



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

FREDERICK COUNTY, MARYLAND JOINT INFORMATION CENTER COVID-19



News Release

Media Contact: Rissah Watkins
Frederick County Health Department
JIC@FrederickCountyMD.Gov
301-600-7662 • TTY Use Maryland Relay

FOR IMMEDIATE RELEASE:

Frederick County Agency Updates for October 8, 2020

Frederick, MD – October 8, 2020

Frederick County Health Department:

| | | |
|---|---|--------------------------------------|
| Confirmed Cases 4,279 Change in Last 24 Hours: +30 | Confirmed Deaths 126 Change in Last 24 Hours: +0 | 7-Day Positivity Rate 2.3% |
|---|---|--------------------------------------|

Please check our dashboard for daily statistics: <http://FrederickCountyMD.gov/COVIDstats>.

Frequently Asked Question: If I'm in quarantine for 14 days because I'm a contact of someone who tested positive for COVID-19 and I test negative for COVID-19 myself, can I end my quarantine early?

- *Answer:* No, a negative result for a COVID-19 test during quarantine does not shorten the 14 day quarantine. People who are exposed to someone with COVID-19 are in quarantine for 14 days because of the incubation period of the virus. It is possible to test negative on day 4 of quarantine and still develop symptoms and test positive a few days later. It is important to stay in quarantine for the entire 14 days to make sure that you don't get sick yourself and possibly spread the virus to others. Read more about quarantine [here](#).

Did you know?

If you're in quarantine for a COVID-19 exposure and you get a COVID-19 test and it's *negative*... you STILL have to stay in quarantine the full 14 days.

#LoveFrederick




-more-

Frederick County Joint Information Center COVID-19
www.frederickcountymd.gov/JIC

Page 2/JIC

2020 Census:

The 2020 Census has been extended to October 31! By completing the 2020 Census, you will make a difference in our community for the next 10 years. However, without participation from everyone, our community could lose millions of dollars of federal funding for schools, roads, health care and emergency services, community programs and much more.

Complete the short census questionnaire at my2020census.gov in less time than it takes to drink your morning coffee.

Complete your Census NOW!
DEADLINE IS EXTENDED TO OCTOBER 31
Three ways you can do it

CALL
844-330-2020
14 languages supported

ONLINE
my2020census.gov

TEXT
CENSUS to 77788

Take 10 minutes to shape your future!

City of Frederick:

Foodbank Now Offering Appointments Via Online Signup

To ensure the safety of all guests, the Frederick Community Action Agency Foodbank is now accepting appointments for the foodbank via an online scheduler. Anyone who wishes to visit the foodbank to receive food should visit frederickmd.gov/foodbankappt.

The foodbank's hours remain on a reduced schedule at this time - Mondays, Tuesdays, Thursdays, and Fridays 2PM - 4PM.

In addition to foodbank hours, community food drops continue. For more information, visit cityoffrederickmd.gov/fcaa.

-more-



Page 3/JIC

Frederick County Public Schools:

FCPS will continue in a virtual learning model through the first semester, which is scheduled to end on January 26, 2021. During their regular meeting, the Board of Education discussed options for a hybrid approach. Motions to move toward the hybrid model of the reopening plan failed to generate enough votes to pass.

Also at yesterday's meeting the Board voted to accept the recommendations from the Return-to-Play (RTP) Committee to continue with the Maryland Public Secondary Schools Athletic Association's (MPSSAA) Two-Semester Plan for Interscholastic Athletics, with the potential of approving earlier starting dates and longer seasons that reasonably align with the return of students to classrooms. The approved recommendations include continuing the voluntary first-semester conditioning and skill-based practices. The recommendations also included allowing winter sports to move inside and approving use of weight and conditioning rooms, provided the RTP Committee develops plans with guidelines for health and safety measures.

In addition, the Board voted to include co-curricular activities with transportation provided and extra-curricular activities inside at schools where these opportunities are available. Participants must adhere to all established safety protocols regarding masks and social distancing.

FCPS has posted the news releases online:

[FCPS to Continue Virtual Learning Model](#)

[Board Approves Return-to-Play Recommendations](#)

For more information:

Frederick County residents can call 866-411-6803 to reach our local 211 center with general questions about coronavirus or COVID19.

Accurate COVID-19 information is critical to the community. For the most current and accurate information about this situation, please refer to the following:

- City of Frederick: <https://cityoffrederickmd.gov/covid19>
- Frederick County Government: www.frederickcountymd.gov/Coronavirus
- Frederick County Health Department: health.frederickcountymd.gov/coronavirus
- Maryland Department of Health (MDH): coronavirus.maryland.gov
- Centers for Disease Control (CDC): coronavirus.gov

###