



Public Health
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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

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Health Department Offers Flu Vaccinations for Children Without Health Insurance

FREDERICK, MD -- The Frederick County Health Department encourages all Frederick County residents to get an influenza (flu) vaccination this season. Flu vaccine is readily available in our community, so the Health Department will continue to prioritize children who are uninsured or who do not have a medical home. The Health Department will be offering flu vaccinations at no cost to children 6 months through 18 years of age who do not have health insurance, have health insurance that does not cover the cost of immunizations, or who are unable to get vaccinated by their healthcare provider. The vaccines are provided by the Maryland Department of Health.

Flu shots will be available for these children by appointment only. Call 301-600-3342 to schedule an appointment for one of the following dates:

- Friday, October 20th 1:00 p.m. – 4:00 p.m.
- Friday, October 27th 8:30 a.m. – 11:30 a.m.

Adults looking for flu shots should contact their healthcare provider or get a flu vaccine at one of the many locations in the community, such as pharmacies and grocery stores. Find local clinics at [vaccines.gov/flu](https://www.vaccines.gov/flu).

Influenza remains one of the top ten leading causes of death in Frederick County. Flu vaccinations reduce severe illness and death, and also help to prevent missed days of school and work. People most at risk of serious influenza and its complications include children younger than 5 years of age, people 65 years of age and older, pregnant women, people with health issues such as asthma, diabetes, and heart disease, and people who take medications that weaken the immune system such as chemotherapy.

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Important information for Parents or Guardians:

- Children 17 years of age and younger must be accompanied by an adult 18 years of age or older.
- If parent or guardian will not be with their child, they must send a written note giving the individual bringing the child permission to have the child vaccinated.
- All vaccinated children are required to remain at the clinic for 15 minutes for observation after vaccination.
- Only one parent or guardian may accompany children who have an appointment. Additional persons will not be admitted.

The Frederick County Health Department does not provide employee flu clinics for businesses. Companies looking for this service should reach out to occupational health service agencies.

To learn more about flu or flu vaccination clinics please call our Flu Information Line at 301-600-3035 or visit [our website](#). Additional information about flu can be found at the Centers for Disease Control and Prevention at cdc.gov.flu.

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