



Public Health
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Frederick County Health Department

News Release

CONTACT: Rissah Watkins

301-600-6005

TTY: 800-735-2258

FCHealthDept@FrederickCountyMD.gov

FOR IMMEDIATE RELEASE:

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Frederick County Board of Health Recommends Following CDC Mask Guidance

FREDERICK, MD -- In consultation with the Frederick County Board of Health, the Health Department re-affirms the [CDC guidelines](#) that masks are recommended to be worn indoors by everyone over the age of two years, including people who are fully vaccinated.

This recommendation is for areas of [substantial or high community transmission](#) of COVID-19, where the rates have remained substantial or high for seven (7) consecutive days. Frederick County has been in substantial and high community transmission since the beginning of August 2021.

This recommendation from the Frederick County Board of Health remains in effect until the community transmission rate drops below substantial for seven (7) consecutive days.

Barbara A. Brookmyer, M.D., M.P.H. ▪ Health Officer



350 Montevue Lane ▪ Frederick, MD 21702

Phone: 301-600-1029 ▪ Fax: 301-600-3111 ▪ MD TTY: 1-800-735-2258

