



Public Health  
Prevent. Promote. Protect.

Frederick County Health Department

# FREDERICK COUNTY, MARYLAND JOINT INFORMATION CENTER COVID-19



## News Release

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301-600-7662 • TTY Use Maryland Relay

FOR IMMEDIATE RELEASE:

### Frederick County Agency Updates for July 28, 2020

Frederick, MD – July 28, 2020

#### Frederick County Health Department:



Please check our dashboard for daily statistics: <http://FrederickCountyMD.gov/COVIDstats>.

#### *Frequently Asked Questions:*

Question: What is an appropriate face covering?

Answer: Any face covering that can be safely worn over your nose, your mouth and the sides of your face. This includes cloth homemade masks, bandannas, scarves, neck gaiters and other similar face covers.

A face shield worn alone does not completely cover the nose and mouth, and it does not qualify as a face covering.

Masks with valves are also ineffective at preventing the spread of COVID-19. During a pandemic, surgical and N95 masks may be in short supply and best reserved for healthcare professionals.

Wear glasses? A face covering with an adjustable nose bridge will keep warm air from escaping out the top and fogging up your glasses. You can DIY by adding pipe cleaners, twist ties, or the flexible piece from a coffee bag to the nose area of a cloth face covering!

**-more-**

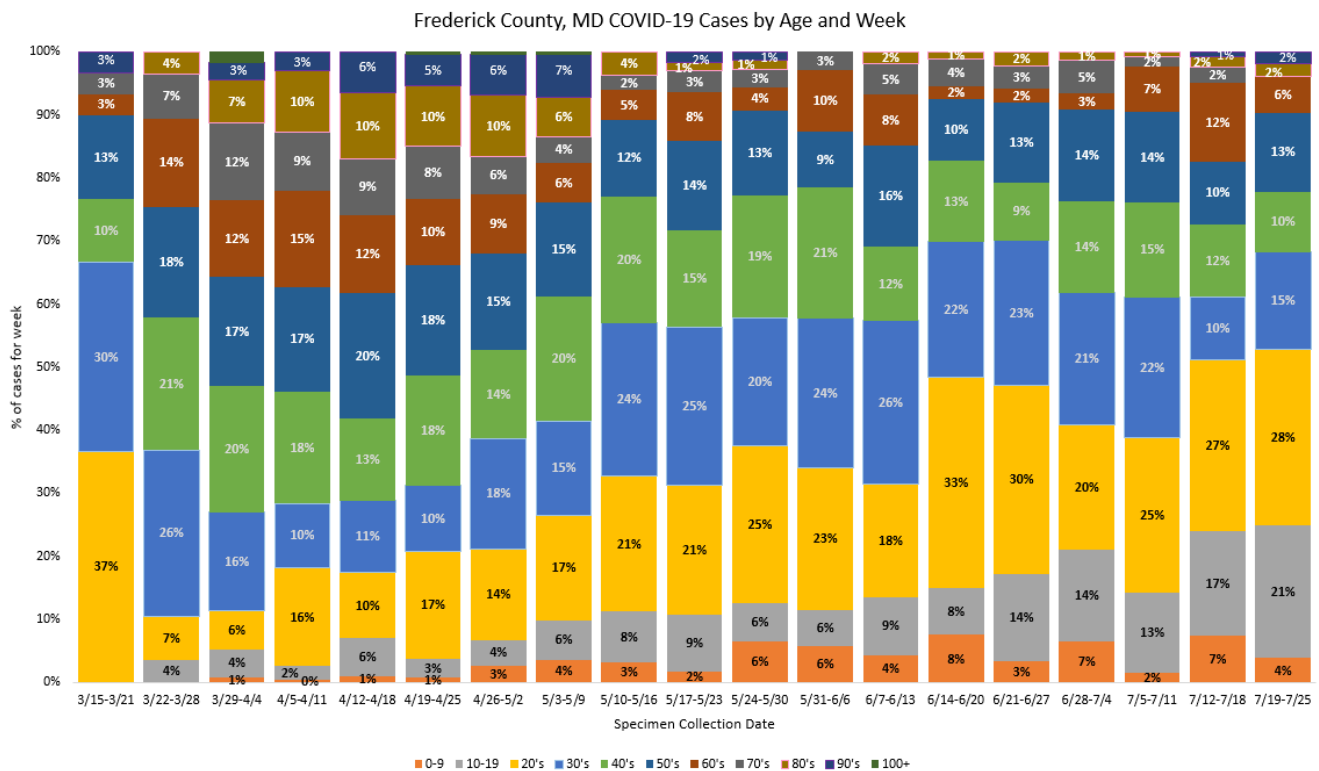


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Trends

Frederick County has recently been experiencing an increase in people testing positive for COVID-19, as well as an increase in hospitalizations of people positive for COVID-19. The health department is watching the trends closely. It is important that everyone in our community continues to take action to reduce the risk of spreading the virus so that our community can be healthier and our businesses can remain open.

Frederick County, like much of Maryland, is seeing more young people testing positive. The graph below shows the Frederick County COVID-19 cases by the date the specimen was collected. The different colors show the age of the people who tested positive by age decade. The grey bars represent people age 10-19 years with COVID-19 and the yellow bars represent people in their 20's who tested positive for COVID-19. Both grey and yellow bars have been increasing over the previous weeks. Last week (ending in July 25), over half of the people who tested positive were younger than 30 years old.



This graph will be updated weekly on Wednesdays and posted to <http://FrederickCountyMD.gov/COVIDstats> to show the previous week's data. Click on chart to see larger.

While young people may not be as likely to need a hospital level of care or die from COVID-19, they are capable of spreading the virus to others who may be at greater risk of needing hospitalization and dying according to the research that is currently available. For this reason, everyone of all ages should follow the recommended best practices of wearing face coverings, washing hands, and maintaining physical distance from others to reduce their risk of exposure and unknowingly spreading the virus.

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### *Upcoming Testing Clinics*

The Frederick County Health Department testing clinics are open to the public with no appointment. Face coverings and physical distancing are required, but no documentation, insurance, or doctor's order is needed. Testing is FREE and you don't have to be sick to be tested. These clinics use diagnostic (not antibody) tests.

These clinics are low/no barrier clinics aimed to meet the needs of community members who face challenges such as lacking health insurance, a primary care provider, or reliable transportation. Registration is not required so that the walk-up clinics remain as accessible as possible. Spanish interpreters are on-site. Frederick Health Hospital curbside testing also does not have registration requirements, but a vehicle is required.

For current testing locations in Frederick County and more information, please visit <https://health.frederickcountymd.gov/coronavirus> and check out the calendar for dates and times.

Upcoming testing clinics include:

- Thursdays in Frederick at the Rescue Mission, 419 West South Street, 2pm-4pm.
- Thursdays in Brunswick at Railroad Square from 5-7pm.
- Saturdays at 101 West All Saints Street in Frederick (parking lot of the Asbury United Methodist Church) from 1-3pm
- Mondays and Thursdays in Frederick at the Rescue Mission, 419 West South Street, 12pm-1:30pm Mondays, 2-4 Thursdays.

Plan ahead:

- Next clinic in Emmitsburg will be August 11 at the Seton Center, 226 Lincoln Ave, 12pm-2pm.
- Next clinic in Thurmont will be August 7 at the Municipal Building parking lot, 615 E. Main Street, 5pm-7pm.

### **TransIT:**

Please remember all passengers and drivers must wear a mask or facial covering when onboard a TransIT vehicle. Thank you for riding TransIT and for helping keep everyone safe.

### **For more information:**

Frederick County residents can call 866-411-6803 to reach our local 211 center with general questions about coronavirus or COVID19. Accurate COVID-19 information is critical to the community. For the most current and accurate information about this situation, please refer to the following:

- City of Frederick: <https://cityoffrederickmd.gov/covid19>
- Frederick County Government: [www.frederickcountymd.gov/Coronavirus](http://www.frederickcountymd.gov/Coronavirus)
- Frederick County Health Department: [health.frederickcountymd.gov/coronavirus](http://health.frederickcountymd.gov/coronavirus)
- Maryland Department of Health (MDH): [coronavirus.maryland.gov](http://coronavirus.maryland.gov)
- Centers for Disease Control (CDC): [coronavirus.gov](http://coronavirus.gov)

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Coronavirus Disease 2019  
**COVID-19**

What you need to know to keep your family safe and healthy.

**WEAR THIS**  
CLOTH FACE COVERING



**NOT THAT**  
MASK WITH VALVE

Some face masks have a plastic valve embedded in the fabric. This is a one-way valve which prevents pathogens from entering but does not prevent them from leaving when you exhale. When you wear a face mask with a valve, most of what you're exhaling is unfiltered, and you're potentially putting others at risk for the spread of COVID-19.

[www.tricare.mil/coronavirus](http://www.tricare.mil/coronavirus)

