

## Frederick County Suicide Prevention Coalition Meeting

Friday, October 18, 2024 - 11:00am to 12:30pm via Microsoft

Teams

Minutes

*The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.*

[Suicide Prevention Coalition website](#)

### Attendance

Andrea Baiocchi Walker, MPH, MA, CPRP, Director, Behavioral Health Services, Frederick County Health Department (FCHD) and Local Behavioral Health Authority (LBHA)

Amanda Adams, Child and Adolescent Coordinator, Behavioral Health Services, FCHD

Jay Hessler, Assistant Director, Behavioral Health Services, FCHD

Jennifer Kelley, Community Engagement & Partnership Coordinator, Martinsburg VA Med. Center

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Dr. Rachel Mandel, Community Advocate, TRF, Veteran

Jason Marshall, Regional Manager, Serving Together

Stephanie Shapiro, OFRT Coordinator, Behavioral Health Services, FCHD

Suzanne Salichs, Ph.D., Executive Director, Centro Hispano de Frederick

Kelley Turnbull, LCPC, School Therapist, Rock Creek School

Kevin Britt, Patrol Lieutenant, Frederick County Sheriffs Office

Reed Preece, Frederick Police Department

Emily Gebhart, Frederick Community College

Gigi Banks, Blue Star Families

Sarah Jahnes, Intern, Sheppard Pratt Mobile Crisis

Karim Martin, Equity Office, FCHD

Danielle Haskin, Director, Equity Office, FCHD

Amy Coldren, Director of Veteran and Military Services, Frederick Community College

Barbara van der Vossen, Supervisor, Kids Like Us

Stephanie Shapiro, OFRT Coordinator, Behavioral Health Services, FCHD

Shannon Heath Parkin, Peer Recovery Specialist, On Our Own Frederick, Suicide Attempt Survivor

Enjoli Gomez, Office of Suicide Prevention and Problem Gambling, MDH, Behavioral Health Administration

Summer McClellan, Workgroup Coordinator, Coalition for a Healthier Frederick

**Agenda**

1. Introductions (Name, Agency, How your role intersects death by suicide)
2. Review/Approval of Minutes
3. Announcements
  - a. Out of the Darkness Walk
  - b. SPC Presentations
4. Breakouts by Subcommittee
  - a. Responsible Gun Ownership
  - b. Education/Outreach
  - c. Postvention/Support Services
  - d. Veterans
5. Subcommittee Report Out
6. Announcements from BHA Office of Suicide Prevention
7. Adjourn

**1. Introductions**

Andrea Walker convened the meeting and introductions of meeting attendees occurred.

**2. Review/Approval of Minutes**

Minutes were reviewed and no corrections were noted.

**3. Announcements**

1. Stephanie Shapiro provided an update on the Out of the Darkness walk that occurred on 10/12/24. The coalition had a table at the event, where they handed out materials and gun locks to the community. The event allowed the coalition to interact with the community and spread awareness of the efforts of the coalition.
2. Amanda Adams provided information about Suicide Prevention Coalition presentations provided to the Veterans Advisory Council and Faith Community Partnership Quarterly Breakfast. The presentations at the VAC

was provided Jay Hessler and Hillary Gross, epidemiologist and the presentation at the Faith Community Partnership Breakfast was provided by Jay Hessler and Shannon Heath Parkin to raise awareness of the suicide data in Frederick County and the Suicide Prevention Coalition.

#### **4. Breakouts by Subcommittee**

- a. *Responsible Gun Ownership*
- b. *Education/Outreach*
- c. *Postvention/Support Services following death by suicide*
- d. *Veterans*

#### **5. Subcommittee Report Out**

- a. *Responsible Gun Ownership*: Dr. Mandel provided the report out. The group discussed specifics about the responsible gun ownership PSA with Channel Communications. Discussion was held regarding the coalition website to include the addition safe storage and gun lock information when the PSA is released.
- b. *Education/Outreach*: Stephanie Shapiro provided the report out. The group discussed about the Out of the Darkness walk and about handing out gun locks at the event. The Psych Club president from FCC provided the group with information about some events the club is planning for the next semester and how to bring in more community engagement. The group provided some suggestions regarding how to draw community engagement. Discussion was held around the senior focus groups to include how to bring connection to the community for seniors, what brings them support and how to better integrate seniors into the community.
- c. *Postvention/Support Services following completed/attempted suicide*: Summer McClellan provided the report out. The group reviewed the sample language from the general postvention outline and added additional resources. They worked to identify specific groups to include additional information in the guide for and discussed partnering with KLU for an event.
- d. *Veterans*: Amanda Adams provided the report out. The group discussed further trainings that could be held for the community to include Mental Health First Aid and possible partnership with the Governors Challenge to spread awareness about the Ask the Question campaign. Discussion was held around the continued outreach to local veteran serving organizations and spreading awareness of the coalition.

#### **6. Announcements from BHA Office of Suicide Prevention**

Enjoli Gomez made announcements on behalf of the Office of Suicide Prevention:

- The Reference Guide – Maryland Action Plan to prevent Suicide in schools K-12 made in collaboration with Dr. Poland, was released.
- Partnership is currently occurring with the Department of Aging to focus on prevention, intervention and postvention of the aging population.
- Lethal Means Trainings are upcoming.
- [The Office of Suicide Prevention Website](#)
- [Facebook](#) @mdhsuicideprevention
- [Instagram](#) @mdhsuicideprevention

- [Twitter/X](#) @mdhsuicideprev
- [The Scoop Newsletter](#)
- [Linktr.ee](#)

*Next meeting – 11/15/2024*

## **7. Adjourn**

