



Public Health  
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Frederick County Health Department

# FREDERICK COUNTY, MARYLAND JOINT INFORMATION CENTER COVID-19



## News Release

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301-600-7662 • TTY Use Maryland Relay

FOR IMMEDIATE RELEASE:

### Frederick County Agency Updates for October 15, 2020

Frederick, MD – October 15, 2020

#### Frederick County Health Department:

Confirmed Cases <b>4,436</b> Change in Last 24 Hours: +37	Confirmed Deaths <b>129</b> Change in Last 24 Hours: +2	7-Day Positivity Rate <b>2.7%</b>
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Please check our dashboard for daily statistics: <http://FrederickCountyMD.gov/COVIDstats>.

*Frequently Asked Question:* How should I wash my face covering?

- *Answer:* Masks are an additional step to help slow the spread of COVID-19 when combined with [every day preventive actions](#) and [social distancing](#) in public settings. Masks should be washed regularly. It is important to always [remove masks correctly](#) and [wash your hands](#) after handling or touching a used mask, and to clean your mask properly!
  - You can include your mask with your regular laundry. Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the mask.
  - If you choose to wash your mask by hand, use a bleach solution containing 5.25%–8.25% sodium hypochlorite. Your bleach solution should be 5 tablespoons (1/3rd cup) of bleach per gallon of room temperature water or 4 teaspoons of bleach per quart of room temperature water. Soak the mask in the bleach solution for 5 minutes.
  - To dry your mask, you can use the highest heat setting and leave in the dryer until completely dry OR lay flat and air dry, preferably in direct sunlight.

For more information, go see [CDC's recommendations](#).

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Frederick County Joint Information Center COVID-19  
[www.frederickcountymd.gov/JIC](http://www.frederickcountymd.gov/JIC)

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### *A Way Forward Together*

Lives everywhere have been affected by COVID-19. The pandemic is not only posing significant health risks but causing enormous emotional distress as well. But there's a way forward for anyone who's struggling in Frederick County.

If you're facing emotional abuse, call 2-1-1. If you're in physical danger, call 9-1-1. Visit <https://awayforwardtogether.org/>.



### **Office of the County Executive--Sustainability and Environmental Resources:**

Community members are invited to learn more about the role that buildings can play in the fight against COVID-19 at the Frederick County Sustainability Commission's virtual meeting on October 21 at 3 p.m. Experts from the International WELL Building Institute (IWBI) will be presenting on an actionable framework for organizations and communities responding to COVID-19 and preparing for a safer and healthier future.



To watch, view on Facebook at Frederick County Sustainability Commission or to listen, dial toll-free 855-925-2801 and enter code 9813. For more options, hit \*. For the agenda, please go to <https://www.frederickcountymd.gov/7639/FCSC-Meeting-Agendas-and-Minutes>

The International WELL Building Institute (IWBI) oversees the world's premier framework for advancing health in buildings and spaces of all kinds - the WELL Building Standard (WELL). WELL is grounded in the premise that buildings, communities and organizations play a leading role in supporting our health and well-being, as well as our collective ability to prepare for and respond to global health challenges like the one we're experiencing now.

A WELL Health-Safety Rating was created from feedback from IWBI's Task Force on COVID-19 and Other Respiratory Infections, a group of nearly 600 public health experts, virologists, government officials, academics, business leaders, architects, designers, building scientists and real estate professionals, which was established in late March 2020 to support IWBI's response to the pandemic. This group identified the importance of guiding facility owners and operators towards evidence-based best practices for mitigating the spread of COVID-19 and for navigating this crisis and beyond.

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**For more information:**

Frederick County residents can call 866-411-6803 to reach our local 211 center with general questions about coronavirus or COVID19.

Accurate COVID-19 information is critical to the community. For the most current and accurate information about this situation, please refer to the following:

- City of Frederick: <https://cityoffrederickmd.gov/covid19>
- Frederick County Government: [www.frederickcountymd.gov/Coronavirus](http://www.frederickcountymd.gov/Coronavirus)
- Frederick County Health Department: [health.frederickcountymd.gov/coronavirus](http://health.frederickcountymd.gov/coronavirus)
- Maryland Department of Health (MDH): [coronavirus.maryland.gov](http://coronavirus.maryland.gov)
- Centers for Disease Control (CDC): [coronavirus.gov](http://coronavirus.gov)

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An infographic with a light purple background and a white chevron pattern. The title "How do I clean my cloth face covering?" is in large, bold, black font. Below the title are four cleaning methods, each with an icon and a text description. The icons are: a washing machine, a red bucket with a blue cloth, a dryer, and a sun with a cloud. At the bottom left is the Frederick County seal, and at the bottom right is the Public Health logo with the tagline "Prevent. Promote. Protect." and "Frederick County Health Department". The hashtag "#LoveFrederick" is centered at the bottom.

## How do I clean my cloth face covering?

-  **In Washing Machine:** include your mask with your regular laundry. Use regular laundry detergent and the warmest water setting for the cloth used to make the mask.
-  **By hand:** use a bleach solution containing 5.25%–8.25% sodium hypochlorite. Soak the mask in the bleach solution for 5 minutes.
-  **In Dryer:** Use the highest heat setting and leave in the dryer until completely dry
-  **Airdry:** Lay flat and allow to completely dry. If possible, place the mask in direct sunlight.

#LoveFrederick

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