

## Resources in Other States



### Adams County, Pennsylvania

Adams County Health Department (Gettysburg)

Phone: 1-717-334-2112

### Family First Health-Gettysburg

Health & dental care for children and adults. Sliding fee scale available to uninsured clients.

Phone: 1-717-337-9400

[www.myfamilyfirsthealth.org](http://www.myfamilyfirsthealth.org)

### Family First Health - Hanover Center

Phone: 1-717-632-9052

[www.myfamilyfirsthealth.org](http://www.myfamilyfirsthealth.org)

### West Virginia

West Virginia 2-1-1 Information & Referral

Phone: 1-866-802-8559 or 1-800-321-3020

**Maryland Community Services Locator (MDCSL)** [www.mdcsll.org](http://www.mdcsll.org)

Service information, maps, and driving directions to programs in MD.

2-1-1 connects people to the human service resources they need, such as food pantries, shelter, utility and other financial assistance, mental health and substance abuse treatment programs, crisis intervention and suicide prevention, job search centers, children and family services, and more. 2-1-1 is available 24/7 in over 150 languages.

Information & Referral **24/7**  
Crisis Intervention

**CALL**

Maryland ★

**2-1-1**™

**Get Connected. Get Answers.**

Or call 1-866-411-6803 ★ [www.211md.org](http://www.211md.org)

Airtime and other charges may apply for cell phone users.



Wondering  
how to get the  
help you need?



## Frederick County Maryland Healthcare Resource Guide

**INFORMATION  
FOR THE  
UNINSURED**

Compiled by  
Access to Care Work Group  
Frederick County Local Health Improvement Plan

02-27-2017



### **FREDERICK COMMUNITY ACTION AGENCY (FCAA) CLINIC**

Primary health care clinic. Serves adults & children who are lower income, homeless, or enrolled in Medical Assistance (MA). Medbank Program for prescription medication assistance.

100 South Market Street, Frederick, MD 21701

**Phone:** 301-600-1506/TDD 301-662-9164

[www.cityoffrederick.com/fcaa](http://www.cityoffrederick.com/fcaa)

### **MISSION OF MERCY**

Mobile health care clinic. Provides medical, limited adult dental, and prenatal care at no cost. No eligibility process required. Patient prescriptions also available. Provides care in Frederick and Brunswick on rotating schedule.

**Phone:** 301-631-2670 Ext. 110

[www.amissionofmercy.org](http://www.amissionofmercy.org)

### **PLANNED PARENTHOOD**

Women's health care services: birth control/pregnancy testing, HIV/STD testing. Men's reproductive health services. Accepts Medical Assistance and uninsured for reduced fees if income is limited.

170 Thomas Johnson Drive, Suite 100, Frederick, MD 21702

**Phone:** 301-662-7171

[www.plannedparenthood.org](http://www.plannedparenthood.org)



### **Carroll County, Maryland**

*Carroll County Health Department (Westminster)*

**Phone:** 1-410-876-4440

#### *Access Carroll*

Primary care services to uninsured residents with a limited income.

**Phone:** 1-410-871-1478

### **Howard County, Maryland**

*Howard County Health Department*

*Healthy Howard*

Health plan for the uninsured.

**Phone:** 1-410-313-7500

### **Montgomery County, Maryland**

*Montgomery County Health Department (Silver Spring)*

**Phone:** 1-240-777-0311

#### *Montgomery Cares*

Primary care for uninsured, low income residents.

**Phone:** 1-240-777-0311

### **Washington County, Maryland**

*Washington County Health Department (Hagerstown)*

**Phone:** 1-240-313-3200

#### *Walnut Street Community Health Center (Hagerstown)*

Health, mental health, & dental care for children and adults.

Sliding fee scale for the uninsured.

**Phone:** Family Practice: 1-301-745-3777

Dental Clinic: 1-301-393-3450

#### *Community Free Clinic (Hagerstown)*

**Phone:** 1-301-733-9234



## **FAMILY PLANNING PROGRAM**

Covers family planning services to eligible women under 51 years old.

**Phone:** 1-855-692-4993

## **VETERAN'S AFFAIRS (VA) MARYLAND HEALTH CARE SYSTEM**

Provides medical assistance for Maryland veterans.

**Phone:** 1-800-865-2441

[www.maryland.va.gov](http://www.maryland.va.gov)

## **FREDERICK COUNTY DEPARTMENT ON AGING**

Offers assistance with enrollment in Medicare.

**Phone:** 301-600-1605

Email: [DeptOfAging@FrederickCountyMD.gov](mailto:DeptOfAging@FrederickCountyMD.gov)

## **FREDERICK MEMORIAL HOSPITAL FINANCIAL ASSISTANCE**

Financial assistance based on low income or high medical expenses for patients living in the community. Addresses questions regarding insurance, payment plans, MHIP, Federal Medical Assistance, or the FMH Financial Assistance Program.

**Phone:** FMH Financial Counseling office - 240-566-3311

## **EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)**

Offers Medical Assistance coverage to 18-65 year old Marylanders who work full or part-time and meet income guidelines.

**Phone:** 1-866-373-9651, TTY: 1-866-373-9652

[www.dors.state.md.us/DORS/RehabResources/BrochuresPublicationEID.htm](http://www.dors.state.md.us/DORS/RehabResources/BrochuresPublicationEID.htm)



## **FREDERICK MEMORIAL HOSPITAL AUXILIARY PRENATAL CENTER**

Prenatal Services provided by certified nurse midwives. Births at FMH Birthplace by obstetricians. Accepts Medical Assistance and low-income uninsured. By appointment only.

400 West 7th Street, Frederick, MD 21701

**Phone:** 240-566-4444

(For other hospital services call: 240-566-3300)

[www.fmh.org](http://www.fmh.org)

## **Mental Health & Substance Abuse**



## **FREDERICK COUNTY HEALTH DEPARTMENT/BEHAVIORAL HEALTH**

Individual, group, & family therapy. Psychiatric evaluation & medication management. Accepts MA, MCHIP, Grey Zone, & private pay (full fee).

350 Montevue Lane, Frederick, MD 21702

**Phone:** 301-600-1755

Addiction treatment and recovery program for adolescents and adults. If uninsured, fees based on income/ability to pay.

Adolescents/Prevention Program **Phone:** 301-600-3293

Adult Program **Phone:** 301-600-1775

## **MENTAL HEALTH ASSOCIATION (MHA)**

Professional outpatient therapy services for children and adults provided without regard for ability to pay.

226 South Jefferson Street, Frederick, MD 21701

**Phone:** 301-663-6135

[www.fcmha.org](http://www.fcmha.org)

## **PRO BONO COUNSELING**

Provides referrals for free mental health counselors/therapists for uninsured /underinsured low income individuals and families. Over 20 clinicians in Frederick County available. No drug or alcohol abuse treatment.

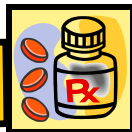
**Phone:** 1-877-323-5800

## TRINITY PASTORAL COUNSELING

Individual, couple, family, & group counseling, regardless of religious beliefs. Payment by sliding scale if uninsured.

703 West Patrick Street, Frederick, MD 21701

Phone: 301-662-8908



## Prescription Medication

\* *Several discount prescription programs available. Ask at your pharmacy.*

### EMERGENCY ASSISTANCE PROGRAM

Provides short-term emergency prescription assistance to clients that are uninsured or lack adequate prescription drug coverage.

Religious Coalition for Emergency Human Needs

27 DeGrange Street, Frederick, MD 21701

Phone: 301-631-2670

### MEDBANK

Helps low to moderate income, uninsured and underinsured people obtain free or low-cost prescription medications.

100 South Market Street, Frederick, MD 21701

Phone: 301-600-1506

### FREDERICK COUNTY PRESCRIPTION DISCOUNT CARD

Provides discounted rates for prescription medications that are not covered by insurance.

Phone: 301-600-6699 or print card off of website.

<http://frederickcountymd.gov/index.aspx?NID=1295>

### SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM

Offers additional prescription drug subsidy for seniors enrolled in Medicare Part D. Phone: 1-800-551-5995 [www.marylandspdap.com](http://www.marylandspdap.com)

[www.rxoutreach.org](http://www.rxoutreach.org) Offering more than 400 medications at reduced prices (90-180 day supplies available by mail).

[www.goodrx.com](http://www.goodrx.com) Search for the best prices for prescription medications. Also provides coupons for medications.



## Dental Care

### DEPAUL DENTAL PROGRAM

Dental services for low-income adults with no dental insurance.

Seton Center, Inc.

16840 South Seton Avenue, Emmitsburg, Maryland 21727

Phone: 301-447-6102

## PARTNERS IN CARE

Uses time-exchange to help older adults with services, such as transportation & home repairs. In turn, the resident may volunteer a service using his or her own talents.

Department of Aging

1440 Taney Avenue, Frederick, MD 21702

Phone: 301-600-6008

Email: [PiC@FrederickCountyMd.gov](mailto:PiC@FrederickCountyMd.gov)

## ROAD TO RECOVERY – AMERICAN CANCER SOCIETY

Volunteers provide transportation to and from treatment for people with cancer.

Phone: 1-800-227-2345

## Healthcare Coverage



Google: Frederick County Health Department and click on “Need Insurance“ or “Need Healthcare” or check:

[www.dhmf.maryland.gov/gethealthcare](http://www.dhmf.maryland.gov/gethealthcare)

### MARYLAND CHILDREN’S HEALTH PROGRAM (MCHP)

Gives full health benefits for children up to age 19 and pregnant women of any age who meet the income, citizenship, & residency guidelines.

Phone: 1-800-456-8900 or 301-600-8888

### MEDICAL ASSISTANCE FOR FAMILIES

Provides comprehensive health care to parents and family members caring for children with Medical Assistance. Eligibility depends on family size, income, citizenship, & residency.

Phone: 1-800-456-8900 or 301-600-8888

## **SORENSEN VIDEO RELAY SERVICE**

Services are provided for Sign Language interpretation in English and Spanish. Contact company for free equipment and services.

Requirements:

- Be deaf or hard of hearing
- Understand and communicate in ASL
- Have a high-speed internet connection in place at the location where you wish to have a videophone installed

**Phone:** 1-866-496-6111

[www.sorensonvrs.com/apply/vp\\_application](http://www.sorensonvrs.com/apply/vp_application)

## **MARYLAND RELAY**

Telecommunications relay services that allow individuals with speech or hearing loss to communicate through the telephone. Equipment available at no cost for Maryland residents with limited income.

Telecommunications Access of Maryland  
Maryland Dept. of Information Technology  
301 Preston Street, Suite 1008A  
Baltimore, MD 21201

**Voice/Teletype:** 1-800-552-7724

**Videophone:** 1-866-475-4276

## **HISPANIC CENTER OF FREDERICK**

Serves Limited English Proficient (LEP) residents. Free English classes, translations, referrals to health and human services, job application assistance, educational workshops, clothing and toy giveaways, notarizations & other services available. Multilingual staff and volunteers.

1080 West Patrick Street, Suite 4, Frederick, MD 21703

**Phone:** 301-668-6270 [www.centrohispanomd.com](http://www.centrohispanomd.com)

## **Transportation**



### **TRANSIT PLUS**

TransIT-Plus offers curb-to-curb transportation service to medical appointments for people with disabilities and seniors over 60 years old.

1040 Rocky Springs Road, Frederick, MD 21702

**Phone:** 301-600-2065

[www.FrederickCountyMD.gov/transit](http://www.FrederickCountyMD.gov/transit)

## **DENTICAID PROGRAM**

Emergency dental care to Frederick County adults who are suffering pain and need extraction or need treatment for an infection.

Religious Coalition for Emergency Human Needs

27 Degrange Street, Frederick, MD 21701

**Phone:** 301-631-2670

## **FREDERICK COUNTY HEALTH DEPARTMENT DENTAL CLINIC**

Comprehensive dental services for children, including children with special needs.

350 Montevue Lane, Frederick, MD 21702

**Phone:** 301-600-1041

[www.frederickcountymd.gov/health](http://www.frederickcountymd.gov/health)

## **MISSION OF MERCY DENTAL CARE**

Providing free dental care (extractions and fillings) to low income adults.

Mission of Mercy

22 South Market Street, Suite 6 D, Frederick, MD 21701

**Phone:** 301-631-2670, Ext. 110

## **UNIVERSITY OF MARYLAND DENTAL SCHOOL**

Dental services for adults and children. Services provided in Baltimore at the dental school.

University of Maryland Dental School

650 West Baltimore Street, Baltimore, MD 21201

**Phone:** 410-706-7101



## **Frederick County Health Department Services**

350 Montevue Lane, Frederick, MD 21702

**Phone:** 301-600-1029

<http://www.frederickcountymd.gov/health>

**FREDERICK COUNTY HEALTH DEPARTMENT  
CANCER PREVENTION**

**Breast & Cervical Cancer Screening:**

Free breast exams, Pap tests, mammograms, and follow up for uninsured/underinsured, low income, Frederick County women 40 years and older.

**Colorectal Cancer Screening:**

Free colonoscopies for uninsured/underinsured, low income, Frederick County residents 50 years and older. Younger than 50 with personal or family risk factors also eligible.

**Phone:** 301-600-3362

**HIV/AIDS SERVICES**

**HIV Testing:**

Free, confidential Rapid HIV testing. Mondays & Fridays.

**Phone:** 301-600-3342 for an appointment.

**HIV Treatment & Support Services:**

**Phone:** Coordinator at 301-600-3117

**ADULT EVALUATION & REVIEW SERVICES**

Evaluation & assistance for individuals over 60 years old. Helps the elderly maintain independent living through the utilization of community resources.

**Phone:** 301-600-1736

**Nutrition**



**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM  
(FORMERLY THE FOOD STAMP PROGRAM)**

The program allows eligible households to obtain a more nutritious diet by increasing their purchasing power. You may be eligible to receive Food Stamps if you have limited income or no income.

Frederick County Department of Social Services  
100 East All Saints Street, Frederick, MD 21701

**Phone:** 301-600-4575

**EMERGENCY FOOD ASSISTANCE PROGRAM**

Eight (8) food banks currently operate within Frederick County to distribute food to families in emergency situations. Food assistance is available to any Frederick County resident who is in need.

**Frederick Food Bank**

**Contact:** Frederick Community Action Agency  
100 South Market Street, Frederick, MD 21701

**Phone:** 301-600-1506

Food bank information and locations are also listed on Frederick County's website.

[www.FrederickCountyMD.Gov/TEFAP](http://www.FrederickCountyMD.Gov/TEFAP)

**WIC (WOMEN, INFANTS, & CHILDREN) PROGRAM**

Free program that provides health screenings, healthy foods, nutrition counseling, breastfeeding information & support, and referrals to other health care & community agencies for pregnant women, breastfeeding moms, new moms, infants, and children under the age of 5.

Frederick County Health Department  
350 Montevue Lane, Frederick, MD 21702

**Phone:** 301-600-2507



**Language Interpretation**



**ASIAN AMERICAN CENTER OF FREDERICK**

Non-profit community based agency that provides interpretation and translation services (of several Asian languages, French, Spanish, Russian, and Arabic) in Frederick and the DC metropolitan area. Services for providers are based on contractual fees and for individuals are based on a sliding fee scale.

1080 West Patrick Street, Frederick, MD 21703

**Phone:** 301-694-3355

**Fax:** 1-888-559-6557

**Email:** [info@lifeanddiscovery.com](mailto:info@lifeanddiscovery.com)

[www.lifeanddiscovery.com](http://www.lifeanddiscovery.com)