



Frederick County Health Care Coalition

*Progress of the
Local Health Improvement Plan (LHIP)
Work Groups*

June 20, 2018

Welcome!

Meeting Objectives:

- Provide an update on each Work Group's progress
- Identify opportunities for supporting the work group objectives and enhancing the outcomes
- Provide an opportunity for 2-way exchange between work group members and audience
- Provide feedback and evaluate

Frederick County Health Care Coalition Board of Directors

- Jenny Morgan, President, formerly Chamber of Commerce now with FRHS
- Jennifer Teeter, Secretary, Frederick Regional Health System
- Gloria Bamforth, Treasurer, Frederick Regional Health System
- Barbara Brookmyer, LHIP Coordinator, Frederick County Health Department
- Elizabeth Chung, Asian American Center
- Miriam Dobson, Frederick County Health Department
- Malcolm Furgol, ACEs WG Lead, United Way of Frederick County
- Janet Jones, Frederick Community Action Agency
- Ken Oldham, United Way of Frederick County
- Josh Pedersen, Maryland 211
- Thea Ruff, Senior WG Lead
- Cynthia Terl, Behavioral Health WG Lead, Wells House

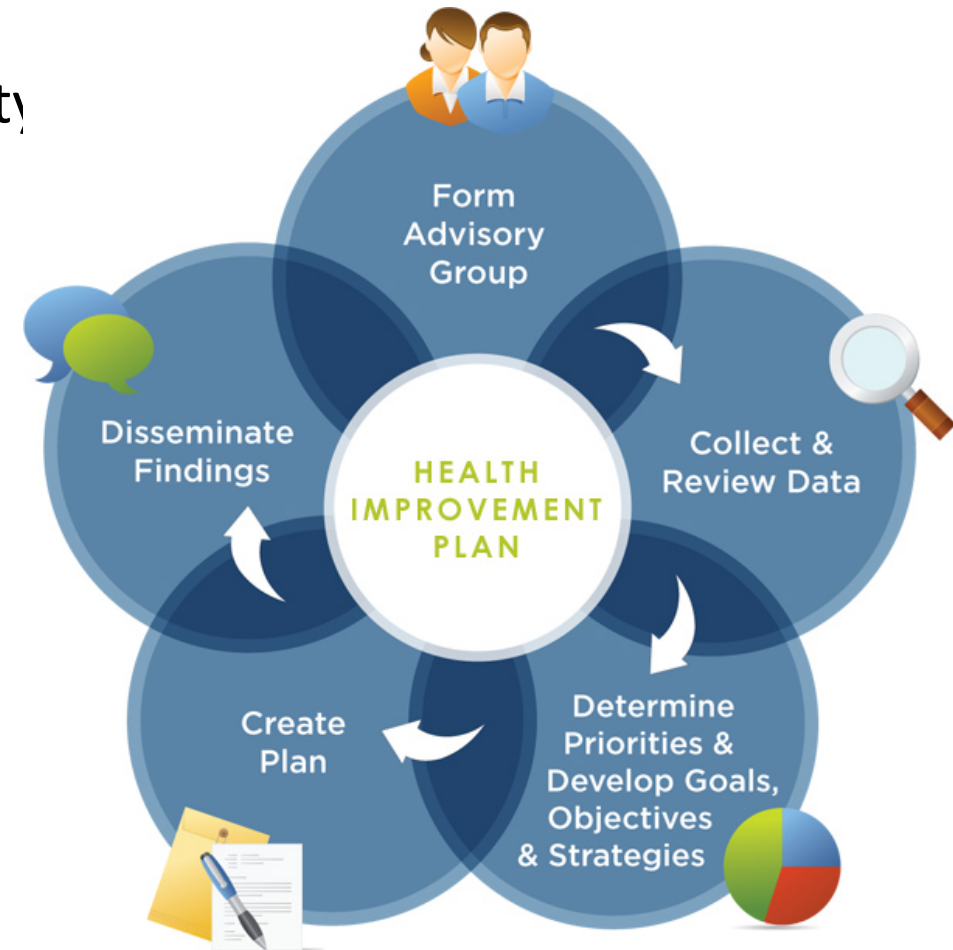
Priorities for Local Health Improvement

❖ Established September 13, 2016

- ❖ convened 1-day summit, and 8 smaller community
 - reviewed data
 - attendees discussed
 - all attendees voted
 - work groups formed around priorities

❖ Top Priorities

- ❖ Adverse Childhood Experiences
- ❖ Behavioral Health
- ❖ Seniors



If You're Interested in a Work Group...

- Sign-Up to be on distribution list for a Work Group (sheet in back of room)

- Attend a Work Group meeting
 - ACEs – First Thursday 2-3pm at the Mental Health Association
 - Lead is Malcolm Furgol mfurgol@uwfrederick.org
 - Behavioral Health – First Friday 9-11am at the Mental Health Association
 - Leads are Suzi Borg, Peter Brehm, Melinda Hite, and Cynthia Terl (lhipbh2017.2020@gmail.com)
 - Seniors – Second Wednesday 2-3:30pm at the Mental Health Association
 - Lead is Thea Ruff (DeptofAging@frederickcountymd.gov)

➤ For more information and updates:

<http://health.frederickcountymd.gov/315/Local-Health-Improvement-Process>

Frederick County Local Health Improvement Plan (LHIP) Update

Senior Support Workgroup

June 20, 2018

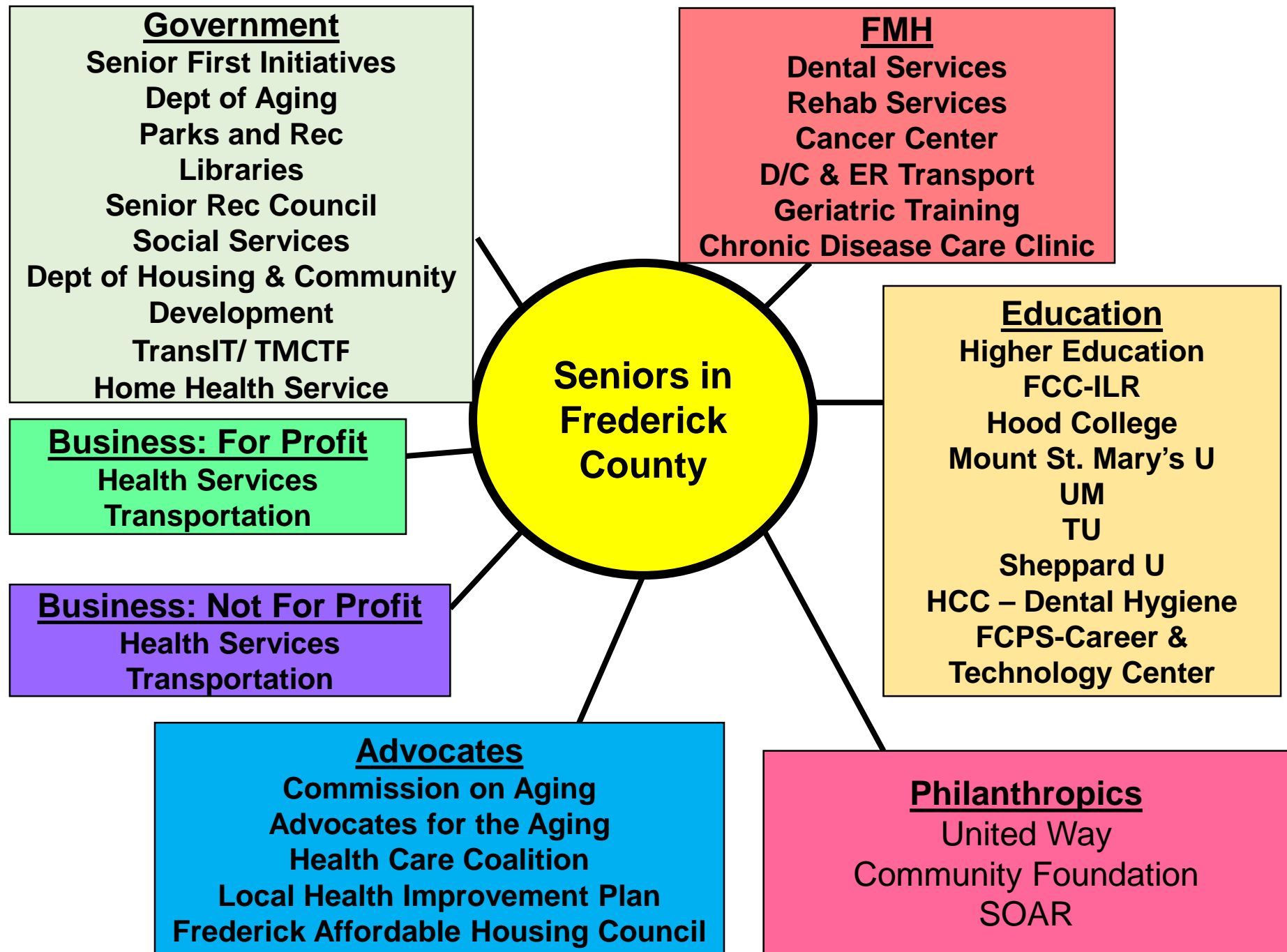


**When are you a Senior
Citizen?**

**At age: 50, 52, 55, 60, 62,
65, 66, 67 or 70???**

Senior population today are:

- Active Seniors
- Seniors needing low intensity support services
- Seniors who are vulnerable
- Seniors in crisis, with/without funds
- Seniors in crisis who don't know they are in crisis
- Totally Dependent Seniors



Lessons Learned

- Identify specific targeted concerns during summit upon which to build a workgroup vision and goals.
- Consider what is happening in the county at the time the workgroups are forming so resources are not diluted.
- Each community within the county has its own unique personalities with different issues and priorities for their seniors. e.g. housing, health care services, transportation, etc.

Seniors in Frederick County

By 2020, the number of adults age 60+ in Frederick County will surpass the number of school age children.

Source: Senior First Initiative Report, November 2016, from MD Department of Planning State Data Center.

**Thank you for the
opportunity to participate in
the Frederick County
LHIP
for Senior Support!**

Update from Behavioral Health Work Group

2016-2019 Local Health Improvement Plan

Priority: Behavioral Health

Vision – Frederick County residents across the lifespan and regardless of socio-economic status will demonstrate improved behavioral health by reporting better mental health and a reduction in substance abuse resulting from reduced stigma that is a barrier to care.

Access to Care Goal: To ensure a continuum of services exists to meet the behavioral health needs of Frederick County Residents

Behavioral Health Education Goal : To expand community awareness about existing mental health and substance misuse disorders treatment resources in Frederick County while in parallel reducing stigma associated with having mental health and substance misuse disorder issues.

24 Hour Detox Facility-Goal: To establish a facility for residents of Frederick County who are in crisis, and unable take the next necessary steps in the process of recovery from substance use disorder.

Update from ACEs Work Group



BRAIN BUILDERS



Next up: Parent Café

Registration is required for this event.

If you have not registered, please complete your evaluation and hand it in before you leave.