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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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HEALTHIEST MARYLAND BUSINESSES HONORED FOR WORKSITE WELLNESS ACHIEVEMENTS

FREDERICK, MD -- On Friday, June 7, 2019, sixty-seven Maryland employers were recognized as Healthiest Maryland Businesses Wellness at Work Awardees for their exemplary accomplishments in worksite health promotion. Twenty-four of these award recipients were from the Capital Region, which includes employers located in Frederick, Montgomery, and Prince George's counties:

- **Adventist HealthCare-** awarded 'Gold'
- **Aircraft Owners and Pilots Association (AOPA)-** awarded 'Gold'
- **AstraZeneca- Gaithersburg-** awarded 'Silver'
- **Battelle National Biodefense Institute-** awarded 'Gold'
- **City of College Park-** awarded 'Silver'
- **Doctors Community Hospital-** awarded 'Gold'
- **Frederick County Health Department-** awarded 'Gold'
- **Frederick County Public Schools-** awarded 'Gold'
- **Frederick Memorial Hospital-** awarded 'Gold'
- **Gaylord National Resort and Convention Center-** awarded 'Silver'
- **Hood College-** awarded 'Bronze'
- **iHire, LLC-** awarded 'Gold'
- **Jubilee Association of Maryland-** awarded 'Silver'

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- **Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.-** awarded 'Gold'
- **Legal & General America-** awarded 'Gold'
- **Leidos Biomedical Research, Inc.-** awarded 'On the Path'
- **Mental Health Association of Frederick County-** awarded 'Gold'
- **Montgomery County Government-** awarded 'Silver'
- **Montgomery County Public Schools-** awarded 'Gold'
- **Nymeo Federal Credit Union-** awarded 'Bronze'
- **Plamondon Companies-** awarded 'Bronze'
- **Prince George's Community College-** awarded 'Silver'
- **The Emmes Corporation-** awarded 'Gold'
- **Washington Suburban Sanitary Commission-** awarded 'Gold'

Caroline Green, Healthiest Maryland Businesses State Coordinator of the Maryland Department of Health, congratulated awards recipients at the 10th Annual Maryland Workplace Health & Wellness Symposium in Baltimore, Maryland, stating, "We know that the environments in which we live and work have a major influence on our health. We applaud all of our Healthiest Maryland Businesses for the time and effort they've dedicated to creating workplaces that make the healthy choice the easy choice. Congratulations to all of the 2019 Wellness at Work Awards recipients."

The Wellness at Work Awards are sponsored by [Healthiest Maryland Businesses](https://www.healthiestmdbusinesses.org), the State's initiative to support healthy workplaces. Any Maryland employer who is a member of Healthiest Maryland Businesses is eligible to apply, and there is no cost to be a member. Recognition criteria are based on the CDC's Workplace Health Model. Applicants are asked to describe activities and share examples of policies and tools developed and utilized in the four areas of assessment, planning and management, implementation, and evaluation. Employers may earn a Gold, Silver, Bronze, or On the Path award based on their activities to establish leadership support for wellness, create wellness committees, survey the needs and interests of their employees, set health improvement goals, and develop monitoring tools to track their outcomes over time. A complete list of recognized businesses can be found at <https://www.healthiestmdbusinesses.org/awards19>.

Launched in 2010 and based at the Maryland Department of Health, Healthiest Maryland Businesses helps businesses create customized wellness plans, set wellness goals, and monitor progress. For more information about Healthiest Maryland Businesses, contact Angela Blair, Coordinator for worksites located in Frederick, Montgomery and Prince George's counties at ablair@FrederickCountyMD.gov or at 301-600-1861 or visit www.healthiestmdbusinesses.org.