



**Public Health**  
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Frederick County Health Department

# News Release

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**FOR IMMEDIATE RELEASE:**

**AUGUST 30, 2022**

## National Recovery Month

FREDERICK, MD -- The Frederick County Health Department will participate in the observance of National Recovery Month, held annually every September. Now in its 33rd year, Recovery Month celebrates the gains made by those in recovery, just as we celebrate improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. This year's theme reminds us that "Recovery is for Everyone: Every Person, Every Family, Every Community."

Recovery Month works to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible. The health department joins others in the community by lighting our building with purple lights in the month of September, which is the color associated with Recovery Month. Wearing purple demonstrates a call-to-action to unify our community, brings awareness and understanding of mental health and substance use disorders, and celebrates those in recovery.

On September 16 & 17, 2022, the Frederick County Health Department invites the community to join our in-person Recovery Month celebrations at Baker Park (9/16 at 5:30 pm-8:30 pm) and Pinecliff Park (9/17 at 10 am -1 pm). For more information about the events, email [jthompson2@frederickcountymd.gov](mailto:jthompson2@frederickcountymd.gov).

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