



**Public Health**  
Prevent. Promote. Protect.

Frederick County Health Department

# HAPPY HALLOWEEN



Plan on low risk activities this year:

- pumpkin carving, a virtual costume party, or a scavenger hunt. See more ideas [here](#).
- Outdoor activities are better than indoor activities.
- Small gatherings are better than large gatherings or parties.
- Enjoy pumpkin patch and hayrides in small groups. Wear masks and stay distanced if other households join you.
- Choose haunted forests instead of inside haunted houses.



Door-to-door trick-or-treating is not encouraged. If you do choose this activity, here are some tips to protect others and yourself:



**Trick-or-Treaters:**

- Wear a cloth mask under a costume mask to keep a close fit over the nose and mouth.
- Go with your own household and keep distance between other groups.
- Use flashlights or glow sticks so walkers can be easily seen.
- Wash your hands before going trick-or-treating and use hand sanitizer after touching surfaces and objects.



**Candy-Givers:**

- Wash/sanitize hands before passing out candy.
- Wear a face covering.
- Set up candy outside if possible and consider creative ways to get candy to kids safely, like individual treat bags.