

Frederick County Health Department (FCHD)
Minutes: Community Cancer Coalition
Wednesday, October 25, 2017
8:00-9:30am
Frederick County Health Department/Auditorium

Attendees:

Beth Mowrey, FCHD-Cancer Screening Programs
Avani Shah, FCHD-Cancer Screening Programs
Geoffrey Seidel, SAIC-Frederick in support of the NCI
Reverend Ronald Simmons, St. Paul AME Methodist

Roseann Russo, FCHD-Cancer Screening Programs
Michelle Petersen, FCAA
Nancy Boyd, Asian American Center

Welcome and Introductions:

The meeting was called to order by Beth Mowrey and everyone introduced themselves.

Guest Speaker: Lakisha Harris, Health Educator, FCHD Diabetes Prevention Program- “Prevent T2”

- Ms. Harris is a Health Educator and a trained lifestyle coach for the Diabetes Prevention Program entitled “Prevent T2”. Lakisha works with program participants to make healthy lifestyle changes.
- Prevent T2 program is offered to Frederick County residents who are 18 years and older, diagnosed with *prediabetes* or for individuals who have a BMI greater or equal to 25. For the Asian population, the BMI needs to be greater or equal to 23.
- Prevent T2 is offered in a group setting and is a year-long program. For the first six months, the group meets weekly. Thereafter, they meet twice a month and near the end of the year, the group meets once per month. Group sessions are one hour long.
- The program helps participants with stress management, coping skills, weight loss, and encourages participants to become more physically active.
- This fiscal year, Prevent T2 has already started two groups. In January, 2018, two additional groups will be offered in Emmitsburg and Brunswick. There will be an orientation held for the Emmitsburg group on January 16, 2018 and an orientation for the Brunswick group on January 30, 2018.

Cancer Prevention Program/Performance Measure Updates:

Clinical Updates:

Roseann Russo, Nurse Supervisor - Colorectal, Breast, and Cervical Cancer Screening Programs, FCHD

- Roseann reported on the number of clients that have been served through our cancer screening programs from July 1, 2017 - October 20, 2017
- In the Breast and Cervical Cancer Program (BCCP), 112 clients received breast cancer screening services. There were no diagnoses of breast cancer.
- 104 women served in our program are Hispanic and 62 women are non- Hispanic. The data demonstrates that the majority of BCCP participants enrolled are Hispanic.

- Roseann reported that our BCCP program cannot pay for MRI's that are ordered for surveillance of breast findings. However, Screening MRI's may be covered in conjunction with a mammogram in certain instances such as increased lifetime risk greater than 20-25%, genetic testing result of BRCA 1 or BRCA 2 and a history of breast cancer.
- There were 36 clients screened for cervical cancer with no diagnosis of cervical cancer.
- In the Colorectal Cancer Program (CRC), there were 21 new clients screened for colorectal cancer, 42 % of clients were reported to have precancerous polyps which, if not removed during the colonoscopy, could develop into cancer.
- 19 % of our clients were male and 81 % were female.
- 95% of clients served were from minority groups.

Outreach and Education:

Beth Mowrey/Avani Shah, Coordinator of Education and Outreach, Colorectal, Breast and Cervical Cancer Screening Programs, FCHD

- Avani reported on the program's education and outreach data from July, 2017 to October, 2017.
- There were 55 education and outreach activities implemented. Through these activities, we educated 516 people and had total of 42 clients enrolled in our BCCP and CRC program for screening.
- Recent outreach activities that the program staff have participated in include: the Frederick Keys Cancer Awareness night, the Xa Loi Temple, an Ice Cream Social at Woodlawn Apartments, the "Take a Hike" event at NCI, a Breast Cancer Proclamation with County Executive, Jan Gardner, Frederick Regional Health System's Annual Breast Cancer Symposium, the El Shaddai Health Fair, the Wholeness 3-6-5 Pink Affair Event and the Frederick Community Health Fair. We also hosted a Wear Pink Day/Maryland Walks Day for all Health Department employees and on an ongoing basis, the program continues to post our messaging on social media.
- The program has recently started visiting Frederick Community Action Agency once a month. The purpose is to educate providers about our program guidelines, and to enroll new clients. We received 19 referrals from August to October, out of which 7 clients were enrolled.
- The program staff also attended the Prevent T2 Diabetes Prevention Program classes to educate participants about the Cancer Screening Programs.

MOTA Grant Update: Elizabeth Chung, Asian American Center of Frederick – not present.

- Nancy reported that the focus of the MOTA grant for fiscal year 2018 will be Maternal Child Health. They have been offering baby showers once a month to educate pregnant women. It's been a very successful event and is heavily attended.
- The AACF is also training a second cohort of CHW's (Community Health Workers) to help individuals in need in the community by providing them assistance in daily living.
- The CHW's are also being trained as facilitators for the "Living Well" program. This evidence based program and curriculum was developed by Stanford University and is focused on chronic disease and having the participants develop self-management plans to better manage with their chronic disease.
- Trainers for the Living Well program are required to conduct a minimum of one class per year.

Member/Community Updates:

Geoffrey

- The Asian American Center and FMH collaborates each year to host the 10th annual Community Health Fair. This year's event will be held on October 20th at the Frederick Fairgrounds.
- Geoff is now a board member of Marriage Resource Center of Frederick.
- Geoff mentioned that former veteran, Dave Roever is going to talk about "Victory over Life's Storms". The event will take place on Saturday, November 4th from 5:30pm to 8:30pm at the Clarion Hotel in Frederick. There will also be two additional events featuring Mr. Roever on Sunday, November 5th. To register visit marriagefrederick.org website.
- Dave Roever is a military hero and Purple Heart recipient who survived severe burns from a grenade that exploded in his hand.

Ronald Simmons

- Reverend Simmons shared with the coalition that he has been appointed to the IRB board at Frederick Regional Health System.
- Reverend Simmons reported that he will try to reach out to more males at the church and will encourage them to get screened for colonoscopy.

The meeting was adjourned at 9:30am.

Next Meeting: Wednesday, January 24, 2018, 8:00-9:30am FCHD/Auditorium