

Frederick County – Smoke Free Maryland Coalition  
Minutes from the November 1st, 2018 Meeting

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Topic	Discussion / Action Item	Responsible Person(s)
Welcome and Announcements	<ul style="list-style-type: none"><li>Welcoming remarks and introductions were made. The September meeting minutes were available for review and approved, if anyone has any corrections or additions they can be directed to Stephanie.</li></ul>	Stephanie

Old Business	<ul style="list-style-type: none"> <li>● <b>Coalition Member/Appointee Exemption Letters</b> <ul style="list-style-type: none"> <li>○ The completed letters have been submitted/mailed out. Stephanie will follow up with coalition members if revisions are needed to be made. If anyone has yet to complete a form, please do so as soon as possible.</li> </ul> </li> </ul>	Stephanie
	<ul style="list-style-type: none"> <li>● <b>Healthcare Provider Training</b> <ul style="list-style-type: none"> <li>○ FCHD CRF team currently planning a Healthcare Provider training</li> <li>○ Training will be provided by MDQuit to include the A3C Brief Interventions and Fax-to-Assist. A3C uses the Stages of Change, Transtheoretical Model, and Motivational Interviewing to Ask, Advise, Assess, and Connect patients who identify as tobacco users and may be interested in quitting.</li> <li>○ Training will also include The Frederick Center to provide LGBTQ sensitivity training.</li> <li>○ Heard back from MDQuit and original planned date for November 9<sup>th</sup> is not available/open for MDQuit trainers.</li> <li>○ Due to delayed response from MDQuit and lack of time to plan and notify/invite providers, the training has been moved to February time frame.</li> </ul> </li> </ul>	Stephanie
	<ul style="list-style-type: none"> <li>● <b>Youth Involvement/Messaging</b> <ul style="list-style-type: none"> <li>○ Discussed ideas for recruiting youth to the coalition and getting their feedback on developing prevention messages. Shanna has a relationship with the Walkersville Science National Honor Society and can see if any students are interested. Brian G. mentioned the FCPS Student Government Association, which meets monthly. The SGA included a president, vice president, and student board members (about 10 kids ranging from 8<sup>th</sup> to 12<sup>th</sup> grade).</li> <li>○ FCHD Prevention team is hosting a focus group for both youth and adults (2 separate groups) to get feedback on prevention messaging. Focus group will be held November 14<sup>th</sup> at the FCHD Auditorium, youth (ages 13-18) group 5:00pm-6:00 pm, and adults (18+) group 6:30-7:30 pm. Food and a \$20 gift card will be provided to participants. Members provided flyers to distribute to individuals or groups that may be interested in participating.</li> </ul> </li> </ul>	Members

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	<p>smoke-free life.</p> <ul style="list-style-type: none"> <li>▪ Stephanie will be attending Hood College’s GASO event November 15 from 12:00-3:30.</li> <li>▪ FCHD working with Channel Communications to develop social media ad to promote the GASO. Members were provided with three proof options from Channel to give feedback on.</li> <li>○ Kick Butts Day: Wednesday March 20, 2019 <ul style="list-style-type: none"> <li>▪ Asked members to begin brainstorming campaign ideas for upcoming event</li> <li>▪ Shanna brought up how there is a lot of smokers and smoking trash left lying in the park “Hospital Park” next to FMH. Suggested having Walkersville NHS students hosting an event to clean up the butts, and then provide the harmful effects of butts on the environment.</li> <li>▪ Suggested maybe trying to make this park, and potentially other parks, a smoke/tobacco free park. Brain G mentioned that Penn State recently updated their smoke/tobacco free policy, and to use this as a guide.</li> </ul> </li> <li>● <b>Merging Tobacco and Alcohol Coalitions</b> <ul style="list-style-type: none"> <li>○ Addressed a small amount of dedication coalition members attend meetings for both alcohol and tobacco coalitions. With similar goals, activities, and partnering/involved partners, thought to merge coalitions together to try to increase attendance.</li> <li>○ Doodle poll will be sent to both coalition’s members for input on which start times work best with member’s availability.</li> </ul> </li> </ul>	Members
<b>Round Robin</b>	<ul style="list-style-type: none"> <li>● Danielle (FCHD, WIC) – WIC currently working on updating client information to include new foods. WIC added new foods including yogurt and wheat pasta. Also starting to review results for WIC redemption rates at this year’s farmer’s markets.</li> <li>● Avani (FCHD, CHS) – Breast and Cervical Cancer Screening program recently had a budget cut that will affect services. Predicting will be able to screen current clients through April with remaining funds. Program is apply for another grant to receive more funds to continue with activities. During the 1<sup>st</sup> quarter had 4 clients diagnosed from screenings. Colorectal Cancer Screening Program continues to enroll new clients. I’m Living Healthy Program which focuses on high blood pressure and diabetes, currently has two cohorts going.</li> <li>● PJ (FCHD,CRF) – Currently running multiple cessation groups (Rescue Mission, The Ranch, Detention Center, FCHD) with good diversity of clients coming from the community as well as</li> </ul>	Coalition Members

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	<p>at above mentioned locations. Held First Tobacco Education Group (TEG) for youth found using tobacco products at school. Had 30 referrals, all JUUL use, with 2 youth showing for class.</p> <ul style="list-style-type: none"> <li>• Shanna (FMH) – Has wrapped up 3 cessation group classes in first quarter. Discussed recent local accreditation health benefits fair, where there is currently no distinction between employees who identify as a smoker or non-smoker. Provided resources and suggestions to implement now for current smokers. So next year there will be a distinction and smokers will be rewarded with lower premiums compared to employees who smoke. Also discussed how there is a drastic increase in COPD inpatients with little out-patient resources. One pulmonary physician group in Frederick, but does not accept Medicaid. FMH clinic working to bridge barrier and gaps for COPD patients to include spirometry.</li> <li>• Brian G. (FCPS) – 2018 Youth Risk Behavior Survey (YRBS) disseminated and finishing up this month. Continuing to work on updating new curriculum.</li> <li>• Laura (FCHD, Alcohol) – Focus on underage drinking and binge drinking. Starting FY19 alcohol merchant compliance checks, to ensure no alcohol sales to minors.</li> <li>• Stephanie (FCHD, CRF) – Provided JUUL drafts from Channel Communications for development of updated information cards to be handed out during community outreach events. Asked for feedback from members.</li> </ul>	
<b>Attendees</b>	Todd Crum (FCHD), Stephanie Kimble (FCHD), PJ Miller (FCHD), Brian Stocks (FCSO), Avani Shah (FCHD), Danielle Lane (WIC), Shanna Cline (FMH), Laura LaMotte (FCHD), Brian Griffith (FCPS)	
<b>Next Meeting</b>	Thursday, January 3 <sup>rd</sup> , 2018.	