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Frederick County Health Department

# News Release

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## Frederick County Continues to Rank Among the Healthiest Counties in Maryland

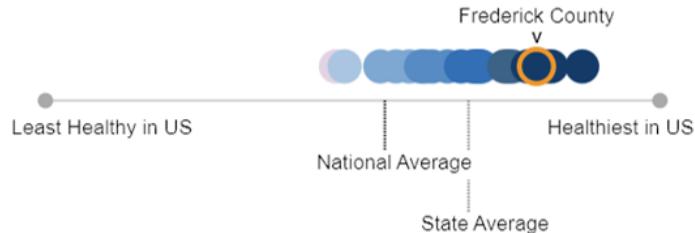
**FREDERICK, MD** –The 2025 *County Health Rankings* released its annual update of county health data today along with a new model that shows how community conditions, where we live, learn, work and play, affect our collective health and well-being. Frederick County continues to rank well above the national and state average and among the healthiest counties in Maryland for both Population Health and Well-being, how long and well people live on average within a community, and Community Conditions, which includes our health infrastructure, physical environment, and social and economic factors.

### Frederick County Population Health and Well-being - 2025



The new County Health Rankings model shows that a wide range of factors influence how well we live, and that the written and unwritten societal rules and who has power in our communities also influences our health and well-being.

### Frederick County Community Conditions - 2025



“Models like this can help us understand how our options, choices, environment, relationships, community, and society all influence our health in a complex way,” stated Dr. Barbara Brookmyer, Frederick County Health Officer. “When we see all the things that impact our health, we can address root causes of inequities, work with our community to identify and remove barriers, and help all our residents live their healthiest lives.”

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The *2025 County Health Rankings Report* highlighted many areas of strength in Frederick County, such as low percentage of uninsured residents. In the physical environment area, our strengths included only 70% of the workforce driving alone to work, and 93% of households having broadband internet connection. Social and economic factors such as high rates of high school completion, adults having some college, low rates of children in poverty, and low rates of income inequality, and low numbers of injury deaths were identified as strengths.

Some new factors were added to this year's report, such as library access and access to parks, as well as mental health factors like feelings of loneliness and lack of social and emotional support. These new factors, along with the changes reflected in the new County Health Rankings model, reinforce the findings of the recently released Community Health Needs Assessment that is [currently open for public comment](#). Additionally, Frederick County's newly identified local health improvement priorities of food & nutrition, affordable housing, mental health, and racial equity & justice are in line with the County Health Rankings report, indicating that these issues are consistently top priorities for Frederick County. More information about the new priorities and details on how to join a workgroup are available at [HealthierFrederick.org](http://HealthierFrederick.org).

The 2025 Report is published online at [countyhealthrankings.org](http://countyhealthrankings.org) by the Robert Wood Johnson Foundation (RWJF) and the University of Wisconsin Population Health Institute (UWPHI).

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