

### ASISTENCIA PARA VIVIENDA

Department of Human Services	301-600-4555
Frederick City Housing Authority	301-662-8173
Frederick County Housing & Community Development	301-600-1061
Interfaith Housing Alliance, Inc.	301-662-4225
Advocates for Homeless Families	301-662-2003
Community Action Agency (Shelter)	301-600-1506
Faith House (Women/Children Shelter)	301-695-6633
The Religious Coalition (Shelter)	301-631-2670
Habitat for Humanity	301-698-2449
Habitat Humanity Restore	301-662-2988
Weatherization Assistance	301-600-1506
Energy Assistance	301-600-2410
Free Smoke Alarms	301-600-7275

### TRANSPORTACIÓN

Medicaid Transportation	301-600-3124
Transit Plu	301-600-1725

### PROGRAMAS DE EDUCACIÓN

Frederick County Public Schools	301-644-5000
Frederick County Virtual School	240-236-8450
GED	240-629-7962
Frederick Community College (FCC)	301-846-2400
Project Forward Step (FCC)	301-846-2483
Literacy Council	301-600-2066

### CLASES PARA PADRES

Family Partnership	301-600-2206
Healthy Families	301-663-6183
Care Net	301-662-5300

### PROGRAMAS PARA NIÑOS

Frederick County YMCA Head Start	301-378-9140
Infant & Toddlers	301-600-1611
Child Find	301-644-5292
FCHD Lead/Asthma Home Visiting Team	301-600-3326

### PROGRAMAS PARA FAMILIAS

DHS Family Services/Adoption	301-600-2466
Family Partnership	301-600-2206
Healthy Families	301-663-6183
Child Care Choices	301-662-4549

### RECURSOS PARA CANCER

Cancer Care Frederick Health	240-566-4100
Breast, Cervical & Colorectal Screening	301-600-1733
Hospice	240-566-3030
Maryland Cancer Fund	410-767-6213
American Cancer Society	800-227-2345

### PROVEDORES DE SALUD

*(Pagos reducidos ó gratis para aquellos sin seguro medico)*

**Frederick Community Action Agency (Medico)**  
301-600-1393 ó 301-600-1506  
100 South Market St.  
Frederick, MD 21701

**Mission of Mercy (Medico,Dental)**  
Frederick-301-676-3188  
Brunswick -240-529-8772  
Taneytown Clinic-410-833- 5870  
Dental Clinic-410-390-1314

[www.amissionofmercy.org/maryland-pennsylvania/](http://www.amissionofmercy.org/maryland-pennsylvania/)

**FHH Prenatal Center (Embarazos)**  
240-566-4444  
501 West 7th Street  
Frederick , MD 21702

**FHH Dental Clinic (Dental)**  
240-566-7005  
516 Trail Avenue, Suite B  
Frederick, MD 21701

### ASISTENCIA LEGAL

Spanish Speaking Community of MD Inc.	240-877-7466
Legal Aid	301-694-7414
Family Law Hotline	800-845-8550
Centro Hispano de Frederick	301-668-6270
Frederick Human Relations Department	301-600-1063
U.S. Citizenship & Immigration Services	800-375-5283



**Public Health**  
Prevent. Promote. Protect.

Frederick County Health Department

## LISTA DE TELÉFONOS



Frederick County Health  
Department  
350 Montevue Lane  
Frederick, MD 21702  
301-600-1029

[www.frederickcountymd.gov/healthdept](http://www.frederickcountymd.gov/healthdept)



## DEPARTAMENTO DE SALUD DE FREDERICK

**Administration.....301-600-1029**  
*(Birth/Death Certificates)*

**Behavioral Health Services.....301-600-1755**  
*Adult Evaluation & Review Services (AERS).....301-600-1736*

**Community Health Services.....301-600-1733**  
*Communicable Diseases.....301-600-3342*  
*HIV/AIDS Services.....301-600-3342*  
*Immunizations Clinic.....301-600-3342*  
*Maternal Child Health.....301-600-3326*  
*WIC (Women, Infants, and Children).....301-600-2507*  
*Preventative Health Services .....301-600-3362*

**Developmental Center.....301-600-1611**  
*Audiology Services.....301-600-1611*  
*Dental Clinic (Children).....301-600-1041*  
*Infants & Toddlers Program.....301-600-1611*  
*School Based Services (OT/PTS Services).....301-600-3225*

**Environmental Health.....301-600-1719**  
*EHS Reception.....301-600-1715*  
*Community Services & Development Review.....301-600-1717*  
*Food Control.....301-600-2542*  
*Well & Septic.....301-600-3155*

**Health Care Connection .....301-600-3124**  
*Administrative Care Coordination Unit.....301-600-3124*  
*MD Children's Health Program.....301-600-3124*  
*Medicaid Transportation.....301-600-3124*  
*Public Health & Preparedness.....301-600-3124*

**Mental Health Services.....301-600-1755**

**School Health.....301-600-3312**

**Administrative Care Coordination Unit**  
**<http://frederickmedicaid.org>**  
**(Revised 5/2022)**

## ANTICONCEPTIVOS/PRUEBAS DE EMBARAZO

Care Net 301-662-5300  
Birthright 301-663-0111  
Catocin Pregnancy Center 301-447-3391  
Planned Parenthood 301-662-7171

## CLASES DE PARTO/LACTANCIA

Childbirth Classes *www.birthingcircle.org*  
Care Net 301-662-5300  
Asian American Center of Frederick 301-694-3355  
WIC 301-600-2507  
Baby Best at FHH 240-566-3880  
La Leche League 301-639-1006 or 301-693-9248

## ARTICULOS Y ROPA PARA INFANTES

Birthright 301-663-0111  
Care Net 301-662-5300  
Goodwill 301-662-0622  
Frederick Rescue Mission 301-695-6633  
Catocin Pregnancy Center 301-447-3391  
Lucy's Consignment Shop 301-898-0037  
Kids in Safety Seats 301-600-3326

## ALIMENTOS/NUTRICIÓN

WIC (*Mujeres, Infantes y niños*) 301-600-2507  
Food Stamps 301-600-4575  
Frederick Food Bank 301-600-1506  
Frederick Rescue Mission 301-695-6633

## SALUD MENTAL

Local Behavioral Health Authority 301-600-1755  
Optum Maryland 800-888-1965  
FCHD Smoking Cessation 301-712-7277  
Maryland Tobacco Quitline 800-784-8669  
Alcoholics Anonymous (*WCI*) 301-662-0544  
Al-Anon Family Group 888-425-2666  
Narcotics Anonymous 800-543-4670  
Pro Bono Counseling Project 410-825-1001  
Mountain Manor 800-537-3422  
Way Station 301-662-0099  
Mental Health Association 301-663-0011  
Brook Lane Health Services 301-733-0330  
Villa Maria Counseling 667-600-3310  
Potomac Case Management 301-791-3087  
Changed Life Recovery Program 301-695-6633, ext. 204  
The Ranch 301-874-4701  
The Orenda Center of Wellness 301-241-3629  
Well House @ Gale Recovery 301-662-7003

## LINEA DIRECTA DE CRISIS

Heartly House (*Domestic Abuse*) 301-662-8800  
Child Protective Services 301-600-2464  
Adult Protective Services 301-600-2635  
Línea De Prevención Del Suicidio Y Crisis 988  
Poison Control Hotline 800-222-1222  
National Sexual Assault Hotline 800-656-4673

## ASISTENCIA MÉDICA

FCHD Medical Assistance Enrollment 301-600-3124  
Medicaid Transportation 301-600-3124  
HealthChoice Help Line 800-284-4510  
HealthChoice Help Line for Pregnant Women 800-456-8900

## MEDICARE

Medicare 800-633-4227  
Frederick County Senior Services Division 301-600-1234  
Frederick County Social Security Office 866-331-7089

## SERVICIOS DENTALES

FCHD Dental Clinic (*Children*) 301-600-1041  
Frederick Health Dental Clinic 240-566-7005  
University of Maryland Dental School 410-706-7101  
Mission of Mercy 301-682-5683  
Seton Center 301-447-6102  
Affordable Dentures & Implants (*Hagerstown*) 240-313-9467

## ASISTENCIA DE EMERGENCIA FINANCIERA

Department of Human Services 301-600-4555  
The Religious Coalition 301-631-2670  
(*Shelter, Energy, Medical, Dental, Rx*)  
Salvation Army (*Food, Rx, Utilities*) 301-662-2311  
St. Vincent De Paul (*Rx, Shelter, Utilities*) 301-662-4676  
Seton Center (*Dental, Utilities*) 301-447-6102  
Prescription Coupon [www.goodrx.com](http://www.goodrx.com)  
Partnership for Prescription Assistance 888-447-2669

## ASISTENCIA DE EMPLEO

Frederick County Workforce Services 301-600-2255  
Goodwill 301-662-0622