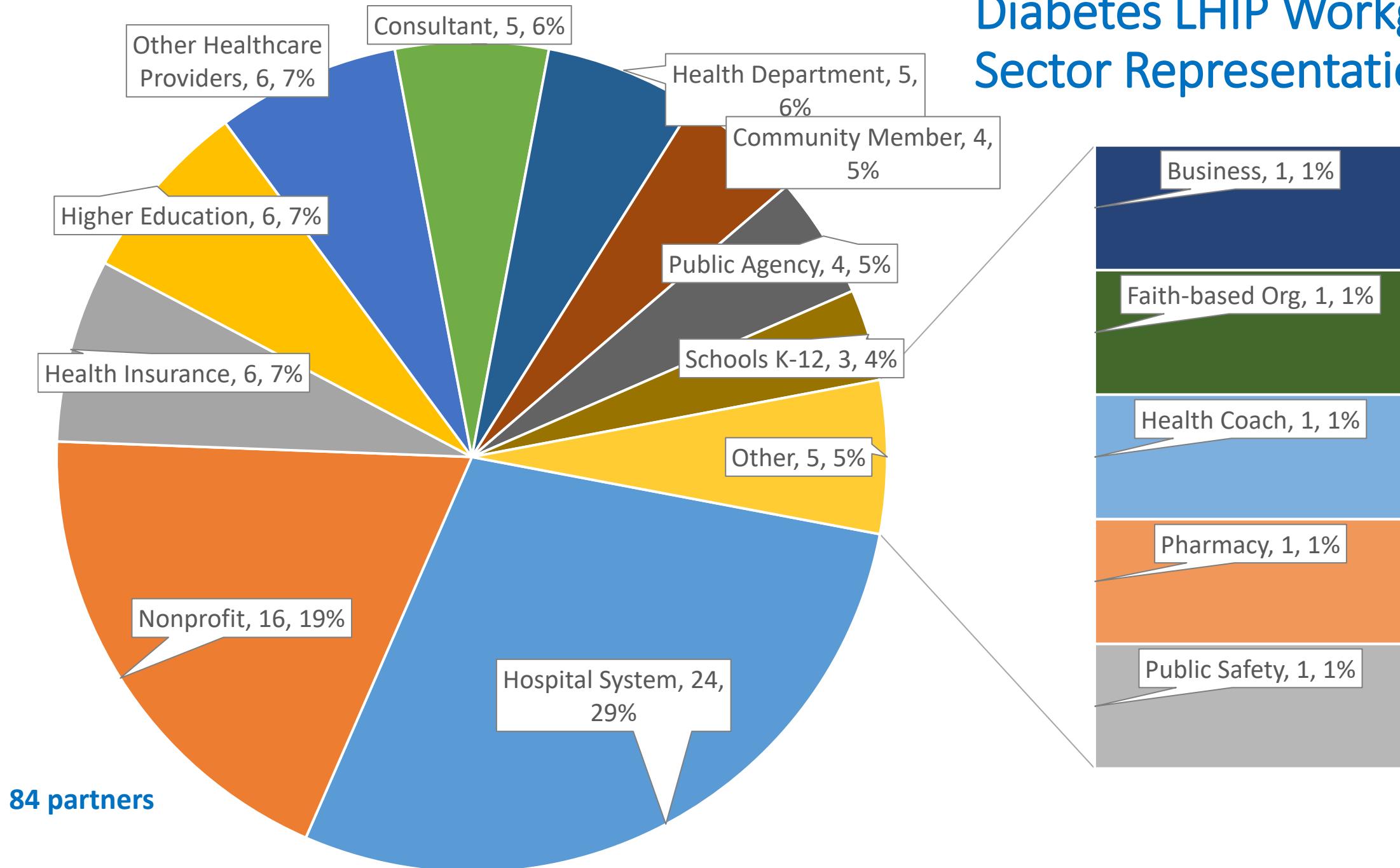


# Type 2 Diabetes LHIP Workgroup Presentation to FCHCC Board

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Director of Community Health  
Frederick Health

09/07/2022

# Diabetes LHIP Workgroup Sector Representation



# Diabetes LHIP Workgroup – Partner Organizations (44)

A. T. Still University	Health Management Associates
Aetna Better Health of Maryland	Hillcrest Pharmacy
American Diabetes Association	HomeCentris Personal Care
Asian American Center of Frederick	Hood College, School of Nursing and School of Public Health
Bridges Lay Health Leader Program	Housing Authority of the City of Frederick, Dept of Health and Human Services
CareFirst Blue Cross Blue Shield	Illumine & Align Integrative Health Coaching
Community Engagement & Consultation Group, Inc.	Justice Jobs of Maryland, Inc.
Community Representative	Love For Lochlin Foundation
Encompass Integrative Wellness, LLC	Maryland Physician's Care-Community Health Services
Fort Ritchie Community Center	Mission of Mercy-Mobile Medical/Dental Clinics
Frederick County Fire & Rescue Services-Mobile Community Healthcare Program	National Cancer Institute, NIH
Frederick County Health Care Coalition	National Opinion Research Center (NORC) at Univ. of Chicago
Frederick County Health Dept-Community Health Services	Quinn Chapel AME Church
Frederick County Health Dept-Equity Office	Rachel Mandel, MD, Consulting
Frederick County Public Schools	Seton Center
Frederick County Senior Services Division	Spanish Speaking Community of Maryland, Inc.
Frederick Health CARE Clinic	Supporting Older Adults through Resources (SOAR)
Frederick Health Hospital	The Frederick County Chamber of Commerce
Frederick Health Medical Group	The National Academies
George Washington University Biostatistics Center	University of Maryland Extension, Frederick County
Good Works Frederick (SHIP of Frederick County)	University of Maryland SPH Horowitz Ctr for Health Literacy
Health Legacy Coaching	YMCA of Frederick County

# Diabetes LHIP Workgroup-Vision and Goal

- Vision
  - Frederick County is a thriving community that provides access to healthy lifestyles for all residents and supports all people living with or at risk for diabetes.
- Goal(s)
  - Increase detection of undiagnosed prediabetes and diabetes
  - Decrease incidence of diabetes (new cases)
  - Improve the management of those diagnosed with diabetes

# Diabetes LHIP Workgroup-Subcommittees

- Awareness
  - Focuses on a general understanding and knowledge of the:
    - Risk factors, symptoms, diagnosis, treatment, and potential long-term complications of the condition
    - Benefits of healthy food choices and physical activity to lower modifiable risk factors,
    - Importance of routine medical care, medication compliance, management of healthy blood glucose levels
    - Social supports and other local resources available to promote healthy lifestyles.
- Prevention
  - Focuses on initiatives that:
    - Help all community members receive appropriate medical care (especially primary care)
    - Increase availability of and access to healthy food
    - Provide education on healthy food preparation and stress management
    - Enhance safe places/activities available for physical activity
    - Address any negative Social Determinants of Health (SDOH) that create barriers to health and healthy lifestyle habits.
- Management (formerly known as Treatment)
  - Ensures that those with type 2 diabetes:
    - Receive appropriate medical management
    - Have access to and participate in lifestyle change management programs and/or education on other healthy lifestyle resources that help them to maintain healthy blood sugar and prevent serious complications

# Diabetes LHIP Workgroup- Awareness Subcommittee

- Lead/Co-Lead
  - Mary Ann Van Duyn: Community Member; former NCI/NIH public health scientist
  - Maria Herrera: Executive Director of Spanish Speaking Community of Maryland, Inc.
- Initial Actions
  - Increase the number of individuals from priority populations that know what pre-diabetes and diabetes is
  - Increase the number of individuals from priority populations that know what their individual risk is

# Diabetes LHIP Workgroup- Prevention Subcommittee

- Lead/Co-Lead
  - Sharon Edelstein: Lead Research Scientist at George Washington University Biostatistics Center
  - Margie McWilliams: Community Engagement and Business Development Liaison at Home Centris Personal Care
- Initial Actions
  - Increase the number of Frederick County residents (particularly those in identified priority populations)
    - Screened for diabetes and pre-diabetes (pre-diabetes risk test, hemoglobin A1c)
    - Referred to appropriate follow up (DPP, DSMT, PCP)

# Diabetes LHIP Workgroup- Management Subcommittee

- Lead/Co-Lead
  - Danielle Haskin: Health Equity Officer with the Frederick County Health Department Equity Office
  - Brooke DeSantis: CEO of Love For Lochlin Foundation
- Initial Actions
  - Increase knowledge of and access to affordable healthy food
  - Identification of individual barriers to managing diabetes and implementation of action plan to remove barriers
    - i.e. transportation, medication (education, financial assistance)
  - Reduce the number of patient care gaps associated with Diabetes

## Diabetes LHIP Workgroup- Next Steps

- Review and update action plans monthly and more often as indicated
- Subcommittees to identify opportunities to utilize available ARPA funds to support action plans
- DM Workgroup lead/co-lead to monitor progress and provide routine support

# Questions?