

## Frederick County Suicide Prevention Coalition Meeting

Friday, January 16, 2026 – 11:00am to 12:30pm via Microsoft

### Teams Minutes

*The mission of the Frederick County Suicide Prevention Coalition is to make Frederick County free of suicide through community collaboration rooted in suicide prevention best practices for safe and responsible gun storage, eliminating stigma surrounding suicide, and support for anyone thinking of or impacted by suicide.*

[Suicide Prevention Coalition website](#)

### Attendance

Andrea Baiocchi Walker, MPH, MA, CPRP, Director, Behavioral Health Services, Frederick County Health Department (FCHD) and Local Behavioral Health Authority (LBHA)

Jay Hessler, Assistant Director, Behavioral Health Services, FCHD

Jessica Ellis, Harm Reduction/Diversion Manager, Behavioral Health Services, FCHD

Chris Alley, Goodwill Monocacy Valley, Veteran

Lindsay Barnhart, Diversion Manager, State's Attorney's Office

Estelle Dupree, BHS, FCHD

Elizabeth Plapp, Hub Administrative Specialist, BHS, FCHD

Christian Isanogle, The Ranch

Dr. Rachel Mandel, Community Advocate, TRF, Veteran

Bless Whitaker, Mental Health Association

Hillary Gross, Epidemiologist, BHS, FCHD

Shannon Heath Parkin, Peer Recovery Specialist, On Our Own Frederick, Suicide Attempt Survivor

Summer McClellan, Program Manager, Coalition for a Healthier Frederick

Michaela Brown, Coordinator of Veterans Advisory Council of Frederick County

Ticcora Kulikowski, ERPO, FCHD

Jason Marshall, Regional Manager, Serving Together

Latisha Carr, Call Center Program Manager, Mental Health Association

Heidi Murray, Mental Health Association

Chris Allen, Frederick Health

Enjoli Gomez, Office of Suicide Prevention and Problem Gambling, MDH, Behavioral Health Administration

Ashley Deare, MH Coordinator, MDH

Effie Tucker, Maryland National Guard, Army

Dr. Suzanne Salichs, Executive Director, Centro Hispano de Frederick

**Agenda**

1. Introductions (Name, Agency, How your role intersects death by suicide)
2. Review / Approval of Minutes
3. 3. Announcements
  - a. HUB update
  - b. ERPO update
  - c. Suicide Fatality Review Team
4. Breakouts by Subcommittee
  - a. Responsible Gun Ownership
  - b. Education/Outreach
  - c. Postvention/Support Services following completed/attempted suicide
  - d. Veterans
5. Subcommittee Report Out
6. Announcements from BHA Office of Suicide Prevention
7. Adjourn

**1. Introductions**

- a. Jay Hessler convened the meeting. Introductions occurred.

**2. Review/Approval of Minutes**

- a. Minutes were reviewed and no corrections were noted.

**3. Announcements**

- a. Liz Plapp offered an update on the HUB, including review of applications for CHRC RFA.
- b. Ticorra Kulikowski gave an update on ERPO. She reports several training sessions, including 350 participants. She included a link to a recent podcast with Jay Hessler and acting chief of FPD, Kevin Meyer, in which they discussed ERPOs.
- c. Andrea Walker discussed the creation of a Suicide Fatality Review Team which will build on the framework of the existing Overdose Fatality Review Team. The Suicide Fatality Review Team will establish a codified process, pursuing from two pathways, utilizing the legal protections under COMAR. The review team will work to establish

any gaps in the system, institutional changes needed, and any actions steps that are needed. Discussion and no dissent from the committee.

**4. Breakouts by Subcommittee**

**5. Subcommittee Report Out**

- a. Responsible gun ownership- Dr. Rachel Mandel reported out. She discussed the gun safes and rack card and a correction that needs to be made. See link below for harm reduction vending machines with gun locks.  
<https://health.frederickcountymd.gov/DocumentCenter/View/9930/Harm-Reduction-Vending-Machine-Flyer?bidId=>
- b. Education/Outreach-Liz Plapp reported out. Discussed reaching out to senior citizen facilities and listening sessions coming up. MHA tour has been offered for Feb. 5<sup>th</sup>.
- c. Postvention/Support Services following completed/attempted suicide- Estelle Dupree reported out. The sub-committee has been making good progress on their website and materials.
- d. Veterans-Amy Coldren reported out. She discussed upcoming training, VA SAVE Veterans, Jan 22<sup>nd</sup>, 1 pm and Mental Health First Aid, Jan, 30<sup>th</sup>, 9-3 pm. As well as community events, Veteran Appreciation Event, May 2<sup>nd</sup>.

**6. Enjoli Gomez from MDH.**

There will be a panel in May. Feb 26<sup>th</sup>, a roundtable, “Taking Care of Us”. A new funding opportunity for reducing gun violence in MD, webinar on Jan 26<sup>th</sup>, \$200,000 awarded, for July 1<sup>st</sup> 2026-June 30<sup>th</sup>, 2027 timeframe.

- a. **see the linktree below.** Perinatal/Postpartum training on Jan 23<sup>rd</sup> – 10-12 pm.

<https://url.usb.m.mimecastprotect.com/s/JITUCA8LMKcEQxpAUGfnFG9BeJ?domain=linktr.ee>

*Next meeting – 2/20/26, 11am-12:30pm*

**7. Adjourn**

ServingTogether.  
Connecting Veterans.

A program of EveryMind.  
Affiliated with AmericaServes



# Mental Health First Aid

Join us for an 8-hour Mental Health First Aid training in partnership with the Veteran Services Center at Goodwill. This veteran-focused course will help you learn how to recognize and respond to mental health challenges. You'll gain practical skills to identify warning signs, offer initial support, and connect individuals with appropriate resources. With early intervention and informed action, you can make a meaningful difference in someone's life.



## Learn how to:



Recognize and  
address mental  
health and  
substance use  
issues



Offer immediate  
support for those in  
crisis or developing  
problems



Review mental  
health resources for  
service members and  
supporters



Reduce stigma and  
connect a person  
with help



9:00am - 4:00pm  
**FRIDAY, JANUARY 30, 2026**



Veteran Services Center at Goodwill  
**1750 Monocacy Blvd, Suite A,  
Frederick, MD 21701**



**Mental Health FIRST AID®**  
from NATIONAL COUNCIL FOR MENTAL WELLBEING®

**REGISTER TODAY**



[bit.ly/3XRKhXf](https://bit.ly/3XRKhXf)

Contact Donny Williams at [DWilliams@EveryMind.org](mailto:DWilliams@EveryMind.org) with any questions.

# PARTNER WITH US

## to Prevent Veteran Suicide

Upcoming VA S.A.V.E. Training  
Thursday, Jan. 22, 2026 at 1 p.m.  
Veteran Services Center at Goodwill  
1750 Monocacy Blvd, Suite A  
Frederick, MD 21701

### We offer VA S.A.V.E. training for the community

The Martinsburg VA Medical Center Suicide Prevention Team offers VA S.A.V.E. training to community partners. VA S.A.V.E. highlights facts about suicide within the Veteran population, dispels myths, and counteracts misinformation. It also provides an overview of warning signs and risk factors for suicide and details the components of the VA S.A.V.E. model.



### More Information

**Ashley Stouffer, Suicide Prevention  
Coordinator**  
[ashley.stouffer@va.gov](mailto:ashley.stouffer@va.gov)  
304-263-0811 ext. 2035

**VA**



**U.S. Department of Veterans Affairs**  
Veterans Health Administration  
Martinsburg VA Medical Center

### What is VA S.A.V.E. Training?

VA S.A.V.E. Training is a free, brief online or in-person course that will help you act with care and compassion if you come across a Veteran who is in crisis or having thoughts of suicide. The acronym S.A.V.E. helps you remember the important steps involved in suicide prevention:

- S** Spot the signs a Veteran might be thinking about suicide
- A** Ask the critical question — “Are you thinking of killing yourself?”
- V** Validate the Veteran’s experience
- E** Encourage and support next steps with the Veteran