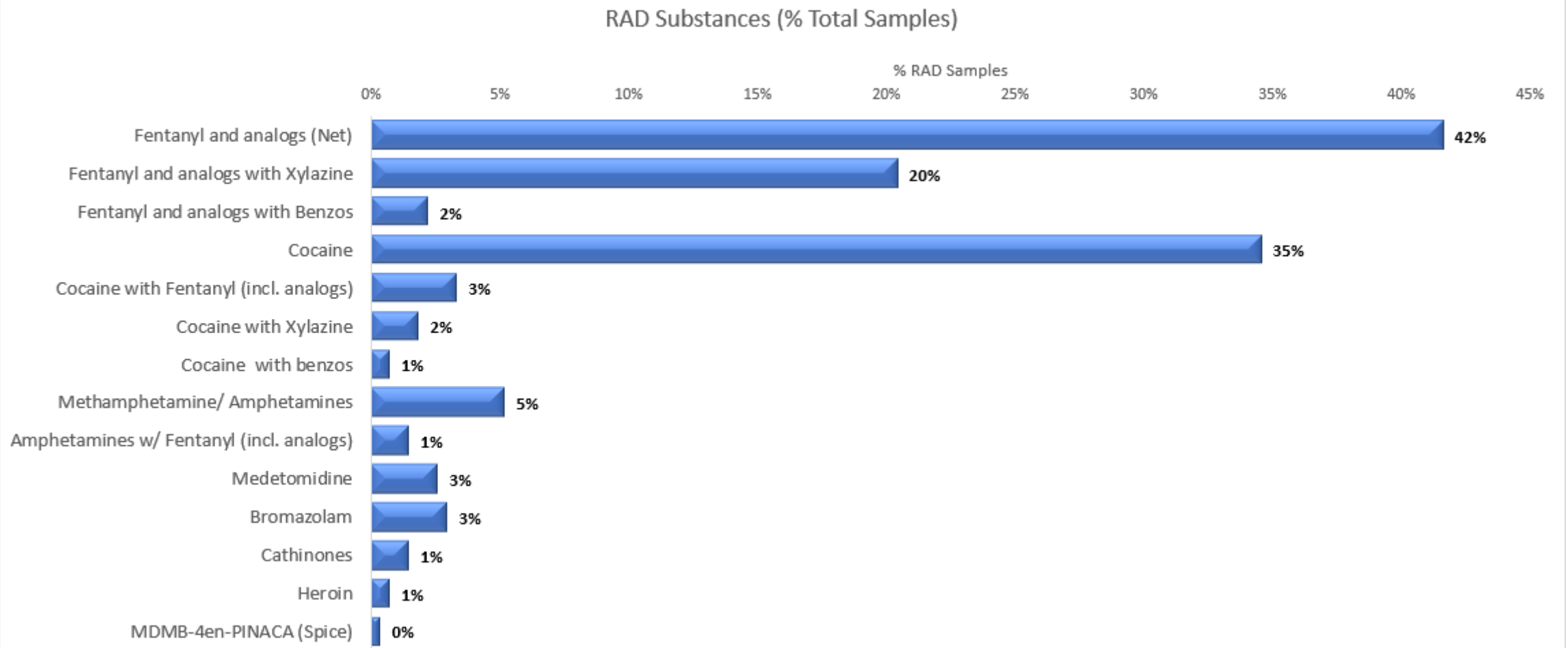
- Sterile needles, syringes, and other drug related equipment
Safe disposal containers for used needles and syringes
- Fentanyl testing strips
- Rapid Analysis of Drugs (RAD) drug checking program
- Education about safer injecting practices
- HIV education, testing and linkage to treatment
- HCV education, testing and linkage to treatment
- Education about overdose prevention
- Overdose response training and distribution of naloxone kits
- Safe sex supplies & education
- Wound care assessment, basic treatment, education & supplies
- Linkages to care & community supports- medical, mental health, social services, substance use treatment, etc.

RAPID ANALYSIS OF DRUGS (RAD)

- RAD allows SSP participants from across the state to submit drug paraphernalia for testing. SSP staff swab the paraphernalia, submitting it to lab for testing. Testing is completed using a DART-MS.
- The goals of RAD are to better understand the drug market, to empower people about their drug supply to inform decisions and reduce risks and to provide information about drug trends and drug supply.
- Frederick County participating since October 2021.
- RAD is an approved program activity, covered under the SSP Statute.



RAPID ANALYSIS OF DRUGS RESULTS



Non-Fatal Opioid-Related Overdoses	2016	2017	2018	2019	2020	2021	2022	2023	2024 YTD
Frederick County Sheriff's Office	167	117	107	98	88	79	68	57	13
Frederick Police Department	140	111	122	93	95	89	80	72	11
Brunswick Police Department	11	19	18	18	7	8	6	1	1
Thurmont Police Department	15	16	6	3	4	1	5	2	1
Maryland State Police	22	28	21	32	22	19	17	16	3
Mount Airy Police Department	-	-	5	1	0	2	1	0	1
Total	355	291	279	245	216	198	177	148	30

Fatal Opioid-Related Overdoses	2016	2017	2018	2019	2020	2021	2022	2023	2024 YTD
Frederick County Sheriff's Office	25	26	18	24	30	19	22	14	2
Frederick Police Department	22	18	26	17	26	21	27	18	2
Brunswick Police Department	4	2	5	0	2	2	1	1	0
Thurmont Police Department	2	3	4	1	0	1	3	1	0
Maryland State Police	1	2	2	7	2	1	2	5	1
Mount Airy Police Department	-	-	0	0	0	0	0	0	1
Total	54	51	55	49	60	44	55	39	6

Frederick County Opioid-Related Overdoses	2016	2017	2018	2019	2020	2021	2022	2023	2024 YTD
Total Non-Fatal Opioid Overdoses	355	291	279	245	216	198	177	148	30
Total Fatal Opioid-Related Overdoses	54	51	55	49	60	44	55	39	6
Total Opioid-Related Overdoses	409	342	334	294	276	242	232	187	36

Possible Opioid-Related Deaths / Medical Examiner Results Pending	2016	2017	2018	2019	2020	2021	2022	2023	2024 YTD
Frederick County Sheriff's Office	-	-	0	0	0	0	0	1	2
Frederick Police Department	-	-	0	0	0	0	0	0	1
Brunswick Police Department	-	-	0	0	0	0	0	0	1
Thurmont Police Department	-	-	0	0	0	0	0	0	0
Maryland State Police	-	-	0	0	0	0	0	0	1
Mount Airy Police Department	-	-	0	0	0	0	0	0	0
Total Deaths w/ ME Results Pending (Not yet designated as Opioid OD)	-	-	0	0	0	0	0	1	5

2024 = (01/01/24 to 04/30/24)



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Frederick County Health Department

THANK YOU!

CONTACT INFO:

ANDREA WALKER

AWALKER@FREDERICKCOUNTYMD.GOV



Update on Health Department Strategic Plan



Strategic Plan FY 2025-2029 At-A-Glance

January-March (7 weeks)

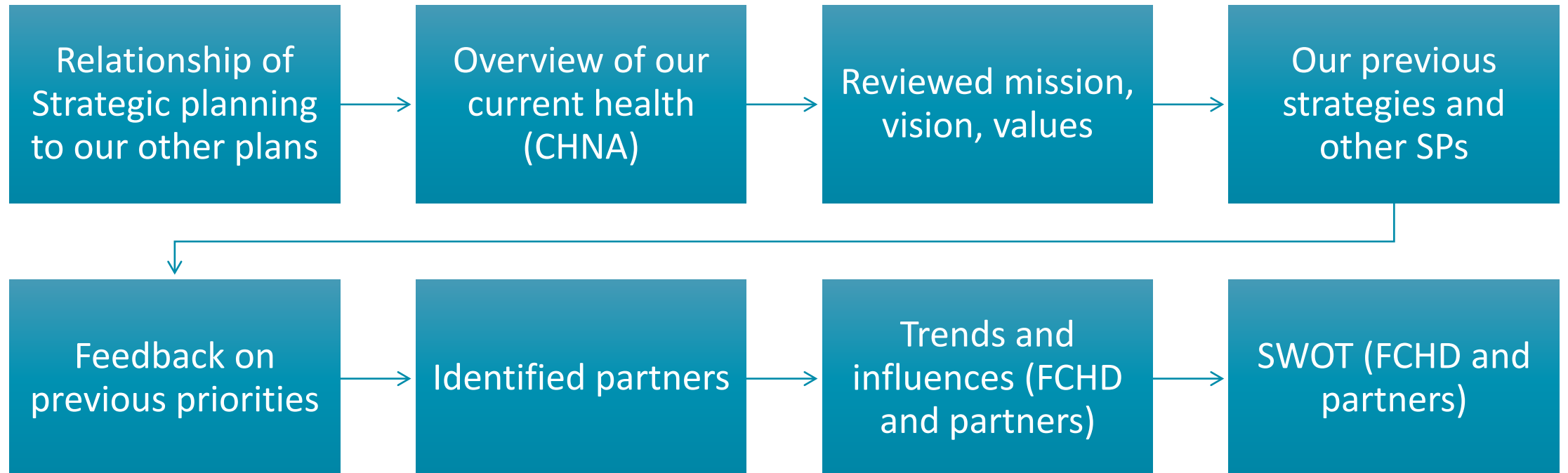
5 meetings

~22 members - all divisions represented

Mix of people with no, some, and lots of
experience with strategic planning

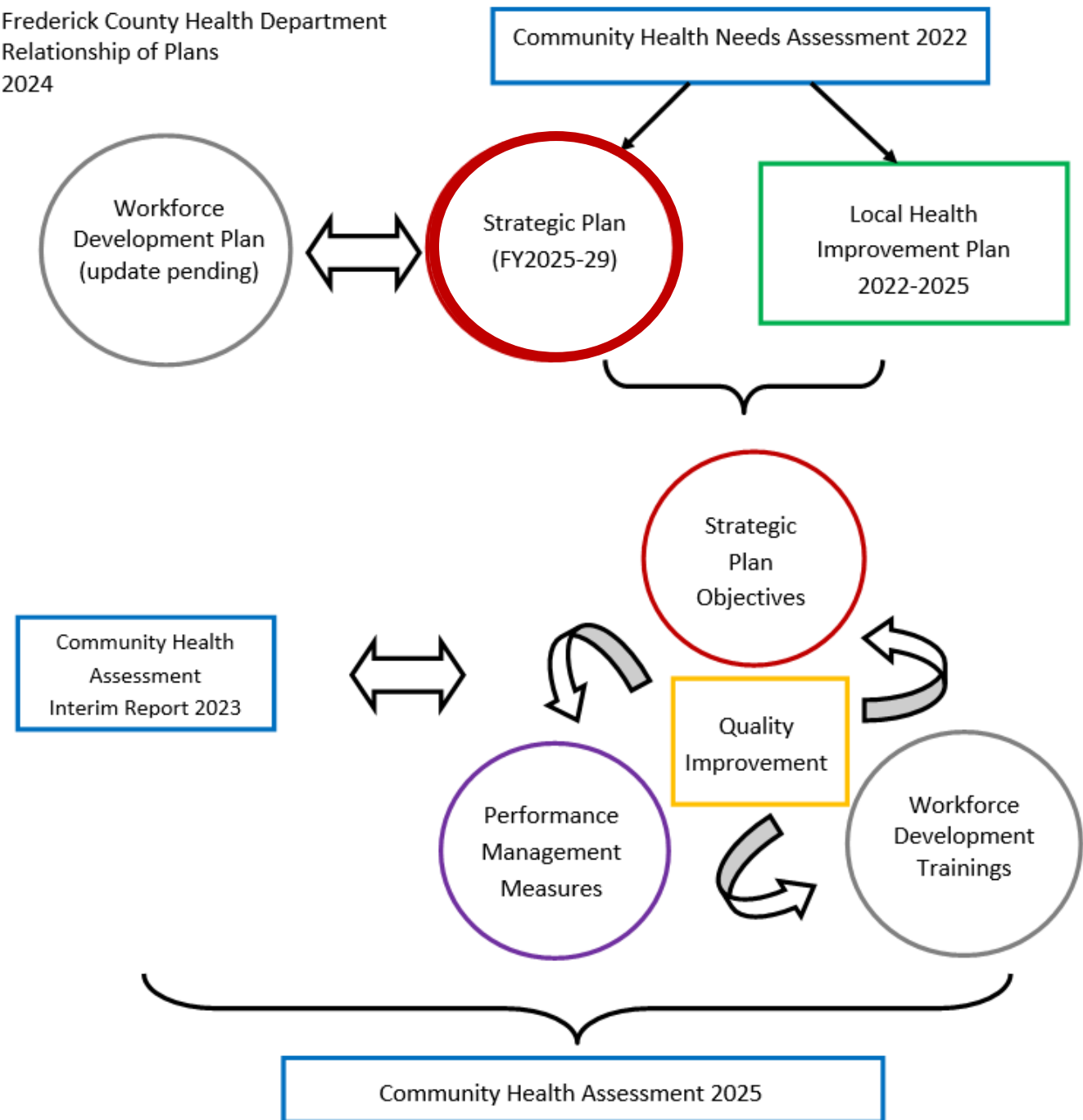
Mix of people by length of time at FCHD (3 months
to 30+ years)

The SP Team Covered



How does this fit in?

Here's our
relationship of
plans:





Our FY25-29 Priorities Are...

1

Community Collaboration – Develop and enhance purposeful collaboration with community members and partners.

2

Health Equity – Strengthen internal capacity and capability to address health equity.

3

Supported Workforce – Build a culture of belonging, development, and connection for all employees.



Next Steps



Now – June - Divisions will develop objectives and key actions for each priority.

These may be tied to data from the Community Health Needs Assessment, Local Health Improvement Plan work group goals, division performance measures, or stand alone.



Starting July - Each division will report progress on a quarterly basis.



Annual reports will summarize the progress made in each fiscal year and will be available for all FCHD staff to review through their “Plans” desktop icon.

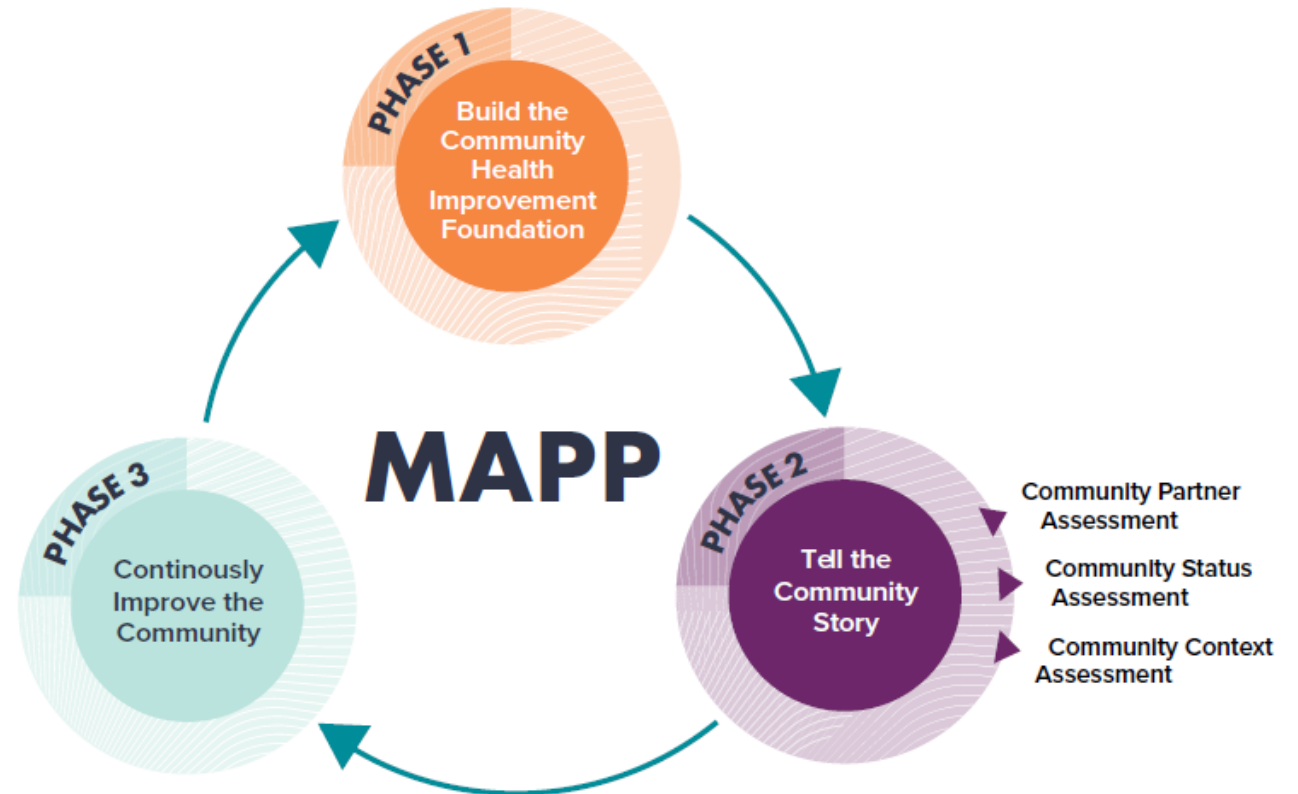


Update on New Community Health Needs Assessment Cycle

Guiding Elements of MAPP 2.0

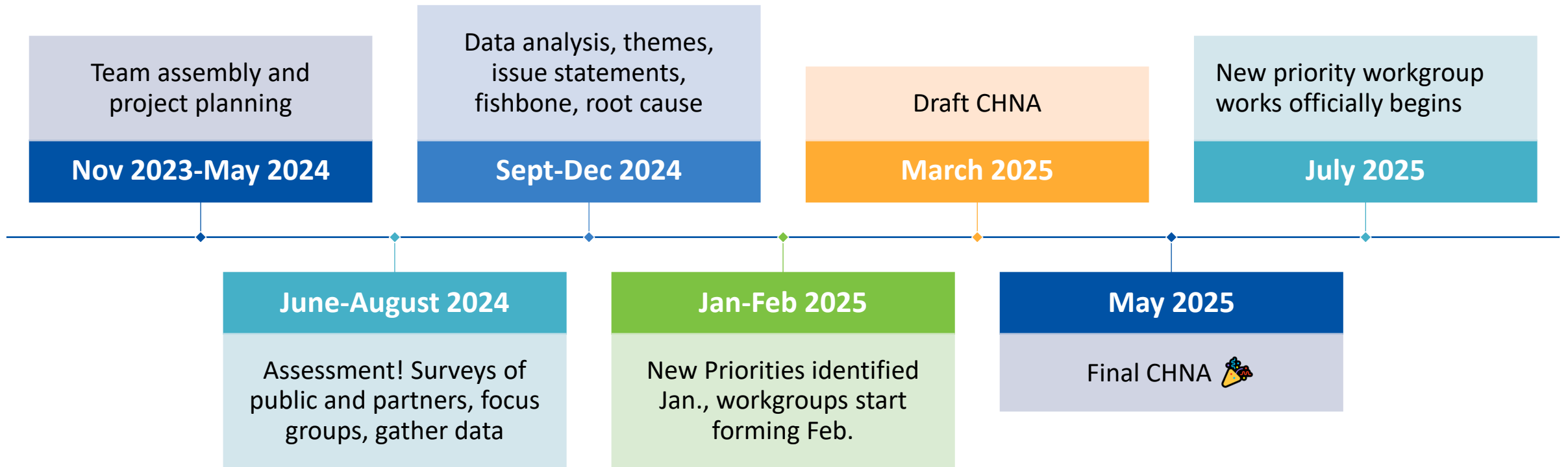
Mobilizing for **A**ction through **P**lanning and **P**artnership (**MAPP**)

- The goal of MAPP is to achieve health equity by identifying urgent health issues in a community and aligning community resources.
- MAPP is an opportunity to strategically work toward a community-owned vision through collective action.





Timeline





Brief Report on the Maryland Commission on Public Health



Commission on Public Health - Charge

Maryland's Commission on Public Health is tasked with

- ✓ assessing the *foundational public health capabilities* of state and local health departments in Maryland and
- ✓ analyzing the state's ability to respond to major public health challenges.

The Commission will make recommendations for reform in several areas, including:

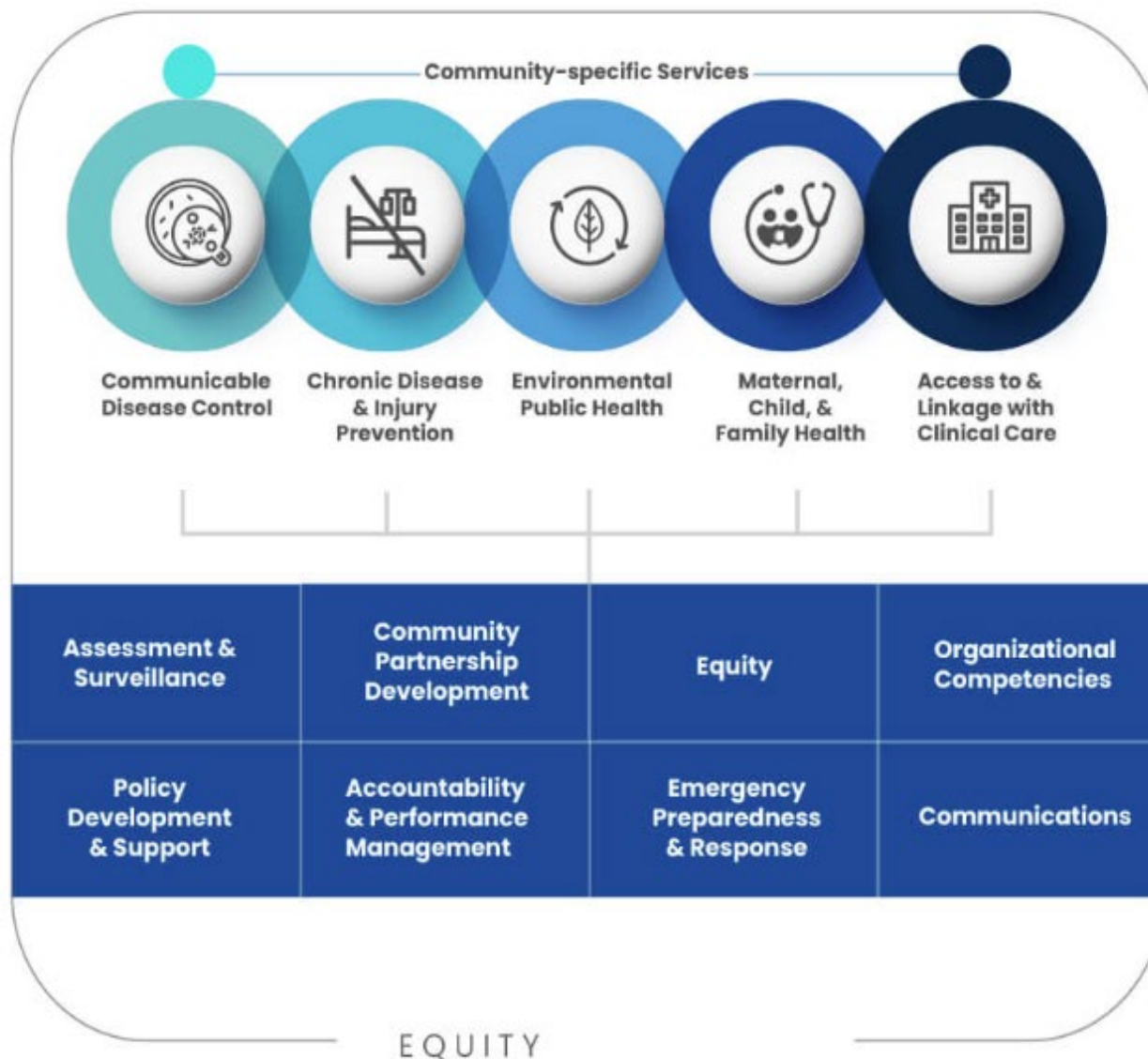
- the organization of [state and local] public health departments
- how the departments use information technology, exchange information with other organizations, and collect and report data
- the people, funding, and contract processes departments need to do their work
- how the departments communicate with and engage community members and groups

Final Report – anticipated distribution date = October 2025



Foundational Public Health Services

**Foundational
Areas**





CoPH Required Workgroups

(I) FUNDING;

(II) GOVERNANCE AND ORGANIZATIONAL CAPABILITIES;

(III) WORKFORCE;

(IV) DATA AND INFORMATION TECHNOLOGY; AND

(V) COMMUNICATION AND PUBLIC ENGAGEMENT.



Assessment Framework

- Surveys
 - Organizational surveys
 - Individual staff surveys
- Key informant interviews
 - Local Health Officer / Deputy LHO*
 - Select stakeholder organizations (mandated and recommended)
- Focus groups
 - System staff by function, interest, or role
- Site visits
 - 5* local health departments
- Public input
 - 5* listening sessions
 - Online comment form (and other accessible options)



CoPH Listening Sessions

Southern Maryland – St. Mary's County Health Department: Tuesday, April 16, 2024 from 5:15 – 6:30 p.m.

- Location: Chesapeake Building located at 41770 Baldrige Street Leonardtown, MD 20650

Western Maryland- Washington County Health Department: Thursday, May 23, 2024 from 5:00pm – 6:00pm

- Location: WCHD Behavioral Health Services 925 N. Burhans Blvd., Hagerstown, MD

Capital Region – Montgomery County Health Department: Tuesday, June 4, 2024

Central Maryland – Howard County Health Department: Thursday, June 13, 2024 at 5:00 p.m.

Eastern Shore – Talbot County Health Department: Tuesday, July 2, 2024



Current as of 02 May 2024. Check website for updates.



CoPH - Communications

Website: <https://smchd.org/commissiononpublichealth/>

LinkedIn: <https://www.linkedin.com/company/maryland-commission-on-public-health>



Old Business: Liaisons



Liaison Positions - Qualifications

Purpose: Liaisons shall serve as a resource, provide information and data, and answer questions as needed or requested by the Board of Health.

The Board shall appoint the following 6 liaisons:

- ☐ An Epidemiologist
- ☐ A nurse
- ☐ A mental health professional
- ☐ A veterinarian
- ☐ A member from the Frederick Chamber of Commerce, and
- ☐ One (1) person with a science related background



Liaison Recruitment – Next Steps in the Process

- ☐ Application will open in July for Nurse and Member with science related background
- ☐ Health Department will review applications and make recommendations
- ☐ Board of Health will meet with recommended candidates in August, date TBS
- ☐ Health Officer will provide background and onboarding information for new liaisons prior to October meeting



Liaison Positions – Appointment Terms

- Liaisons shall be appointed and confirmed by a majority of the Board of Health
- Liaisons shall have no voting privileges, and will not be counted in determining the presence of a quorum
- Liaisons will serve without compensation.
- With the exception of some of the initial appointments, the term of office of each of the members shall be for a period of three (3) years.
 - Of the initial 6 appointed liaisons,
 - 2 shall be appointed for a term that expires in 1 year,
 - 2 shall be appointed for a term that expires in 2 years, and
 - 2 shall be appointed for a term that expires in 3 years



Liaison Positions – Appointment Terms, cont'd

- Liaisons may be reappointed but may not serve more than 2 full consecutive 3-year terms.
- Vacancies shall be filled on the same basis as the original appointments for unexpired terms and shall be filled with a person of the same or similar background of the liaisons being replaced.
- Liaisons shall continue in office until their successors are appointed and qualified.



Inaugural Liaison Cohort

1. Chamber of Commerce member – Dr. Diana P. Castiblanco
2. Epidemiologist – Dr. René F. Najera
3. Mental Health Professional - Dr. Alison Bomba
4. Nurse – Dr. Jennifer Cooper
5. Science Related Background – Dr. Sheila Johnson
6. Veterinarian – Dr. Michael Schaden

Terms started 7/1/2023

- Nurse and person with a Science Related Background: 1-year term
- Mental health professional and Chamber of Commerce member: 2-year term
- Veterinarian and epidemiologist: 3-year term



Liaison Recruitment – Next Steps in the Process

Determine selection process for appointment:

- Packet of all applications distributed to all members
- All members review applications – closed session and narrow down to 1 applicant
- All **members** vote on applications – open session vote on single applicant per category

Are there preferences of interest, for example:

- preference for Frederick County residents and Frederick County workers
- preference for current employment experience in an area of selected expertise
- preference for others, e.g., years of experience in selected expertise, region of county, ??

Term - Set July 1 – June 30 as the term to reduce the confusion with the majority (all but 2) of the Boards and Commissions in Frederick County Government. (Ideally the liaisons would be appointed and oriented before the October meeting.)



BoH Website

<https://health.frederickcountymd.gov/627/Board-of-Health>

Board of Health

Maryland law establishes a Board of Health in each county. The local Board may adopt and enforce rules and regulations on any nuisance or cause of disease in the county as long as these are not contrary to and are at least as stringent as existing State laws, rules and regulations. The membership of the Board of Health consists of the seven County Council members and the County Executive. The County Health Officer is the executive officer and secretary of the Board of Health. The Board of Health follows these [Rules of Procedure](#).

The next Board of Health meeting is scheduled for:

- May 16, 2024 at 6pm in the 1st floor hearing room of Winchester Hall (12 East Church St. Frederick, MD 21701)

Board of Health's meetings can be listened to by phone while the meeting is occurring by calling 855-925-2801 and entering meeting code 8751.

Past meetings can be viewed in the [video archives](#) under "Other Boards and Commissions".

Email boardofhealth@frederickcountymd.gov or text (301) 900-5811 for assistance.

Liaisons

New legislation from the County Council establishes a new liaison role for the Board of Health (see [April 18, 2023 County Council meeting](#) at 56 minutes). On August 24, 2023, the following liaisons were approved:

1. Chamber of Commerce member – Dr. Diana P. Castiblanco
2. Epidemiologist – Dr. René F. Najera
3. Mental health professional - Dr. Alison Bomba
4. Nurse – Dr. Jennifer Cooper
5. Science related background – Dr. Sheila Johnson
6. Veterinarian – Dr. Michael E Schaden

Liaisons will serve for varying periods of time initially based on the number of applications received for each category. Terms will be from July 1 through June 30. After this first set of terms, all terms will be for 3 years.

- Nurse and persons with a science background: 1-year term
- Mental health professional and Chamber of Commerce member: 2-year term
- Veterinarian and epidemiologist: 3-year term

Proposed Regulations

- None

Current Regulations

- None

Past Regulations

- [BOH 01-2021](#)
- [BOH-01-2020](#)

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Proposed Timeline for Recruitment and Selection

May 17 - Announce the recruitment- media release, BoH webpage, e-mail, social media

June 17 - Due date for submission of applications

June-July - Review of applications

August or September TBD - Meeting for BoH members to vote on recommended applicants



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