



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

JULY 23, 2025

Frederick County Board of Health Liaisons Selected

FREDERICK, MD – The Frederick County Board of Health appointed two new liaisons on July 21, 2025. The following liaisons were approved and will serve for three years:

- Chamber of Commerce member – Katie Silver, LCSW-C, BCD
- MH Professional – Sara Singh, M.D., DFAPA

Continuing liaisons are:

- Epidemiologist – Dr. René F. Najera
- Veterinarian – Dr. Michael E Schaden
- Nurse – Dr. Jennifer Cooper
- Science related background – Dr. Scott Stanley

Liaisons are volunteer roles. They will have no voting privileges and will not receive any compensation. Liaisons will serve for 3 years. Terms will be from July 1 through June 30.

“Our community continues to show support for the important role that public health plays in all our lives and we are grateful to have community members who are interested in serving in this way,” said Dr. Barbara Brookmyer, Health Officer for Frederick County and Executive Officer of the Board of Health. “These Liaisons will bring their unique perspectives to the Board of Health and we will all benefit from their experience and enthusiasm.”

Future openings for Board of Health liaisons will be shared on the Frederick County Health Department social media accounts (@FCHealthDept) and will be posted on the Board of Health website FrederickCountyMD.gov/BoardofHealth.

Barbara A. Brookmyer, M.D., M.P.H. • Health Officer





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