



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

FREDERICK COUNTY, MARYLAND JOINT INFORMATION CENTER COVID-19



News Release

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FOR IMMEDIATE RELEASE:

Frederick County Agency Updates for July 23, 2020

Frederick, MD – July 23, 2020

Frederick County Health Department:

Confirmed Cases 2,820 Change in Last 24 Hours: +24	Confirmed Deaths 113 Change in Last 24 Hours: +0	7-Day Positivity Rate 3.3%
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Please check our dashboard for daily statistics: <http://FrederickCountyMD.gov/COVIDstats>.

Frequently Asked Questions:

Question: Should I wear a mask at the gym?

Answer: You should wear a face covering when entering or leaving the gym and when interacting with gym workers or other people working out. You should wear your face covering while exercising if you can do so safely. If you can't safely wear a face covering while exercising, stay further away from other people who are exercising as much as possible. You can see other tips for fitness centers, martial arts and dance studios [here](#).

Question: How should I clean my mask?

Answer: Cloth face coverings should be washed after each use. It is important to always [remove face coverings correctly](#) and [wash your hands](#) after handling or touching a used face covering. You can include your face coverings with your regular laundry, use regular laundry detergent, and wash on the warmest water setting appropriate for the cloth used to make the face covering. Here are [more tips](#).

Disposable face coverings should be thrown away after each use in the regular garbage.

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Frederick County Joint Information Center COVID-19
www.frederickcountymd.gov/JIC



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Upcoming Testing Clinics

Upcoming testing clinics include:

- Thursdays in Frederick at the Rescue Mission, 419 West South Street, 2pm-6pm.
- Thursdays in Brunswick at Railroad Square from 5-7pm.
- Friday, July 24 in Thurmont at the Municipal Building parking lot, 615 E. Main Street, 5pm-7pm. (Will be every other week, next on August 7.)
- Saturdays at 101 West All Saints Street in Frederick (parking lot of the Asbury United Methodist Church) from 1-3pm
- Mondays in Frederick at the Rescue Mission, 419 West South Street, 12pm-1:30pm.
- Tuesday, July 28 in Emmitsburg at the Seton Center, 226 Lincoln Ave, 12pm-2pm. (Will be every other week, next on August 11.)

The Frederick County Health Department testing clinics are open to the public with no appointment. Face coverings and physical distancing are required, but no documentation, insurance, or doctor's order is needed. Testing is FREE and you don't have to be sick to be tested. These clinics use diagnostic (not antibody) tests.

These clinics are low/no barrier clinics aimed to meet the needs of community members who face challenges such as lacking health insurance, a primary care provider, or reliable transportation. Registration is not required so that the walk-up clinics remain as accessible as possible. Spanish interpreters are on-site. Frederick Health Hospital curbside testing also does not have registration requirements, but a vehicle is required.

For current testing locations in Frederick County and more information, please visit <https://health.frederickcountymd.gov/coronavirus>.

Frederick Health Hospital:

High Heat Closure of Drive-Thru COVID-19 Testing Site

For your safety and the safety of our staff, the COVID-19 Curbside Testing line will close at 11a.m. on days where the temperature is 90°F or above.

- **If you are in need of testing for an upcoming Frederick Health procedure**, proceed to our Toll House location at 501 West 7th Street for COVID-19 testing. This site will operate 12 noon-2 p.m.
- If you or someone you know plans to visit our testing site soon, we suggest arriving to the testing site early in the day. As a reminder, the testing site opens daily at 7a.m. Scheduling updates are also posted on the [Frederick Health Facebook page](#).

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If at any time you feel short of breath or are having a medical emergency, call 911 or go to the Emergency Department. **Please inform ER/EMS that you have been tested for COVID-19** so they can be properly protected.

To download the official handout, please click on the following link:

- [Drive-Thru COVID-19 Testing Site Handout \(ENGLISH\)](#)
- [Drive-Thru COVID-19 Testing Site Handout \(SPANISH\)](#)

Virtual Visits

Frederick Health Hospital offers virtual visits online with no appointment needed and no waiting time. The cost is \$25 per visit. See more details [here](#).

Office of Economic Development:

Check out the article about Face Coverings and Businesses that was published in the Office of Economic Development's newsletter here: <http://www.discoverfrederickmd.com/news/face-coverings>.

For more information:

Frederick County residents can call 866-411-6803 to reach our local 211 center with general questions about coronavirus or COVID19.

Accurate COVID-19 information is critical to the community. For the most current and accurate information about this situation, please refer to the following:

- City of Frederick: <https://cityoffrederickmd.gov/covid19>
- Frederick County Government: www.frederickcountymd.gov/Coronavirus
- Frederick County Health Department: health.frederickcountymd.gov/coronavirus
- Maryland Department of Health (MDH): coronavirus.maryland.gov
- Centers for Disease Control (CDC): coronavirus.gov

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WEAR A MASK:

- ✓ IN RETAIL STORES AND BUSINESSES
- ✓ ON PUBLIC TRANSPORTATION
- ✓ ANYWHERE YOU CAN'T MAINTAIN A SIX-FOOT DISTANCE FROM OTHERS

#MASKSONMARYLAND