

Awareness Action Plan			
Vision Statement: Frederick County is a community where: <ul style="list-style-type: none"> • children are safe, stable and nurtured; • families are connected to resources that allow them to thrive and prosper; and • environments are inclusive, welcoming, and trauma informed. 			
Goal 2: All sectors of Frederick County (<i>including but not limited to healthcare, government, judicial and law enforcement, education, daycare, housing, employment, business, civic groups, religious groups and parent networks</i>) will recognize the impact of trauma on health from preconception through old age, and provide or support services for raising healthy children in safe, stable, nurturing environments.			
Members: Hannah Cobb, Malcolm Furgol, Nancy Boyd, Sara Rogers, Pat Rosensteel			
Objective	Action	Person(s) Responsible	Deadline/Status
1. Adopt a shared language and understanding	1. Share and implement best practices on the language used in messages and communication used to address ACEs. Terms to discuss include resiliency and defining what “safe, stable, and nurturing environments” means.	Pilar Olivo, CAC	Ongoing
	2. Identify civic and community groups to provide additional outreach on ACEs	Awareness Subcommittee	Ongoing
	3. Develop audience-specific versions of the ACEs infographic designed by the Leaders On Loan program, if and when appropriate. Seek funding for printing and disseminating infographics.	Malcolm Furgol, UW Sara Rogers, FMH Pat Rosensteel, COIPP	December 2020
2. Educate families and pregnant mothers about resources available to prevent and mitigate the impact of ACEs, and provide support,	1. Explore innovative communication and social media strategies and technologies to recommend to service providers 2. Refer audiences to the ACEs website as appropriate <ul style="list-style-type: none"> a. Increase clicks through to the ACEs website 3. Promote resources available through 211 4. Provide Resiliency films screenings for continuing public	Awareness Subcommittee Katherine Murray, FMH ACEs Workgroup members Patty Morison, MHA	

including screening	<p>education</p> <ol style="list-style-type: none"> 5. Leverage ACEs Workgroup members events and activities to distribute ACEs educational materials 6. Work with FCPS admin staff, PTAs, Judy Centers, Women2 Women Mentoring to raise awareness about ACEs 	ACEs Workgroup	
3. Educate city, county, state, federal elected officials on the need to address ACEs, in order to promote need for screening	<ol style="list-style-type: none"> 1. Develop talking points for use by ACES Workgroup members to support workgroup recommendations 2. Distribute info packets/new infographic to all relevant officials 3. Coordinate with Prevention and Intervention subcommittees to advocate for government support for screening and universal home visiting, and consider opportunities for state-level advocacy as well. 4. Provide a symposium or forum about ACEs and the need for screening and universal home visiting for elected officials; seek a potential partnership with Citizens Services or with the MHA legislative breakfast. 	<p>Pilar Olivo, CAC</p> <p>Malcolm Furgol, UW</p> <p>Malcolm Furgol, UW Lynn Davis, FCPS Pat Rosensteel, COIPP Pilar Olivo, CAC Katherine Murray, FMH</p> <p>Shannon Aleshire, MHA Pilar Olivo, CAC Malcolm Furgol, UW Lynn Davis, FCPS Pat Rosensteel, COIPP</p>	<p>June 2020</p> <p>June 2020</p> <p>September 2019</p>

Treatment & Intervention Action Plan			
Vision Statement: Frederick County is a community where: <ul style="list-style-type: none"> • children are safe, stable and nurtured; • families are connected to resources that allow them to thrive and prosper; and • environments are inclusive, welcoming, and trauma informed. 			
DRAFT Goal 3: An equitable community-wide system of trauma-informed care provides accessible evidence-based treatments from trained, knowledgeable and culturally literate specialists in adequate supply.			
Members: Meaghan Tarquinio, Diana Fulchiron, Jessica Lertora, Shelly Toms, Jay Hessler, David Humphries, Erin Poffenberger, Lynn Davis			
Objective	Action	Person(s) Responsible	Deadline/Status
1. Increase evidence based, trauma informed practices	1. Identify evidence based, trauma informed behavioral health services and providers in Frederick County <ul style="list-style-type: none"> a. Disseminate the ACEs Provider Survey (APS) <ul style="list-style-type: none"> i. Determine the means of dissemination that will result in the APS reaching the maximum number of providers. ii. Analyze logistics/costs of dissemination. iii. Procure support (financial and/or in-kind) needed for comprehensive dissemination iv. Disseminate the APS. b. Collect and analyze the data captured through the APS. <ul style="list-style-type: none"> i. Note any trends, resources and gaps. ii. Publish a report based on APS data analysis, including <ul style="list-style-type: none"> 1. Respondents 2. Reported trauma informed services 3. Recommendations to increase trauma-informed behavioral health services 	Jay Hessler, FCHD Lynn Davis, FCPS Treatment and Intervention Committee	January 31, 2020
		Jay Hessler, FCHD Lynn Davis, FCPS Treatment and Intervention Committee	June 30, 2020

2. Increase trauma competent practitioners of somatic and behavioral health	1. Based on APS data, develop a plan for providing customized training and technical support to behavioral health treatment providers and para-professionals to increase expertise in evidence based, trauma informed behavioral health practices <ol style="list-style-type: none"> Identify training, technical support needed. Identify diverse funding sources to reduce barriers and enable access to training for providers. 	Treatment and Intervention Committee	December 31, 2020
	2. Identify mechanism to publish and update list of practitioners trained in evidence based, trauma informed behavioral health practices	Treatment and Intervention Committee	June 30, 2021
3. Change practice and behavior	1. Institute ACEs screening in existing program services and share lessons learned. <ol style="list-style-type: none"> Recommend an ACES screening tool (AST) for behavioral health providers to institute within their scope of practice. Identify community partners to pilot the AST. Provide training/technical support on utilization of the AST, brief intervention after the screening, and how to make referrals to community services. Collect and share data and feedback from pilot partners about the AST. 	Treatment and Intervention Committee	December 31, 2021
	2. Explore possibility of an outreach program to encourage implementation of AST county-wide.		March 31, 2022

Prevention Action Plan			
Vision Statement: Frederick County is a community where: <ul style="list-style-type: none"> • children are safe, stable and nurtured; • families are connected to resources that allow them to thrive and prosper; and • environments are inclusive, welcoming, and trauma informed. 			
Goal 1: All Frederick County residents receive evidence-based preventive and continuing education for raising healthy children in safe, stable, nurturing environments.			
Members: Pilar Olivo, Katherine Murray, Barbara Dillon, Kathy Allen, Leslie Barnes-Keating, Shelly Toms, Shannon Aleshire			
Logic Model Objective	Action	Person(s) Responsible	Deadline/Status
1. Adopt a shared language and understanding	1. Hold quarterly community outreach and education opportunities <ul style="list-style-type: none"> a. Community ACEs trainings (Brain Architecture, Resiliency Movie) b. Early Childhood Education Conference with Frank Kros c. Summit on Trauma and Resiliency with Harvard Center on the Developing Child d. ACEs Screening Implementation Workshop e. Integration of Primary and Behavioral Health Care Workshop f. Diversity & Inclusion/Implicit Bias Workshop 	Kathy Allen, FCPS Pilar Olivo, CAC Shannon Aleshire, MHA Leslie Barnes-Keating, OCF Janet Vogel, FCPL	September, December, April, June

	2. Develop and disseminate local health care provider survey. Analyze and share results	Pilar Olivo, CAC Dr. Michele Ghim, FMH Katherine Murray, FMH Dr. Barbara Brookmyer, FCHD	Disseminate - August 15, 2019 Results – October 15, 2019
	3. Create, share and use talking points on ACEs and IECC projects using core story of child development. --Test ideas with Frank Blanchard, Leidos, and other business people	Pilar Olivo, CAC Shannon Aleshire, MHA	Ongoing
	4. Train and retrain staff involved in care of children, including Handle With Care with Frederick County first responders.	Pilar Olivo, CAC Janet Shipman, FCPS	August 2019 Quarterly in 2020
2. Increase skills and services that help children and families develop resiliency	1. Hold quarterly community outreach and education opportunities. Secure continuing education credits for early childhood educators, nurses, physicians, advanced nurse practitioners, librarians, educators. a. Community ACEs trainings b. Early Childhood Education Conference with Frank Kros	Kathy Allen, FCPS Pilar Olivo, CAC Shannon Aleshire, MHA Patty Morison, MHA Cathy Nusbaum, FCPS Janet Vogel, FCPL	September 2019 December 2019 April 2020 June 2020

	<p>2. Share national resources on ACEs screening, trauma and resiliency. Secure continuing education credits for nurses, physicians, advanced nurse practitioners, librarians, educators.</p> <ul style="list-style-type: none"> a. Summit on Trauma and Resiliency with Harvard Center on the Developing Child b. ACEs Screening Implementation Workshop c. Integration of Primary and Behavioral Health Workshop d. Diversity & Inclusion/Implicit Bias Workshop <p>3. Develop and disseminate local health care provider survey. Analyze and share results</p> <p>4. Coordinate trauma-focused yoga workshops for early childhood educators and public school teachers</p> <p>5. Identify improvements in current system and programs for early parent support.</p>	<p>Pilar Olivo, CAC Leslie Barnes-Keating Kathy Allen, FCPS Shannon Aleshire, MHA Patty Morison, MHA Cathy Nusbaum, FCPS Shelly Toms, Family Partnership Dr. Michele Ghim, FMH Katherine Murray, FMH</p> <p>Dr. Michele Ghim, FMH Katherine Murray, FMH Dr. Barbara Brookmyer, FCHD Pilar Olivo, CAC</p> <p>Patty Morison, MHA Pilar Olivo, CAC</p> <p>Katherine Murray, FMH Pilar Olivo, CAC Barbara May, MHA Miriam Dobson, FCHD Shelly Toms, Family Partnership Nancy Boyd, AACF</p>	<p>October 2019 January 2020 March 2020 May 2020</p> <p>Disseminate - August 15, 2019 Results – October 15, 2019</p> <p>November 2019</p> <p>June 2020</p>
--	--	--	--

	6. Explore universal newborn home visiting models and financing options	Pilar Olivo, CAC Katherine Murray, FMH Miriam Dobson, FCHD Shannon Aleshire, MHA	June 2020
	7. Implement social emotional curriculum (PATHs) in K-2 classrooms	FCPS	Year 1 – June 2020
	8. Assess and implement post-partum mood and anxiety disorder support modalities	Katherine Murray, FMH	June 2020
	9. Explore universal prevention models focused on increasing parental skills	Kathy Allen, FCPS Pilar Olivo, CAC Leslie Barnes-Keating, OCF Barbara Dillon, BIAB Shannon Aleshire, MHA	June 2021
3. Change practice and behavior	1. Institute ACEs screening in existing program services. Share lessons learned with ACEs Workgroup.	Shelly Toms, Family Partnership Barbara May, MHA Miriam Dobson, FCHD Pilar Olivo, CAC	June 2020 Quarterly in 2020
	2. Continue reporting and communication to support Handle With Care implementation.	Pilar Olivo, CAC	
Identify and pursue funding opportunities	1. Seek support for workshops with local, state and national experts 2. Seek support for ACEs Liaison position 3. Secure funding in County Executive budgets 4. Secure funding to explore universal prevention efforts (home visiting, ACEs screening, parent education)	Leslie Barnes-Keating, OCF Robin Grove, CAC Cathy Nusbaum, FCPS Pilar Olivo, CAC Katherine Murray, FMH Malcolm Furgol, United Way	Annually July 1 and September 30