# *News Release*

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## "LIVE WELL FREDERICK" EVENT
### A Reception Honoring Frederick's Healthiest Maryland Businesses

**FREDERICK, MD --** Join us for a cocktail reception where we will recognize employers from Frederick County who have received this year's Wellness at Work Awards and learn about "Live Well Frederick." Hear about how your workplace can be a part of this local health promotion movement! Network with others and gain new ideas. The Wellness at Work Awards is a state-wide program of Healthiest Maryland Businesses that recognizes employers committed to improving employee health and well-being.

All employers interested in worksite wellness (whether they applied for an award or not) are invited to attend on Thursday, September 27, 2018 from 4:30-6:00 pm at the Ceresville Mansion. Networking will take place 4:30-5:00 followed by the formal program. Fourteen employers from Frederick County will be recognized for their commitment to health and wellness in the workplace. A full listing of awardees is available here.

The "Live Well Frederick" recognition reception for Frederick employers is a partnership of the Frederick Regional Health System, the Frederick County Chamber of Commerce Business Health Committee, and the Frederick County Health Department.

This event is free, but registration is required. For questions, please contact:
- Gloria Bamforth, Director of Operations, CorpOHS- gbamforth@corpohs.com, 240- 566-3052 or
- Angela Blair, Healthiest Maryland Businesses Regional Coordinator, Frederick County Health Department- ablair@FrederickCountyMD.gov, 301- 600-1861

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