



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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FCHD Recognizes National Recovery Month in September

FREDERICK, MD -- The Frederick County Health Department (FCHD) will observe National Recovery Month, held annually every September. In honor of the 36th Recovery Month, FCHD and Frederick County Department of Social Services will be hosting the annual Recovery Month Kickball tournament on September 20, 2025 at Pinecliff Park (8350 Pinecliff Park RD Frederick, MD 21704) from 9am-3pm. This event is open to the entire community to celebrate our friends and family members who are in recovery.

The organizations participating in the tournament are:

- 12-Steppers
- Frederick Police Department and Division of Fire and Rescue Services
- Frederick Rescue Mission
- Frederick County Health Department
- Lasting Change
- Mountain Manor Sykesville
- On Our Own
- Orenda
- Serenity
- Solid Ground
- The Ranch

Frederick County Executive Jessica Fitzwater will be presenting the Recovery Month proclamation at the start of the tournament, and Dr. Benjamin Canha will give a keynote address. The event will also feature testimonies from individuals with lived recovery experience as well as resource tables from community treatment partners.

Recovery Month celebrates the gains made by those in recovery, just as we celebrate improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. This year's theme is "Recovery is REAL (Restoring Every Aspect of Life)."

Recovery Month works to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible. FCHD joins others in the community in lighting our main building at 350 Montevue Lane purple during September, which is the color associated with Recovery Month.

For more information about recovery services in Frederick County, visit Health.FrederickCountyMD.gov/Recovery. For more information on the kickball tournament, email jthompson2@frederickcountymd.gov.

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