



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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Health Department to Participate in 'Save a Life' Day for third straight year

FREDERICK, MD – The Frederick County Health Department (FCHD) will be participating in [SoarWV's](#) "Save a Life Day" by providing Narcan/Naloxone training at 10 different locations across the county on September 25. FCHD has partnered with Frederick Housing and Human Services, Frederick County Public Libraries, Thurmont Kountry Kitchen, Thurmont Addiction Commission, Frederick County Circuit Court, City of Brunswick, Jubilee Foods, the Frederick Center, and Mega Mart as key partners and site leaders for events at the locations below.

- Frederick County Health Department (350 Montevue Lane Frederick MD, entrance A) 8am-4pm
- Frederick County Health Department Golden Mile Office (1100 W. Patrick St. Frederick, MD) 8am-4pm*
- Frederick Housing and Human Services (100 S Market St. Frederick MD) 9am-4pm
- Walkersville Library (2 South Glade Road Walkersville, MD) 9:30am-11:30am
- Thurmont Kountry Kitchen in Thurmont (17 Water St. Thurmont MD) 11am-1pm
- Frederick County Courthouse (100 W. Patrick St. Frederick, MD, outside courtyard area) 12:30pm-2:30pm
- Jubilee Foods (515 E. Main St. Emmitsburg MD) 2:30-4:30
- Brunswick Square Corner Park (1 E Potomac St. Brunswick, MD,) 2:30-4:30pm
- Mega Mart (1 Western Dr. Frederick, MD) 5pm-7pm *
- The Frederick Center (5 E 2nd St. Frederick MD) 5-6pm

* Indicates training is available in Spanish

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“We are very excited for our third year participating in Save a Life Day. Our trainings and naloxone distribution have grown to reach higher numbers of community members during this event each year. Save a Life Day provides the opportunity to empower our community to seek support, learn about our local resources, and save lives.” said FCHD’s Harm Reduction Program Coordinator Marisa Shields. “We are extremely grateful and appreciative for those organizations and businesses who have chosen to partner with us in support of this event.”

In addition to providing training, FCHD will also have fentanyl testing strips, and disposable breathalyzers available at the above locations. All attendees of Frederick County Save a Life Day sites will receive one naloxone kit, an in-person training, giveaways, and information about local substance use disorder resources.

Last year on Save A Life Day, FCHD trained over 100 people on how to use naloxone, gave out over 200 doses of naloxone and more than 100 breathalyzers.

Naloxone, also known as the brand name Narcan, is an easy-to-use nasal spray that works to reverse opioid overdoses. It was previously a prescription only medication, but was approved for over-the-counter use in 2023.

“Save A Life Day” started as a grassroots initiative after West Virginia saw some of the highest overdose rates in the country. West Virginia recently reported a 42% decline in overdose fatalities during 2024. Now, West Virginians have invited the entire country to be part of this life-saving anti-stigma movement.

Overdose fatality rates began to drop nationwide in 2024. By 2024, the CDC reported an almost 27% decline in fatalities across the nation. Although many factors contributed, naloxone access is a key piece of the puzzle. The Frederick County Health Department has several locations throughout the county where residents can get naloxone free of charge. More information on these locations can be found [here](#).

“The work that Save A Life Day organizers do every day: harm reduction, prevention, substance use treatment, recovery, housing, mutual aid, community outreach, and healthcare... These are all integral pieces of the puzzle too. Save a Life Day is about celebrating where the real change happens every other day of the year,” said Caroline Wilson, Save A Life Day Coordinator for the nonprofit SOAR, WV.

For anyone interested but unable to attend, the Frederick County Health Department provides free overdose response training virtually and in-person every Friday at 1 p.m. The Frederick County Health Department is also available to schedule trainings for organizations or businesses who would like to receive the training. For more information call 301-600-1777 or visit, Health.FrederickCountyMD.gov/ORT.

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