

## BEHAVIORAL HEALTH WORK GROUP

### FREDERICK COUNTY, MD LHIP 2019 WORK GROUP: BEHAVIORAL HEALTH: MENTAL HEALTH, SUBSTANCE ABUSE AND SUICIDE PREVENTION

#### Mental Health Sub-Work Group Action Plan

**GOAL: All people in Frederick County have the opportunity for Mental Health services in a timely manner.**

OBJECTIVE	ACTION	PERSON(S) RESPONSIBLE	DEADLINE/ STATUS
1. Obtain data on wait times for intake appointments at outpatient mental health clinics, both current and ongoing.	A. Define specific data needed and purpose for data. B. Coordinate with Substance Use Disorder (SUD) Work Group to identify and interface with agencies currently collecting data. C. In conjunction with the SUD Work Group, meet with representatives from agencies to establish working partnerships. D. Develop and execute MOUs. E. Define process to share data. F. Begin collecting data. G. Research legal and technical information regarding sharing of and using data from other sources, (i.e.: HIPAA regulations, etc.) H. Determine need for funding and personnel.	Work Group *	FY 2019- FY 2021
2. Gather data to establish baseline for the number of Emergency Department visits at Frederick Memorial Hospital, where the primary diagnosis is a mental health diagnosis.	A. Meet with Travis Riser at FMH and discuss need for data, etc. B. Develop and execute MOU, if needed. C. Obtain and review data. D. Set up procedure for ongoing sharing of data.	Work Group *	FY 2019
3. Explore options and begin planning for the provision of mental health outreach services in the rural areas of Frederick County.	A. Identify existing outreach services provided in rural areas of Frederick County. B. Evaluate existing outreach programs and determine which, if any, may be suitable for further exploration regarding the inclusion of mental health outreach. C. Research and evaluate existing models of mental health outreach services currently being used in rural areas across the country. D. Develop summary of findings to be presented to key stakeholders. E. Obtain feedback from stakeholders and develop plan to further pursue recommended options.	Work Group *	FY 2019-2021

\* Composition of Work Group has not yet been determined. Several additional people are needed to join the group in order for the objectives stated above, to be accomplished.

**BEHAVIORAL HEALTH WORK GROUP  
Substance Use Disorder (SUD) Sub-Committee Action Plan**

**Vision Statement:** People impacted by substance use disorder are optimally contributing and functioning in Frederick County.

**Goal:** Crisis stabilization services are available to those who need them when they need them

**Members:** Cynthia Terl, Pamela Knight, Del Karen Lewis-Young, FCHD Staff, Jason Barth, FCSD Staff, Carin Miller, Michelle Marshall,

Objective	Action	Person(s) Responsible	Deadline/Status
1. Crisis stabilization services center (CSC) is established	1. Determine gaps in Work Group membership and reach out to potential members	Work Group	6 months
	2. Review the 2019 RFP process for this service that netted no action	CT, FCHD, Jason Barth	
	3. Research and identify regulatory requirements	CT, FCHD, Del. Lewis-Young	
	4. Research and identify current regional CSC models	CT, Pam Knight	
	5. Tour a minimum of three CSC models	Work Group	
	6. Based on tours establish “best practices” criteria	Work Group	
	7. Draft a program model for a Frederick County CSC	CT,FCHD, Jason, Michelle	
	8. Create a draft operational budget for a FC CSC	CT	
	9. Identify funding streams both public and private, local, state and federal	Work Group	
	10. Identify partners and providers of a FC CSC	Work Group	
	11. Select service provider (the process will be largely determined by the funding sources	Work Group	3 years

### Substance Use Disorder (SUD) Sub-Committee Action Plan

**Vision Statement:** People impacted by substance use disorder are optimally contributing and functioning in Frederick County.

**Goal:** Fewer seniors struggle with the impact of SUD in their lives

**Members:** Cynthia Terl, Robert Clegg, Jean Havrilla, Beth Waddell, Jonathan Switzer, Diana Fulchiron

Objective	Action	Person(s) Responsible	Deadline/Status
1. A greater number of seniors understand SUD	1. Identify stakeholder organizations that already provide education and training to seniors for non-SUD related topics, such as the Division of Senior Services, Advocates for the Aging, and Homewood	Work Group	1 year
	2. Identify and select evidence-based curriculum for SUD workshops for seniors	Work Group & stakeholder organization representatives	1.5 years
	3. Identify & pursue funding resources, including the identification of fiscal sponsor for managing revenues and expenses related to the workshops	Work Group & stakeholder organization representatives	2 years
	4. Begin providing workshops for seniors using identified curriculum	Stakeholder organization representatives	3 years
2. A greater number of seniors are connected to SUD-related resources	1. Identify stakeholder organizations that could or do support treatment options for seniors, such as those that: <ul style="list-style-type: none"> <li>a. provide transportation support to seniors for non-SUD-related treatment</li> <li>b. provide system navigation services to seniors for non-SUD-related treatment</li> <li>c. provide SUD-related treatment to seniors along the continuum of recovery</li> <li>d. provide safe disposal, storage, and/or dosing programs</li> </ul>	Work Group	1 year
	2. Support capacity-building efforts in the existing treatment system to better serve seniors, such as through: <ul style="list-style-type: none"> <li>a. developing specific transportation options for SUD-related treatment</li> <li>b. performing outreach and promotion for safe disposal, storage,</li> </ul>	Work Group & stakeholder organization representatives	3 years

	<p>and/or dosing programs</p> <p>c. providing training to staff on senior-specific need within treatment options</p> <p>d. co-developing or expanding senior-specific treatment options</p> <p>3. Identify &amp; pursue funding resources and fiscal sponsors for programs</p>	Work Group & stakeholder organization representatives	3 years
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<b>Substance Use Disorder (SUD) Sub-Committee Action Plan</b>			
<b>Vision Statement:</b> People impacted by substance use disorder are optimally contributing and functioning in Frederick County.			
<b>Goal:</b> Needs in Frederick County are met through data-driven, targeted action.			
<b>Members:</b> Cynthia Terl, Robert Clegg, Jean Havrilla, Beth Waddell, Jonathan Switzer			
<b>Objective</b>	<b>Action</b>	<b>Person(s) Responsible</b>	<b>Deadline/Status</b>
1. Identify and collaborate with partner and stakeholder organizations	<p>1. Gather stakeholders with data on SUD-related programs</p> <p>2. Recruit data specialist to lead project</p> <p>3. Determine legal boundaries for sharing data</p> <p>4. Build consensus on timeline for pilot data sharing project</p>	Work Group	2 years
2. Identify gaps in available data	<p>1. Review existing data sets from available local programs</p> <p>2. Identify potential avenues for gathering necessary data</p>	Work Group	3 years
3. Identify and pursue funding resources and fiscal sponsors	<p>1. Identify organization or agency to manage revenue and expense flows for project</p> <p>2. Identify potential funders, including but not limited to grants, individual donations, or integration into existing program budget of an identified stakeholder organization</p>	Work Group: Jonathan Switzer, crossedBRIDGES	3 years
4. Comprehensive SUD-related data pool available for local stakeholders	<p>1. Establish MOU for data-sharing between partner organizations</p> <p>2. Establish database home for information</p> <p>3. Pilot test of aggregate data pull</p>	Work Group	3 years

**Substance Use Disorder (SUD) Sub-Committee Action Plan**

**Vision Statement:** People impacted by substance use disorder are optimally contributing and functioning in Frederick County.

**Goal:** Stable, safe, and sustainable workforce opportunities exist for people in recovery.

**Members:** Cynthia Terl, Robert Clegg, Jean Havrilla, Beth Waddell, Jonathan Switzer

Objective	Action	Person(s) Responsible	Deadline/Status
1. Identify and collaborate with key leaders in the local business community	<ol style="list-style-type: none"><li>1. Gather stakeholders with interest in providing better supports to employees impacted by SUD</li><li>2. Determine capacity for business to offer training to staff and/or supports to employees</li><li>3. Build consensus on timeline for launching support and education programs</li></ol>	Work Group	1 year
4. Education for employers is available	<ol style="list-style-type: none"><li>1. Identify and select evidence-based curriculum for SUD workshops for employers</li><li>2. Identify &amp; pursue funding resources, including the identification of fiscal sponsor for managing revenues and expenses related to the workshops</li><li>3. Begin providing workshops for employers using identified curriculum</li></ol>	Work Group	3 years
5. Workplace support services are available	<ol style="list-style-type: none"><li>1. Identify best practices for employer-based workforce policies that support employees impacted by SUD</li><li>2. Work with key business leaders to encourage adoption of best practices within their businesses</li></ol>	Work Group	3 years

<b>Priority Area: Behavioral Health, Suicide Sub-Committee</b>			
Members: Suzi Borg, Sandra Wastler, Theresa Heigel, Andrea Walker, Cynthia Terl, Jessica Ellis			
<b>To create a suicide safer community</b>			
<b>Objectives</b>	<b>Key Actions</b>	<b>Who</b>	<b>Due date</b>
<b>Objective 1:</b> Increase available evidence based (EBP)suicide training in Frederick County	Provide EBP on-line training option from LivingWorks (suicide aware training)	Work Group	FY2020
	Host regular safeTALK training (suicide alert training)	Work Group	On-going for three years
	Host regular ASIST training (suicide intervention training)	Work Group	On-going for three years
<b>Objective 2:</b> Train community leaders to create a top down buy in of need for suicide training	Availability of on-line EBP suicide awareness training for community leaders	Work Group	As soon as available
	Identify and approach community leaders to complete training and speak about it in the community	Work Group	ASAP
<b>Objective 3:</b> Increase awareness for faith based community on suicide as a public health concern in Frederick County	Host suicide symposium for faith based leaders	Work Group	CY2020 and/or CY2021